


<b>SUNDAY</b>	<b>MONDAY</b> Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 CARMEL FOUNDATION	<b>TUESDAY</b> Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 Scholze Park Center Monterey & Oldemeyer Center Seaside	<b>WEDNESDAY</b> Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 Scholze Park Center Monterey & Marina Library	<b>THURSDAY</b> Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 Meals on Wheels Community Center PG & Greenfield Library & King City Library	<b>FRIDAY</b> Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 Scholze Park Center Monterey & Oldemeyer Center Seaside & Carmel Foundation	<b>SATURDAY</b> Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 CARMEL FOUNDATION
			<p><b>1</b></p>	<p><b>2</b> <b>NEW!</b> Chair Yoga and Meditation Leo Meyer Senior Plaza Apts. 425 Queen St., King City 10:30am  Chair Yoga and Meditation Greenfield Community Center 1351 Oak Ave, 10:30am</p>	<p><b>3</b> Chair Yoga and Meditation Scholtz Park Center Monterey 1:30pm </p>	<p><b>4</b></p>
<p><b>5</b></p>	<p><b>6</b></p>	<p><b>7</b> Chair Yoga and Meditation- Taylor Farms Family Health Center 850 5<sup>th</sup>, Gonzales 9:00am </p>	<p><b>8</b> Chair Yoga and Meditation- Soledad Community Center 560 Walker Drive 11:00am  Art Class Breadbox Rec Center Salinas 1:00pm </p>	<p><b>9</b></p>	<p><b>10</b></p>	<p><b>11</b></p>
<p><b>12</b></p>	<p><b>13</b></p>	<p><b>14</b> Chair Yoga and Meditation- Taylor Farms Family Health Center 850 5<sup>th</sup>, Gonzales 9:00am  Healthy Cooking &amp; Nutrition Class Rippling River Center 53 E Carmel Valley Rd, Carmel Valley 2:00pm</p>	<p><b>15</b>  Wreath Making - Greenfield Community Center 1351 Oak Ave 10:00am</p>	<p><b>16</b> Chair Yoga and Meditation Greenfield Community Center 1351 Oak Ave, 10:30am </p>	<p><b>17</b> Chair Yoga and Meditation- Scholtz Park Center Monterey 1:30pm </p>	<p><b>18</b></p>
<p><b>19</b></p>	<p><b>20</b></p>	<p><b>21</b> Chair Yoga and Meditation- Taylor Farms Family Health Center 850 5<sup>th</sup>, Gonzales 9:00am </p>	<p><b>22</b></p>	<p><b>23</b> Chair Yoga and Meditation Greenfield Community Center 1351 Oak Ave, 10:30am </p>	<p><b>24</b></p>	<p><b>5</b></p>
<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b> Chair Yoga and Meditation- Taylor Farms Family Health Center 850 5<sup>th</sup>, Gonzales 9:00am </p>	<p><b>29</b></p>	<p><b>30</b></p>	<p><b>Partners: Blind &amp; Visually Impaired Center, ITN Monterey County, and Loaves, Fishes &amp; Computers</b></p>	

DOMINGO	LUNES Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 CARMEL FOUNDATION	MARTES Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 Scholze Park Center Monterey & Oldemeyer Center Seaside	MIÉRCOLES Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 Scholze Park Center Monterey & Marina Library	JUEVES Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 Meals on Wheels Community Center PG & Greenfield Library & King City Library	VIERNES Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 Scholze Park Center Monterey & Oldemeyer Center Seaside & Carmel Foundation	SÁBADO Tax Prep <u>by Appointment</u> <b>ONLY</b> 831-655-1334 CARMEL FOUNDATION
			1	2 ¡Novedad! Yoga en silla y meditación Leo Meyer Seenior Plaza Apts. 425 Queen St., King City 9:00am  Silla de Yoga y Meditación Greenfield Community Center 1351 Oak Ave, 10:30am	3 Chair Yoga and Meditation Scholtz Park Center Monterey 1:30pm 	7
8	9	10 Silla de Yoga y Meditación Taylor Farms Family Health Center 850 5 <sup>th</sup> - Gonzales 9:00am 	11 Silla de Yoga y Meditación Soledad Community Center 560 Walker Drive 11:00am  Clase de arte Breadbox Rec Center Salinas 1:00pm 	12	13 Clase de cocina saludable y nutrición Taylor Farms Family Health & Wellness Center 850 5 <sup>th</sup> St., Gonzles 11:30am 	14
15	16	17 Silla de Yoga y Meditación Taylor Farms Family Health Center 850 5 <sup>th</sup> - Gonzales 9:00am	18  Hacer Coronas - Greenfield Community Center 1351 Oak Ave 10:00am	19 Silla de Yoga y Meditación Greenfield Community Center 1351 Oak Ave, 10:30am 	20 Chair Yoga and Meditation Scholtz Park Center Monterey 1:30pm 	21
22	23	24 Silla de Yoga y Meditación Taylor Farms Family Health Center 850 5 <sup>th</sup> - Gonzales 9:00am 	25	26 Silla de Yoga y Meditación Greenfield Community Center 1351 Oak Ave, 10:30am	27	28
29	30	31 Silla de Yoga y Meditación Taylor Farms Family Health Center 850 5 <sup>th</sup> - Gonzales 9:00am			Partners: Blind & Visually Impaired Center, ITN Monterey County, and Loaves, Fishes & Computers	