



Golden Connections

***The Real and the Hidden
Cost of Living Alone***

**Meals on Wheels
October 21st- 1:00 -3:00
700 Jewell St, Pacific Grove**

Obvious Costs

It's easy to see the obvious costs of living alone, such as the rising cost of rent or mortgage, utility bills, groceries, and home maintenance. These are the expenses that we can plan for and manage with a well-thought-out budget.

Hidden Costs

However, there are also many hidden costs that can impact your health and well-being. Living alone means you are solely responsible for everything, and this can sometimes lead to unexpected expenses. For instance, you might need to hire someone to do routine tasks around the house if you are no longer able to do them yourself.

Join Our Monthly Meeting

Through engaging discussions, inspiring stories, and interactive activities, we aim to highlight the significance of building and maintaining meaningful relationships. Our meetings feature valuable resources, and networking opportunities with like-minded individuals committed to creating affordable housing through sharing. This is your chance to ask questions and gain practical tips!

We meet on the third Tuesday of every month.

Our schedule for the rest of 2025:

October 21st- The Real and the Hidden Cost of Living Alone

November 18th- Special Presentation from Echo Housing

December 16th - TBA