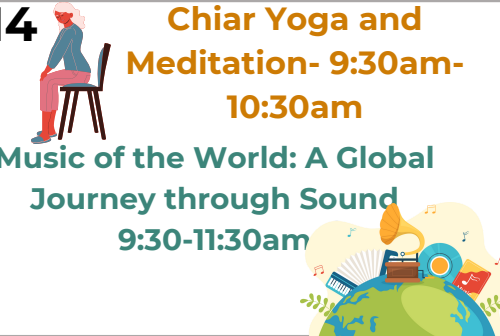
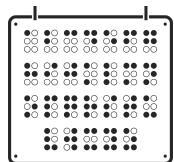
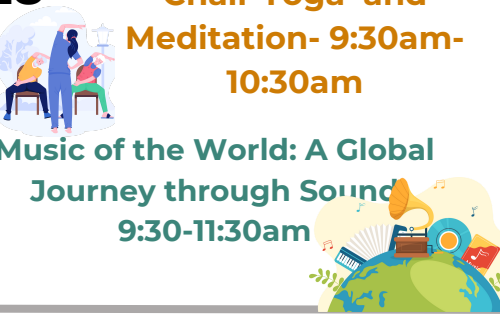
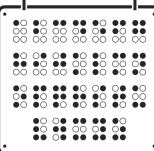
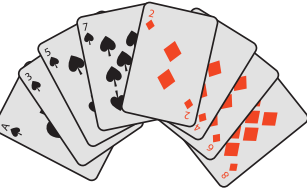


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Connecting Seniors with Technology-10:00am-1:00pm Luncheon At St. Ansgar 11:00am-1:00pm  Bilingual Movie Day 2:00pm-4:30pm	2 Line Dancing 3:30-4:30pm 	3	4 ALLIANCE ON AGING CLOSED 	5
6	7 Music of the World: A Global Journey through Sound 9:30-11:30am  Memory Cafe 2:00pm-4:00pm 	8 Connecting Seniors with Technology-10:00am-1:00pm Memory Cafe 10:00am-12:00pm 	9	10 Market Day 10:00am-12:00pm Blind and Visually Impaired Support Group 10am-12pm Art for Brain Health Class 2:30pm-4:30pm 	11 Cooking & Nutrition 9:30am-10:30am Art Around the World: Exploring Global Styles & Traditions 10:30am --12:30am  Connecting Seniors with Technology 1:30pm-4:30pm	12
13	14 Chiar Yoga and Meditation- 9:30am-10:30am Music of the World: A Global Journey through Sound 9:30-11:30am 	15 Connecting Seniors with Technology-10:00am-1:00pm SASSO-11:00am  Bilingual Movie Day 1:00pm-4:30pm	16 Line Dancing 3:30-4:30pm 	17 Blind and Visually Impaired Braille Class 10am-12pm 	18 Chair Yoga and Meditation- 9:30am-10:30am Art Around the World: Exploring Global Styles & Traditions 10:30am --12:30am Connecting Seniors with Technology 1:30pm-4:30pm	19
20	21 Music of the World: A Global Journey through Sound 9:30-11:30am  Memory Cafe 2:00pm-4:00pm 	22 Connecting Seniors with Technology-10:00am-1:00pm  Memory Cafe 10:00am-12:00pm Bilingual Movie Day 2:00pm-4:30pm	23 Age Well, Drive Smart 10:00am-12:00pm  Bridge- 1:00pm-3:00pm	24 Cooking & Nutrition 9:30am-10:30am Market Day 10:00am-12:00pm Blind and Visually Impaired Support Group 10am-12pm Art for Brain Health Class 2:30pm-4:30pm 	25 Art Around the World: Exploring Global Styles & Traditions 10:30am --12:30am Connecting Seniors with Technology 1:30pm-4:30pm Loteria/fun with yarn- 9:30am-11:30pm	26
27	28 Chair Yoga and Meditation- 9:30am-10:30am Music of the World: A Global Journey through Sound 9:30-11:30am 	29 Connecting Seniors with Technology-10:00am-1:00pm Bilingual Movie Day 2:00pm-4:30pm 	30 Financial Fraud Awareness Workshop 10:00am-12:00pm  Bridge- 1:00pm-3:00pm	31 Monterey Chiropractic Group Presents: Healthy Aging - Staying Strong, Steady & Independent 2:00-3:30pm	Partners: Aging and Disabilities Resource Center, Blind & Visually Impaired Center, Central Coast Center for Independent Living, ITN Monterey County, Loaves, Fishes & Computers, Front Porch	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Conectando a las Personas Mayores con la Tecnología 10:00am-1:00pm  Almuerzo en la iglesia de San Ansgar 11:00am-1:00pm Día de Cine Bilingüe 2:00pm-4:30pm	2 baile en línea 3:30-4:30pm 	3	4 Alianza sobre el Envejecimiento cerrada 	5
6	7 Musica del mundo: un viaje global a traves del sonido 9:30-11:30am  Cafe de la Memoria 2:00pm-4:00pm 	8 Conectando a las Personas Mayores con la Tecnología 10:00am-1:00pm Cafe de la Memoria 10:00am-12:00pm  Día de Cine Bilingüe 2:00pm-4:30pm 	9	10 Día de Mercado 10:00am-12:00pm Clase de Arte para la Salud Cerebral- 2:30pm-3:30pm Blind and Visually Impaired  Grupo de Apoyo 10:00am-12:00pm	11 Cocina Saludable para el Cerebro Clase de Nutrición 9:30am-10:30am Arte alrededor del mundo: explorando estilos y tradiciones globales 10:30am --12:30am Conectando a las Personas Mayores con la Tecnología 1:30pm-4:30pm 	12
13	14 Yoga (Regular y en Silla) y Meditación- 9:30am-10:30am Musica del mundo: un viaje global a traves del sonido 9:30-11:30am 	15 Conectando a las Personas Mayores con la Tecnología 10:00am-1:00pm  SASSO-11:00am Día de Cine Bilingüe 1:00pm-4:30pm	16 baile en línea 3:30-4:30pm 	17 Ciega visual y discapacitada para la clase de braile 10am-12pm 	18 Arte alrededor del mundo: explorando estilos y tradiciones globales 10:30am --12:30am Yoga (Regular y en Silla) y Meditación- 9:30am-10:30am Cocina Saludable para el Cerebro Clase de Nutrición 9:30am-10:30am 	19
20	21 Musica del mundo: un viaje global a traves del sonido 9:30-11:30am  Cafe de la Memoria 2:00pm-4:00pm 	22 Conectando a las Personas Mayores con la Tecnología 10:00am-1:00pm Cafe de la Memoria 10:00am-12:00pm  Día de Cine Bilingüe 2:00pm-4:30pm	23 Bridge- 1:00pm-3:00pm 	24 Cocina Saludable para el Cerebro Clase de Nutrición 9:30am-10:30am Día de Mercado 10:00am-12:00pm Blind and Visually Impaired Grupo de Apoyo 10:00am-12:00pm Clase de Arte para la Salud Cerebral- 2:30pm-3:30pm	25 Loteria/diverson con hilo- 9:30am-11:30pm Arte alrededor del mundo: explorando estilos y tradiciones globales 10:30am --12:30am Conectando a las Personas Mayores con la Tecnología 1:30pm-4:30pm	26
27	28 Yoga (Regular y en Silla) y Meditación- 9:30am-10:30am Musica del mundo: un viaje global a traves del sonido 9:30-11:30am  	29 Conectando a las Personas Mayores con la Tecnología 10:00am-1:00pm Día de Cine Bilingüe 2:00pm-4:30pm 	30 Bridge- 1:00pm-3:00pm 	31	Compañeros: Aging and Disabilities Resource Center, Blind & Visually Impaired Center, Central Coast Center for Independent Living, ITN Monterey County, Loaves, Fishes & Computers	