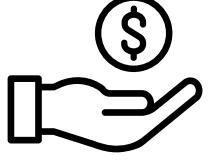


What is happening at the HUB?

FEBRUARY 2026

To sign up, please contact the HUB at **831-646-5050**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Chair Yoga and Meditation- 9:30am-10:30am  Memory Cafe 2:00pm-4:00pm Caregiver Support Group 3:00-4:00pm 	3 Luncheon At St. Ansgar Church 11:00am-1:00pm Connecting Seniors with Technology-10:00am-1:00pm Bilingual Movie Day 2:00pm-4:30pm	4	5	6 Tax Prep <u>by Appointment</u> <u>ONLY</u> 831-655-1334 	7 Tax Prep <u>by Appointment</u> <u>ONLY</u> 831-655-1334 
8	9 Chair Yoga and Meditation- 9:30am-10:30am 	10  Memory Cafe 10:00am-12:00pm Healthy Brain Cooking Demo Bilingual Movie Day 2:00pm-4:30pm 	11 Financial Wellness Workshop "Options for Dealing with Debt" 	12 Blind and Visually Impaired Support Group 10:00am-12:00pm Knitting & Needlework 12:30-2:30pm  Art Class 2:30pm-3:30pm	13 Healthy Brain Cooking Nutrition Class 9:30am-10:30am Connecting Seniors with Technology-1:30pm-4:30pm Tax Prep <u>by Appointment</u> <u>ONLY</u> 831-655-1334	14 Tax Prep <u>by Appointment</u> <u>ONLY</u> 831-655-1334 
15	16 ALLIANCE ON AGING OFFICES & THE HUB CLOSED 	17  SASSO-11:00am Connecting Seniors with Technology-10:00am-1:00pm Bilingual Movie Day 1:00pm-3:30pm 	18	19  Blind & Visually Impaired Braille & Crochet Class 10:00am-12:00pm	20 Tax Prep <u>by Appointment</u> <u>ONLY</u> 831-655-1334 	21 Tax Prep <u>by Appointment</u> <u>ONLY</u> 831-655-1334 
22	23 Chair Yoga and Meditation- 9:30am-10:30am 	24 Memory Cafe 10:00am-12:00pm Art for Brain Health  Bilingual Movie Day 2:00pm-4:30pm 	25	26 Market Day 10:00am-12:00pm  Blind and Visually Impaired Support Group 10:00am-12:00pm Knitting & Needlework 12:30-2:30pm  Art Class 2:30pm-3:30pm 	27 Yoga (Regular & Chair) and Meditation- 9:30am-10:30am Healthy Brain Cooking Nutrition Class 9:30am-10:30am Connecting Seniors with Technology-1:30pm-4:30pm Tax Prep <u>by Appointment</u> <u>ONLY</u> 831-655-1334	28 Tax Prep <u>by Appointment</u> <u>ONLY</u> 831-655-1334 
					Partners: Blind & Visually Impaired Center, ITN Monterey County, and Loaves, Fishes & Computers	

DOMINGO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
1	2 Silla de Yoga y Meditación- 9:30am-10:30am Cafe de la Memoria 2:00pm-4:00pm grupo de apoyo para cuidadores 3:00-4:00pm 	3 Conectando a las Personas Mayores con la Tecnología 10:00am-1:00pm Almuerzo en la Iglesia de St. Ansgar 11:00am-1:00pm	4	5	6 Preparacion de Impuestos <u>con Cita Solamente</u> (831) 655- 1334 	7 Preparacion de Impuestos <u>con Cita Solamente</u> (831) 655- 1334 
8	9 Silla de Yoga y Meditación- 9:30am-10:30am 	10 Cafe de la Memoria 10:00am-12:00pm demostración de cocina Día de Cine Bilingüe 2:00pm-4:30pm 	11	12 Blind and Visually Impaired Grupo de Apoyo 10:00am-12:00pm tejido y costuram 12:30-2:30pm  Clase de Arte - 2:30pm-3:30pm 	13 Clase de cocina saludable y nutrición 9:30am-10:30am Conectando a las Personas Mayores con la Tecnología- 1:30pm-4:30pm Preparacion de Impuestos <u>con</u> <u>Cita Solamente</u> (831) 655- 1334 	14 Preparacion de Impuestos <u>con Cita Solamente</u> (831) 655- 1334 
15	16 LAS OFICINAS DE ALLIANCE ON AGING Y THE HUB PERMANECERÁN CERRADAS CON MOTIVO DEL DÍA DE LOS PRESIDENTES. 	17  SASSO-11:00am Conectando a las Personas Mayores con la Tecnología 10:00am-1:00pm Día de Cine Bilingüe 1:00pm-3:30pm 	18	19 Clase de Braille para personas ciegas y con discapacidad visual y clase de ganchillo 10:00am- 1:00pm 	20 Preparacion de Impuestos <u>con Cita Solamente</u> (831) 655- 1334 	21 Preparacion de Impuestos <u>con Cita Solamente</u> (831) 655- 1334 
22	23 Silla de Yoga y Meditación- 9:30am-10:30am 	24 Cafe de la Memoria 2:00pm-4:00pm arte para la salud cerebral Día de Cine Bilingüe 2:00pm-4:30pm 	25	26 Día de Mercado 10:00am-12:00pm Blind and Visually Impaired Grupo de Apoyo 10:00am-12:00pm tejido y costura 12:30-2:30pm  Clase de Arte - 2:30pm-3:30pm 	27 Clase de cocina saludable y nutrición 9:30am-10:30am Conectando a las Personas Mayores con la Tecnología 1:30pm-4:30pm Preparacion de Impuestos <u>con</u> <u>Cita Solamente</u> (831) 655- 1334 	28 Preparacion de Impuestos <u>con Cita Solamente</u> (831) 655- 1334 