



ALLIANCE ON AGING

Needs Assessment of Older Adults and People with
Disabilities in the Greater Salinas Area and North
and South Monterey County

Alliance on Aging

The Alliance on Aging has been providing programs and services to older adults and people with disabilities in Monterey County for over 50 years. It is now the largest non-profit provider of older adult services in Monterey County with offices in Monterey and Salinas, and outreach teams throughout the County.

John McPherson, Executive Director

Teresa Sullivan, LADAP Facilitator

Janet Frank Dr.PH,

Reyna Gross, Outreach Manager

Mario Duran, Transportation Coordinator

Jody Rogers, HUB Director

Locations:

Salinas Office

247 Main St.

Salinas, CA 93901

Phone: (831) 758-4011 (831) 655-1334

Monterey Office

280 Dickman Avenue

Monterey, CA 93940

Phone: (831) 646-1458

Website: allianceonaging.org

LADAP Advisory Council

Policy and Advocacy Committee

Blue Zones, Monterey County
Center for Community Advocacy
Central California Alliance for Health
CHISPA, Inc.
City of Soledad
Community Emergency Response Volunteers
Community Foundation for Monterey County
Hospice Giving Foundation
Listos California
Monterey County Area Agency on Aging
Monterey County Aging and Adult Services
Monterey County Health Department
Senator John Lairds Office, District 17
Supervisor Glenn Church's Office, Second District
Transportation Agency of Monterey County
Salinas Valley Health Care
Visiting Nurses Association

Community Group Committee

Phoebe Cheney
Frances Cherry
Luana Conley
Rita Dady
Diane Dagdagan
William Eldredge
Juanita Eldredge
Anna Mae Gazo
Marissa Hernandez
Alice Giottonini
Billy Hayes
Irma Lopez
Adriana Ramelli
Liz Silva
Raymund Torres
Christina Yasay

Providers & Resources Committee

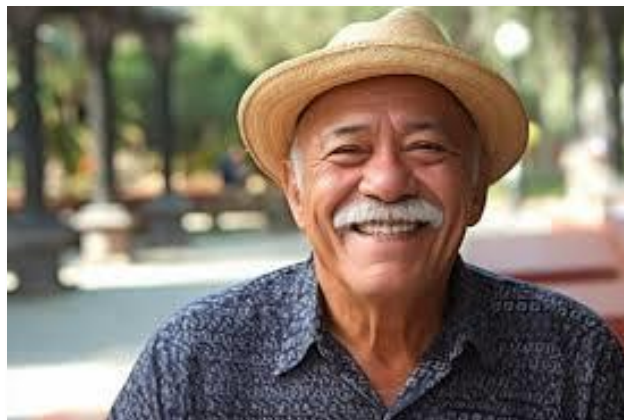
Alliance on Aging/The HUB
Alzheimer's Association
Blind and Visually Impaired Center
Central Coast Center for Independent Living
California Department of Rehabilitation
CHISPA, Inc
Community Builders for Monterey County
Del Mar Caregiver Resource Center
Dorothy's Place
Food Bank
Hospice of Santa Cruz
Independent Transportation Network
Interim, Inc
Juntos con Esperanza
Mee Memorial Hospital
Monterey County Behavioral Health
Monterey County Public Health
Monterey Free Libraries
Monterey Salinas Transit
Prunedale Senior Center
Transportation Agency of Monterey County
United Way
Visiting Nurses Association

Contents

INTRODUCTION	4
Demographic Characteristics of Monterey County and Focused Research Area	4
Focused Research Area	5
AARP Domains of Livability and the Livability Index	10
DEMOGRAPHICS OF COMMUNITY SURVEY RESPONDENTS	13
RESULTS OF COMMUNITY SURVEY	21
Housing	21
Health Services and Community Supports	31
Health Services	31
Community Supports	38
Transportation	53
Civic Participation and Employment	57
Communication and Information	60
Social Participation	63
Outdoor Spaces and Buildings	68
Disaster Preparedness and Services	73
RESULTS OF STAKEHOLDER SURVEY	79
METHODOLOGY	87

Introduction

In recognition of the aging of the population, the American Association of Retired Persons (AARP) initiated the AARP Network of Age-Friendly States and Communities to foster more livable communities across the nation for people of all ages. With funding from the California Department of Aging, the Alliance on Aging took the lead to create an Age and Disability-Friendly Action Plan for communities within Monterey County. As part of their process for creating an Age and Disabilities-Friendly Plan that will address the comprehensive needs of older adults and people with disabilities living in the agricultural areas of Monterey County, including social, medical, transportation, housing, and financial needs, the Alliance on Aging partnered with local research firm, Applied Survey Research (ASR). ASR reviewed existing data and assessed the needs of older adults (ages 60 and older) and people with a disability (ages 18 and older) based on the eight AARP/Alliance on Aging Domains of Livability as a framework (see page 9 for more information). In addition, ASR surveyed stakeholders, organizations and government agencies that serve these communities.



DEMOGRAPHIC CHARACTERISTICS OF MONTEREY COUNTY AND FOCUSED RESEARCH AREA

The Alliance on Aging serves people with disabilities and older adult residents of Monterey County, one of the largest counties (in square miles) and the third largest agricultural county in California. The number of residents ages 60 and older in the County is projected to rise to approximately 120,000 by 2060.¹ Twelve percent (12%) of Monterey County residents live in poverty, with the highest rates experienced by the Black/African American (17%) and Hispanic/Latin(a)(o)(x)(e) (15%) communities.²

Figure 1. Population Growth Projection of Residents 60+ in Monterey County



Source: California Department of Finance. (2024). 2020-2060 Population Projections by Individual Year of Age, California Counties.

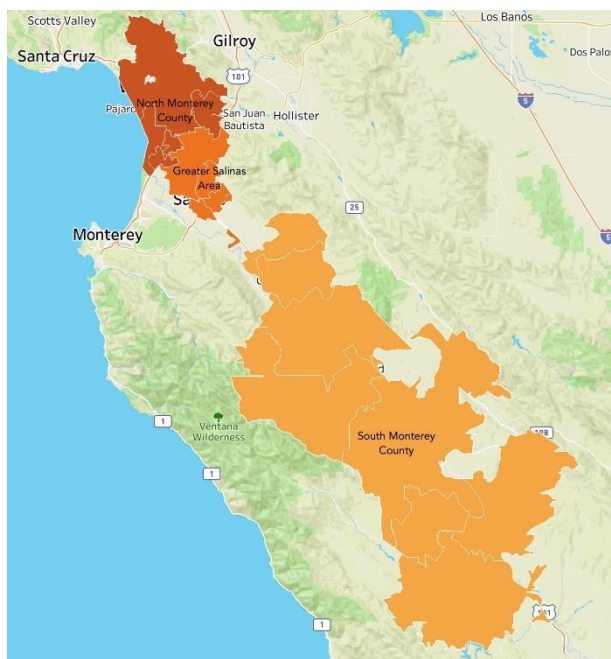
¹California Department of Finance. (2024). 2020-2060 Population Projects by Individual Year of Age, California Counties.

²United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.

Focused Research Area

To create an Age and Disabilities-Friendly Action Plan that will address the needs of older adults and people living with a disability in the agricultural areas of Monterey County, the Alliance on Aging and ASR focused their research on north and south Monterey County, as well as the city of Salinas (the largest city and county seat) and surrounding areas. The area outside of the city of Salinas is primarily rural and includes small towns and cities including Moss Landing, Castroville, Gonzalez, Soledad, Greenfield and King City, among others. Figure 2 below shows a map outline of the zip codes included in the surveying area. According to the United States Census Bureau, the identified research areas account for 57% of the overall population of Monterey County.

Figure 2. Area Covered by Research Activities



For data analysis in this report, zip codes were grouped into three areas: North Monterey County, Greater Salinas Area, and South Monterey County. ASR's Community Survey data for 95076 includes only respondents who reside in Monterey County. See Figure 3 below for details.

Of the three areas of focus in the research area, South Monterey County has the highest percentage of residents living in poverty.³

Figure 3. Zip Code Groupings of Research Area

Research Area	Towns/Cities	Zip Codes
North Monterey County	Prunedale, Aromas, Castroville, Moss Landing, Pajaro, Las Lomas, and Royal Oaks	93902, 95004, 95012, 95039, 95076
Greater Salinas Area	City of Salinas and surrounding areas	93901, 93905, 93906, 93907, 93915
South Monterey County	Bradley, San Ardo, Chualar, Gonzales, Greenfield, Arroyo Seco, King City, Lockwood, and Soledad	93426, 93450, 93925, 93926, 93927, 93930, 93932, 93960

Note: Prunedale is covered by more than one zip code (93004 and 93907) and zip code 93907 also includes parts of Salinas. Because 93907 could not be included in two research areas, data from this zip code is included in the "Greater Salinas Area" research area.

³United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.

Figure 4. Percent of Population 60+, by Research Area and Monterey County Overall



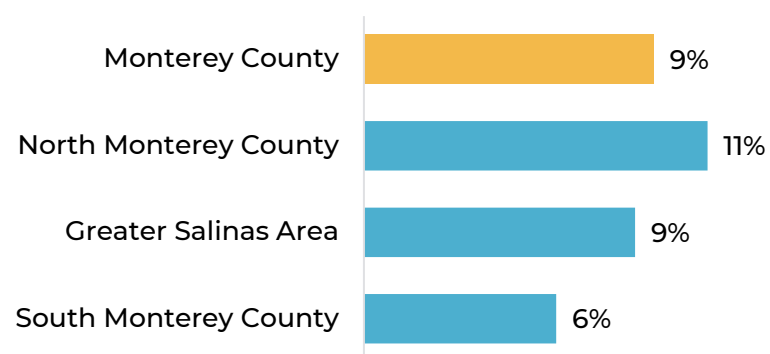
Source: United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.

North Monterey County includes zip codes: 95004, 95012, 95039, and 95076. The zip code 95076 includes both Monterey and Santa Cruz County residents. Additionally, the zip code 93902 is a post office therefore, population data was not available.

Greater Salinas Area includes zip codes: 93901, 93905, 93906, and 93907. The zip code 93925 is a post office therefore, population data was not available.

South Monterey County includes zip codes: 93426, 93450, 93925, 93926, 93927, 93930, 93932, and 93960.

Figure 5. Percent of Population with a Disability (18+), by Research Area and Monterey County Overall



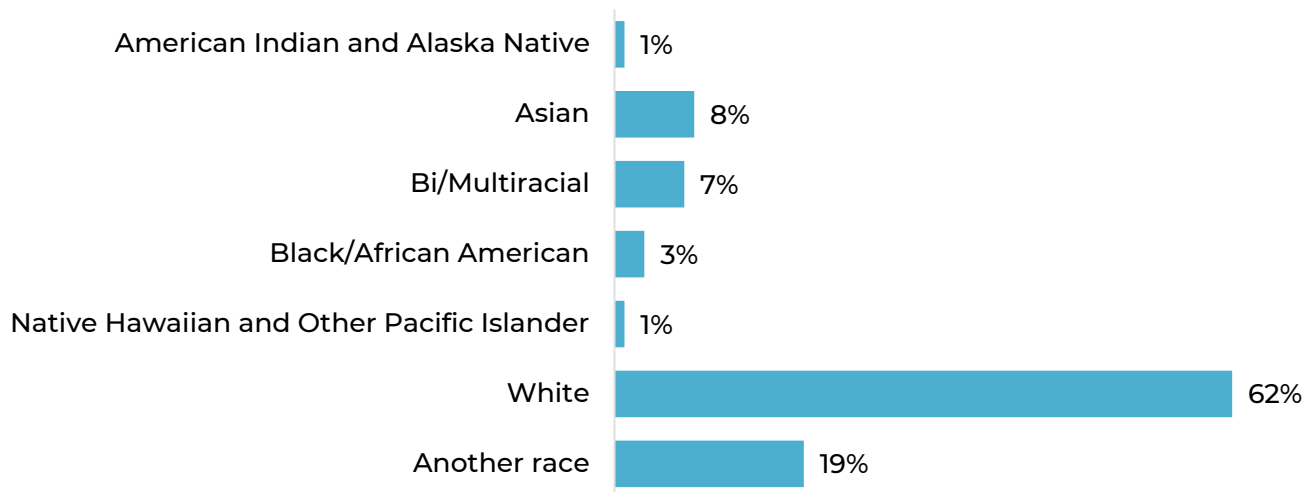
Source: United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.

North Monterey County includes zip codes: 95004, 95012, 95039, and 95076. The zip code 95076 includes both Monterey and Santa Cruz County residents. Additionally, the zip code 93902 is a post office therefore, population data was not available.

Greater Salinas Area includes zip codes: 93901, 93905, 93906, and 93907. The zip code 93925 is a post office therefore, population data was not available.

South Monterey County includes zip codes: 93426, 93450, 93925, 93926, 93927, 93930, 93932, and 93960.

Figure 6. Race of Adults 60+ in Monterey County



Source: United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.

Note: Percentages do not add up to 100% due to rounding.

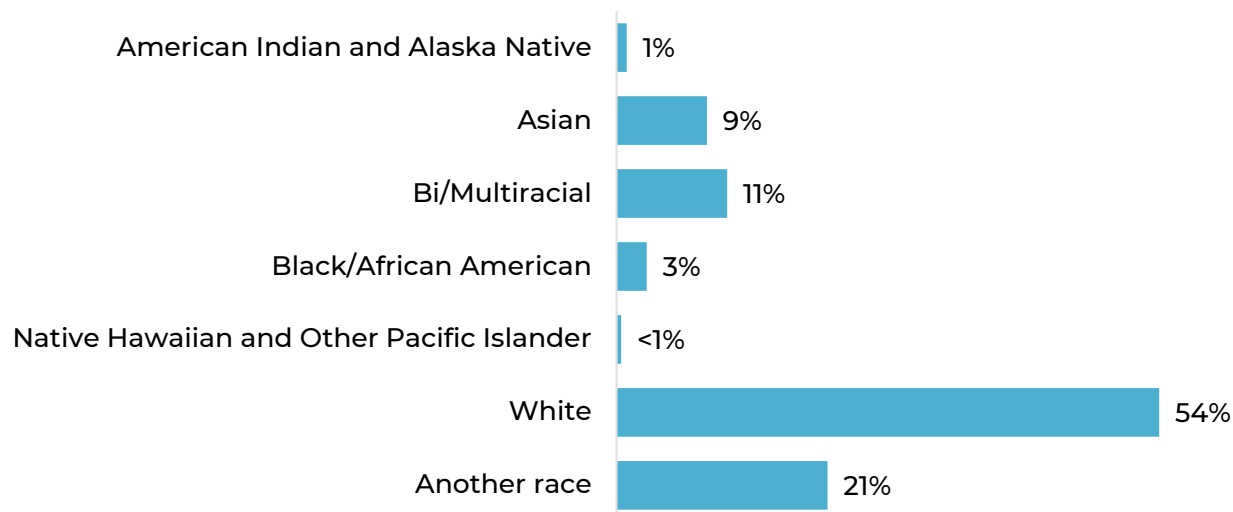
Figure 7. Ethnicity of Adults 60+ in Monterey County



Source: United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.



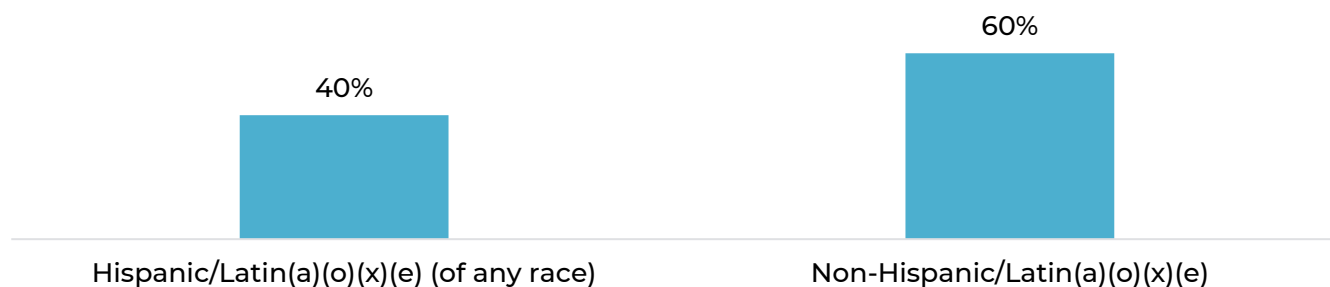
Figure 8. Race of People with a Disability in Monterey County



Source: United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.

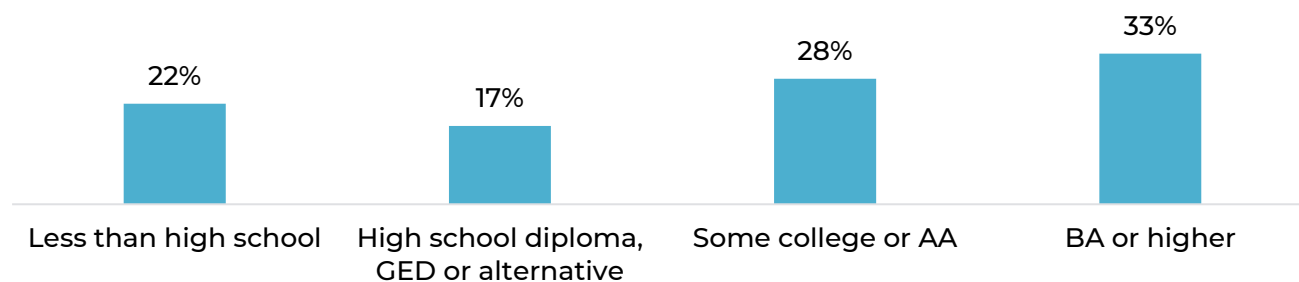
Note: Percentages do not add up to 100% due to rounding.

Figure 9. Ethnicity of People with a Disability in Monterey County



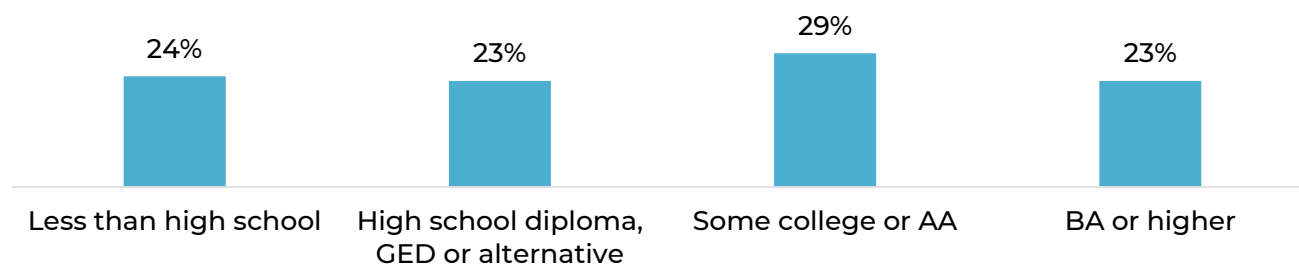
Source: United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.

Figure 10. Educational Attainment of Adults 60+ in Monterey County



Source: United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.

Figure 11. Educational Attainment of Adults Aged 25+ with a Disability in Monterey County



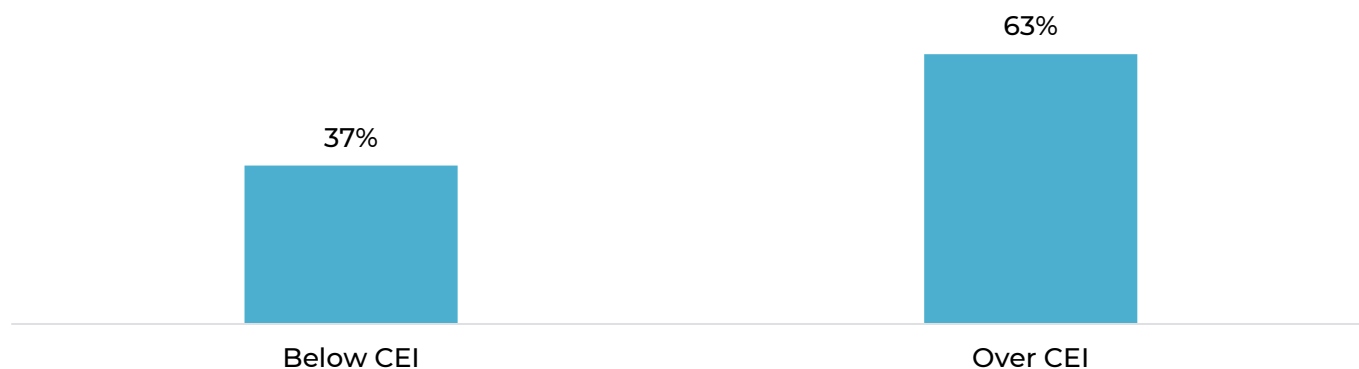
Source: United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.

Figure 12. Language Spoken at Home, Adults 60+ in Monterey County



Source: United States Census Bureau. (2024). 2018-2022 American Community Survey 5-year estimates.

Figure 13. Adults 65+ Living Below the California Elder Index (CEI) in Monterey County



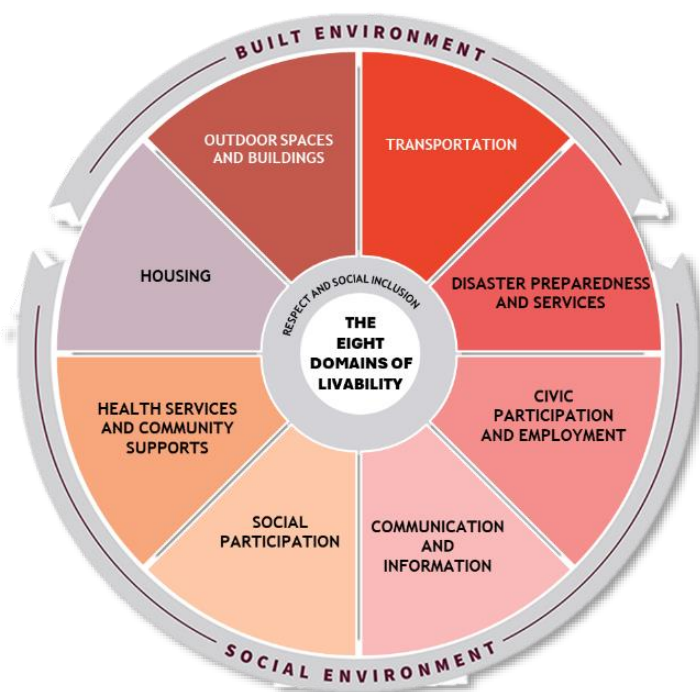
Source: California Department for Aging. Data Dashboard for Aging. Retrieved from <https://mpa.aging.ca.gov/DashBoard> on August 6, 2024.

Note: The California Elder Index (CEI) measures the basic cost of living in each California County, including expenses for housing, food, health care, and transportation.

AARP DOMAINS OF LIVABILITY AND THE LIVABILITY INDEX

The well-being of all people is related to the communities in which they live. The American Association of Retired Professionals (AARP) and its Livable Communities Initiative focuses on supporting neighborhoods, towns/cities, counties and rural areas across the United States to create more livable, age-friendly, and disability-friendly neighborhoods.⁴

Figure 14. AARP/Alliance on Aging Domains of Livability



To support these efforts, AARP identified eight Domains of Livability: housing, outdoor spaces and buildings, transportation, civic participation and employment, communication and information, respect and social inclusion, social participation, and health services and community supports. By ensuring both availability and high quality of community features, communities are more likely to be livable and supportive of well-being for *all* people.

The Alliance on Aging adapted these eight domains, embedding “respect and social inclusion” across all domains and adding “disaster preparedness and services” (see Figure 14). The data in this report is organized by these eight domains.

AARP created a Livability Index to assess the livability of neighborhoods and communities and identify the best and healthiest areas for older adults to live and thrive. The Index is comprised of seven categories, 40 metrics, and 21 policies. Each neighborhood, city, county, or state receives a score from zero to 100, with an average location receiving a score of 50. Communities with a score above 50 have more livability- and age-friendly practices, while communities with scores below 50 face obstacles to supporting healthy well-being. Below are the scores for the Monterey County zip codes included in the research area.



⁴American Association of Retired Persons (AARP). AARP Livable Communities. Retrieved from <https://www.aarp.org/livable-communities/> on August 2, 2024.

Figure 15. AARP Livability Index Score for Monterey Zip Codes in Research Area

North Monterey County								
Lower than county overall / The same as county overall / Higher than county overall								
	Overall	Housing	Neighborhood	Transportation	Environment	Health	Engagement	Opportunity
Monterey County	51	47	57	53	48	59	37	52
<i>Prunedale 93902</i>	52	52	63	61	41	54	39	55
<i>Aromas 95004</i>	42	31	39	30	52	51	33	60
<i>Castroville 95012</i>	50	55	57	45	42	57	36	61
<i>Moss Landing 95039</i>	44	56	39	38	43	47	36	53
<i>Pajaro 95076*</i>	50	52	55	55	50	54	48	39

Source: American Association of Retired Persons (AARP). AARP Livability Index. Retrieved from <https://livabilityindex.aarp.org/> on August 2, 2024.

*The zip code 95076 includes both Monterey and Santa Cruz County residents.

Greater Salinas Area								
Lower than county overall / The same as county overall / Higher than county overall								
	Overall	Housing	Neighborhood	Transportation	Environment	Health	Engagement	Opportunity
Monterey County	51	47	57	53	48	59	37	52
<i>Salinas 93901</i>	52	52	63	61	41	54	39	55
<i>Salinas 93905</i>	52	54	68	60	52	48	37	45

Salinas 93906	50	44	64	57	46	53	35	51
Salinas 93907	46	44	47	42	43	55	34	56
Salinas 93915	52	54	68	60	52	48	37	45

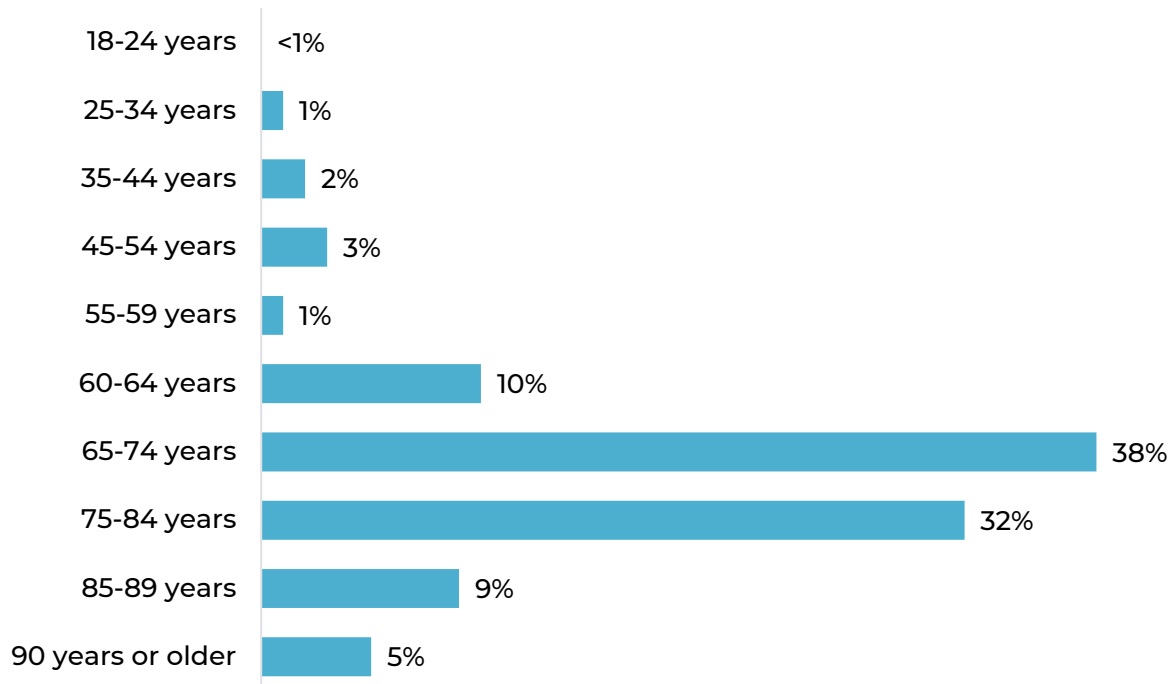
Source: American Association of Retired Persons (AARP). AARP Livability Index. Retrieved from <https://livabilityindex.aarp.org/> on August 2, 2024.

South Monterey County								
Lower than county overall / The same as county overall / Higher than county overall								
	Overall	Housing	Neighborhood	Transportation	Environment	Health	Engagement	Opportunity
Monterey County	51	47	57	53	48	59	37	52
Bradley 93426	43	50	22	41	54	63	26	45
San Ardo 93450	38	56	17	26	55	60	0	53
Chualar 93925	38	62	40	18	44	53	7	45
Gonzales 93926	43	55	57	39	42	52	7	51
Greenfield 93927	45	54	56	46	46	51	14	48
King City 93930	48	55	52	47	53	51	28	52
Lockwood 93932	38	56	18	27	55	60	0	46
Soledad 93960	44	51	55	45	46	51	10	51

Source: American Association of Retired Persons (AARP). AARP Livability Index. Retrieved from <https://livabilityindex.aarp.org/> on August 2, 2024.

Demographics of Community Survey Respondents

Figure 16. Age



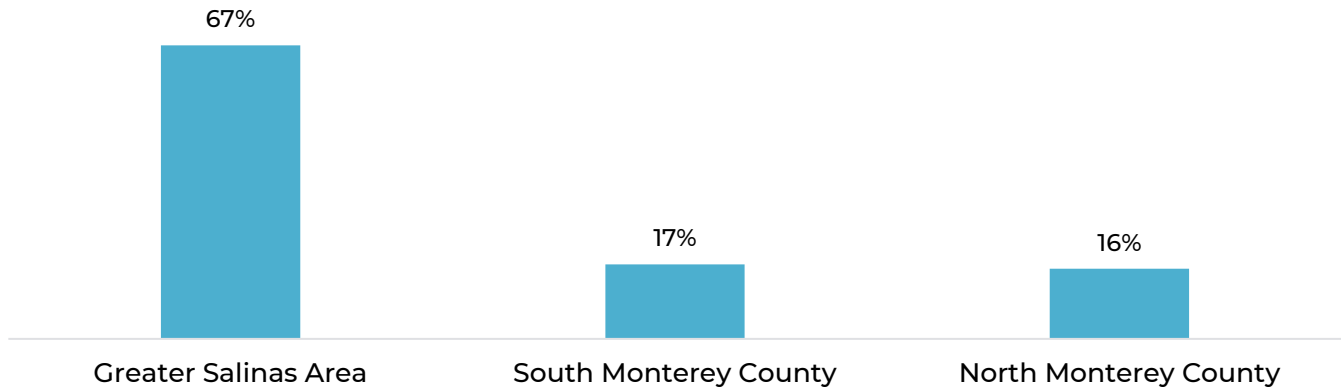
n=397

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Percentages do not add up to 100% due to rounding.



Figure 17. Residential Location of Survey Respondents, by Geographic Area



n=397

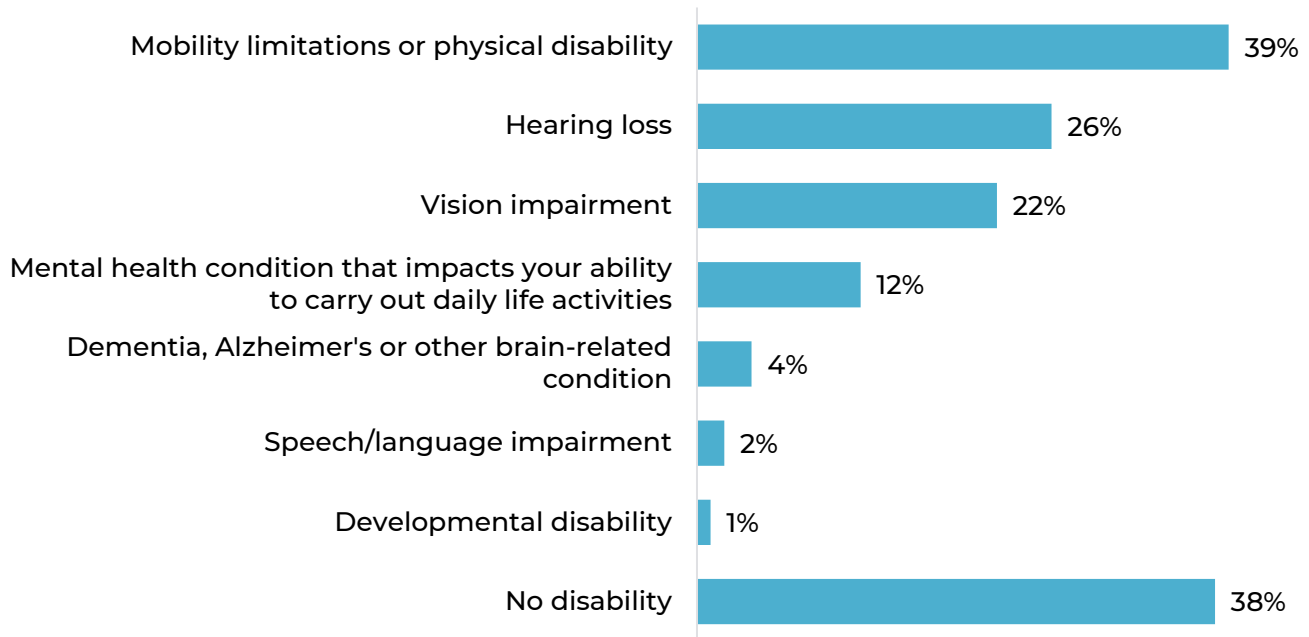
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Greater Salinas Area includes zip codes: 93901, 93905, 93906, 93907, and 93915.

South Monterey County includes zip codes: 93426, 93450, 93925, 93926, 93927, 93930, 93932, and 93960.

North Monterey County includes zip codes: 93902, 95004, 95012, 95039, and 95076.

Figure 18. Disability Status

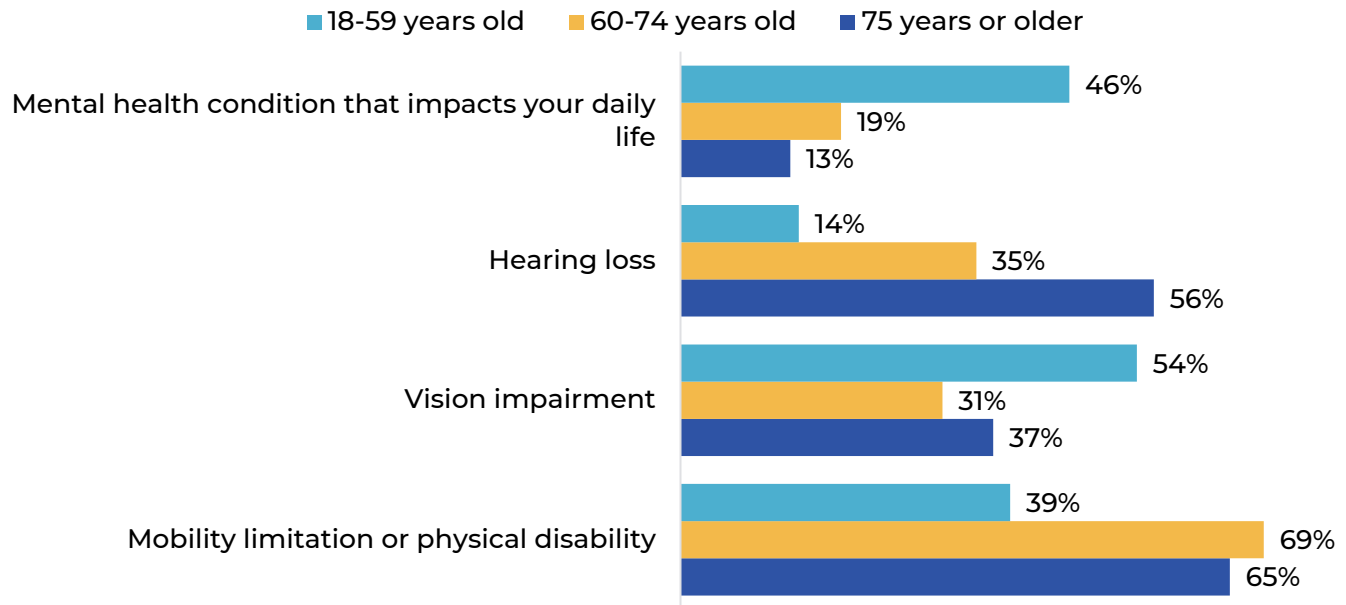


n=397 respondents offering 575 responses

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Multiple response option, percentages will not add up to 100%.

Figure 19. Top Four Types of Reported Disability, by Age



18-59 years old n=28 offering 50 responses; 60-74 years old n=97 offering 159 responses; 75 years and older n=120 offering 214 responses

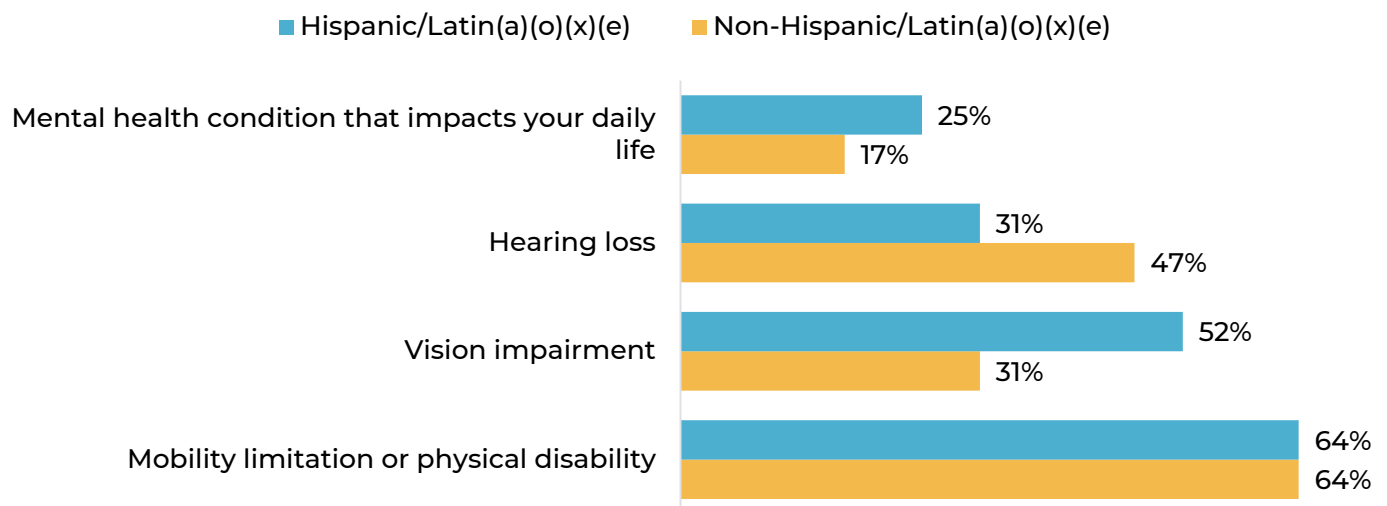
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Multiple response option, percentages will not add up to 100%.

Note: All respondents aged 18-59 years reported having at least one disability.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 20. Top Four Types of Reported Disability, by Race/Ethnicity



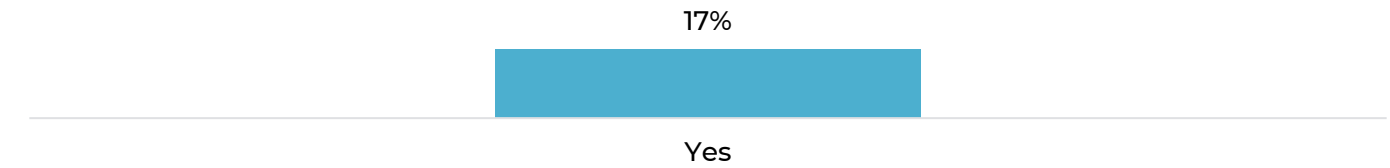
Hispanic/Latin(a)(o)(x)(e) n= 64 offering 118 responses; Non-Hispanic/Latin(a)(o)(x)(e) n=181 offering 305 responses

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Multiple response option, percentages will not add up to 100%.

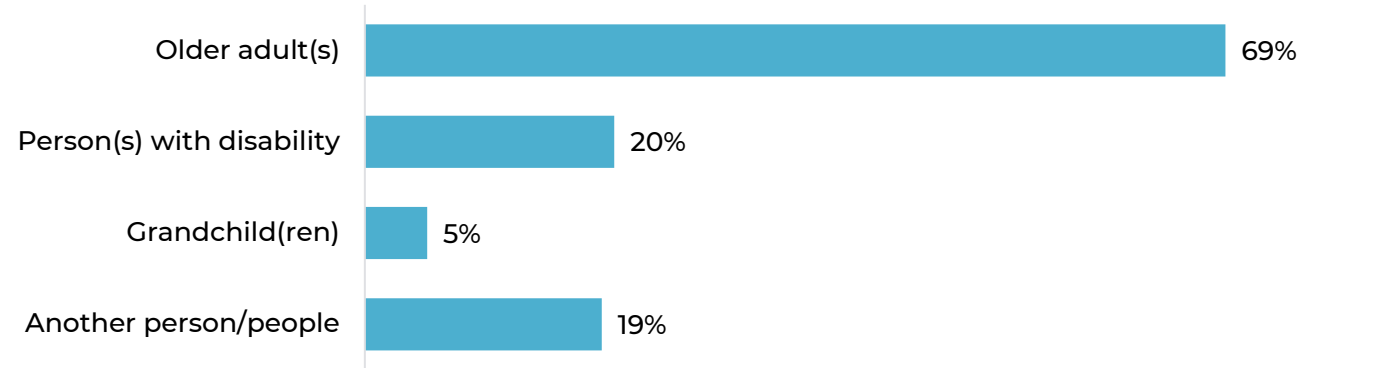
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 21. Are you a caregiver?



n=372
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

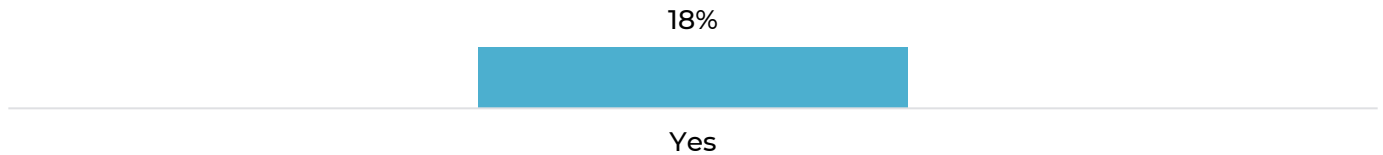
Figure 22. For whom do you provide care?



n=64 respondents offering 72 responses
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Multiple response option, percentages will not add up to 100%.



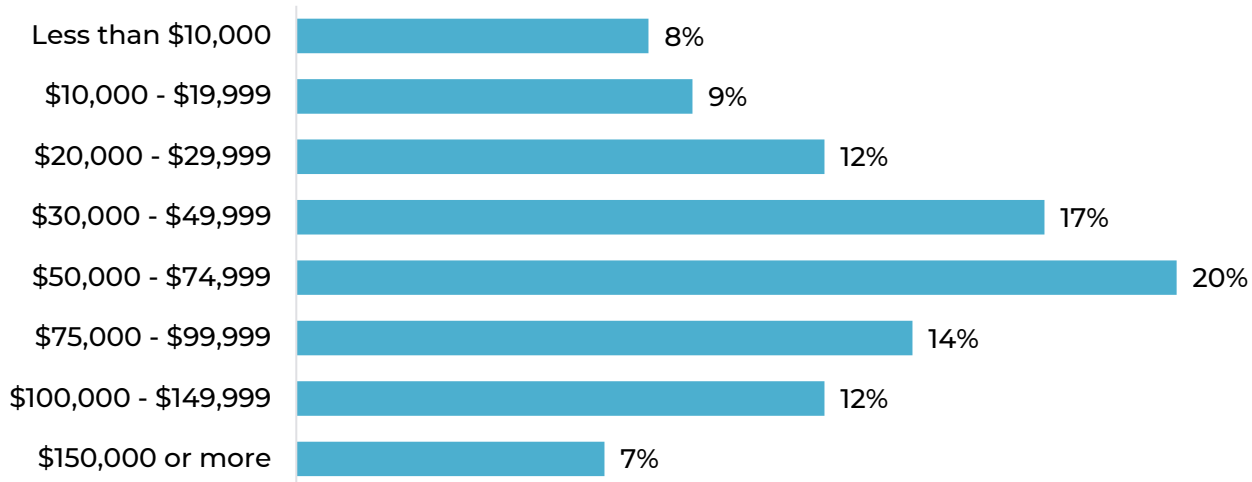
Figure 23. Do you receive care-support such as assistance with personal care, grocery shopping and errands, housekeeping, organizing medications, and meal preparation? (Including from a paid caregiver, family member, volunteer, or other type of caregiver)



n=371

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Figure 24. Which best describes your annual household income before taxes?

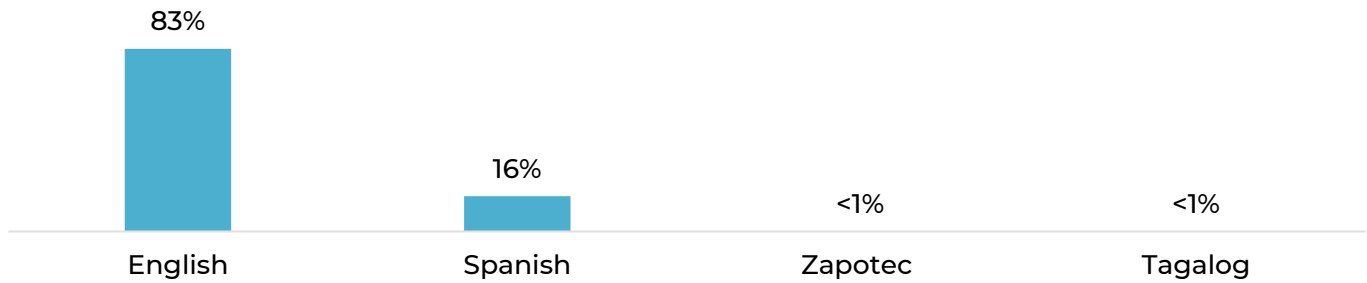


n=338

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Percentages do not add up to 100% due to rounding.

Figure 25. What is your primary language?

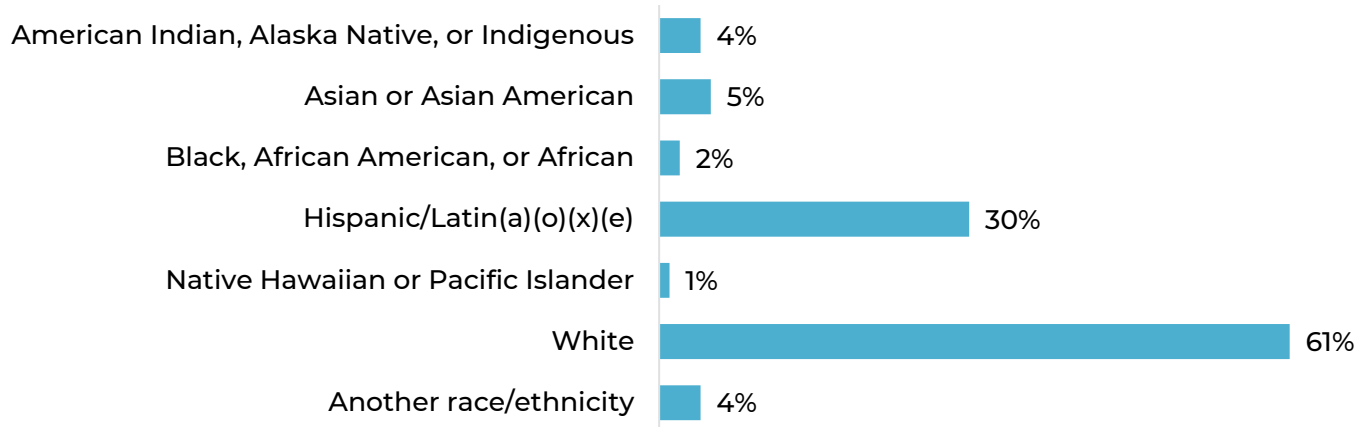


n=370

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Percentages do not add up to 100% due to rounding.

Figure 26. What racial and/or ethnic groups do you identify with?

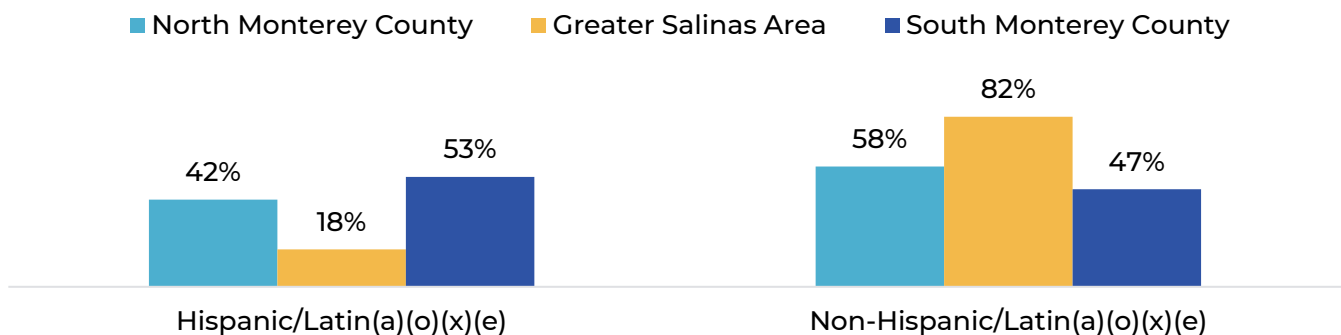


n=364 respondents offering 387 responses

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Multiple response option, percentages will not add up to 100%.

Figure 27. Ethnicity of Survey Respondents, by Geographic Area

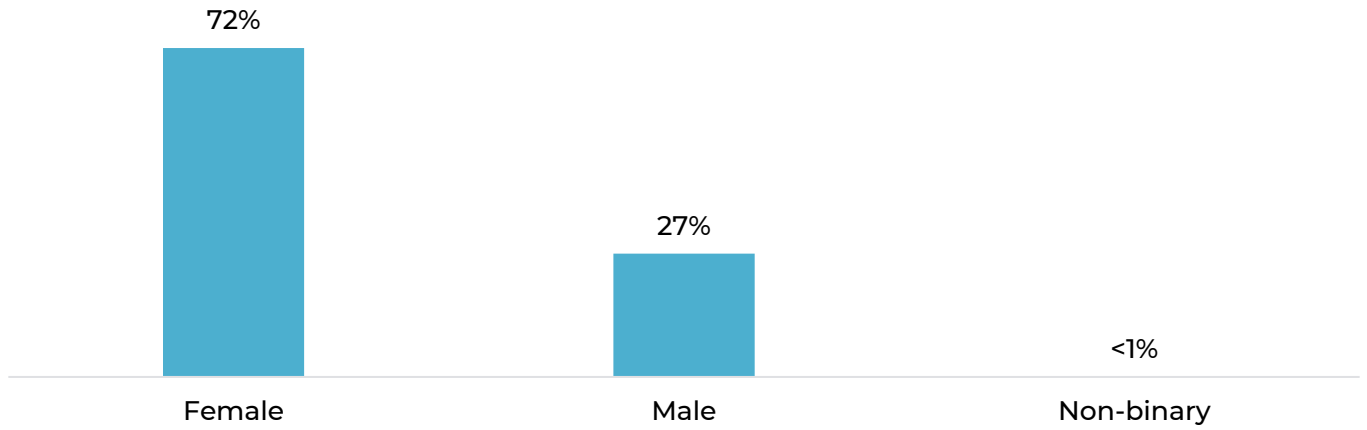


North Monterey County n=65; Greater Salinas Area n=266; South Monterey County n=66

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 28. What is your gender identity?

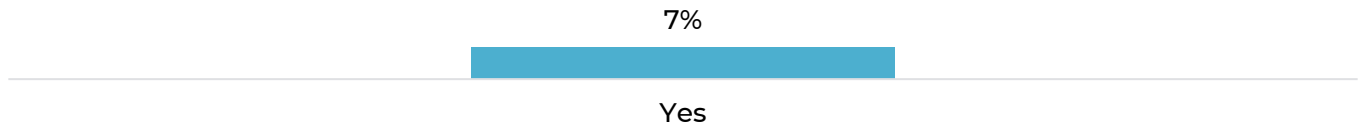


n=370

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Percentages do not add up to 100% due to rounding.

Figure 29. Are you a veteran?

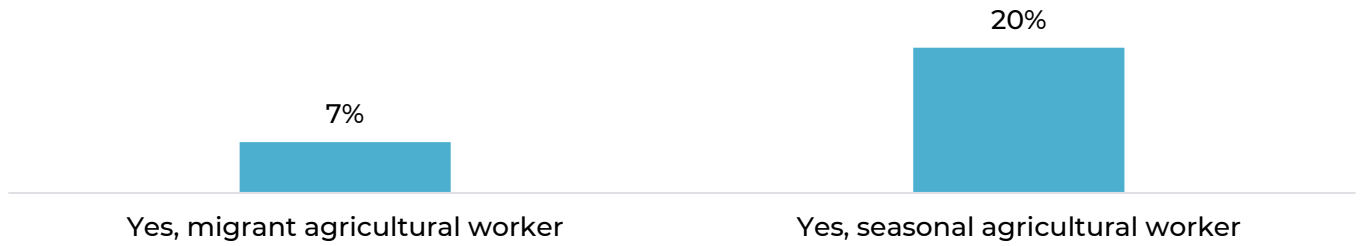


n=370

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.



Figure 30. Are you now or have you ever been an agricultural worker?



n=365

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.



Results of Community Survey

As mentioned in the introduction, the Alliance on Aging and ASR utilized and adapted AARP's Domains of Livability as a framework for the research. These adapted domains include housing, health services and community supports, transportation, civic participation and employment, communication and information, social participation, respect and social inclusion, outdoor spaces and buildings, and disaster preparedness and emergency services. ASR surveyed residents in



three geographic areas of Monterey County to document the needs and experiences of older adults and people with disabilities. Community survey data and data from other available sources are shared below, by domain.

Data collected by ASR in the Alliance on Aging Community Survey is indicated with a survey icon:



HOUSING

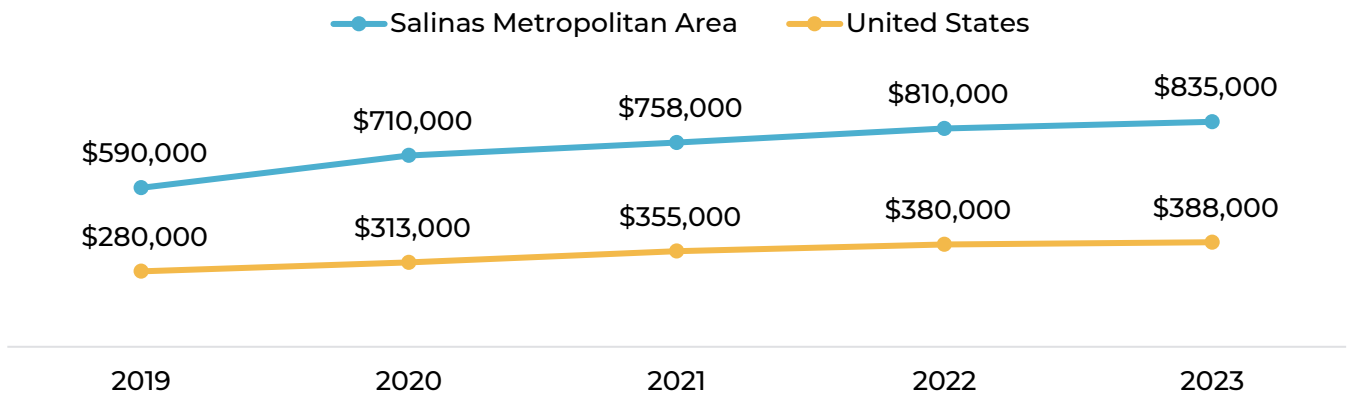
HOUSING IN A LIVABLE COMMUNITY

Age- and disability-friendly communities should strive to allow individuals to stay within their homes and communities. This means housing must be affordable and designed, or able to be modified, to meet their needs. Communities should have a range of housing options.

Among those who either rent or own, 59% of Hispanic/Latin(a)(o)(x)(e) survey respondents reported owning their home, notably lower than 87% of non-Hispanic/Latin(a)(o)(x)(e) respondents. Survey respondents in the Greater Salinas Area and North County were more likely to own their home (84% and 81%, respectively) than respondents in South County (59%).

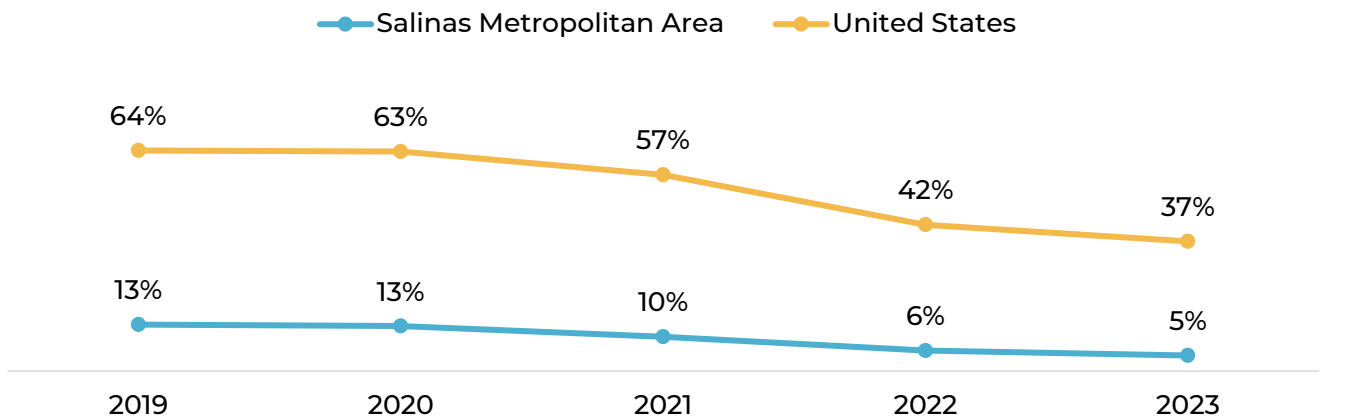
Nearly half of all survey respondents (48%) reported spending one-third or more of their income on housing. When asked to rate housing qualities in their communities, a majority of respondents rated the availability of affordable housing options and safe, low-income housing as “poor” (57% and 62%, respectively). Compared to survey respondents from the other two areas, North County respondents rated their communities as “poor” at higher percentages across all statements related to housing qualities.

Figure 31. Median Sale Price (All Home Types)



Source: National Association of Home Builders. (2024). 2019-2023 NAHB – Wells Fargo Housing Opportunity Index (HOI).
Note: Data were derived from quarter 3 of each year.

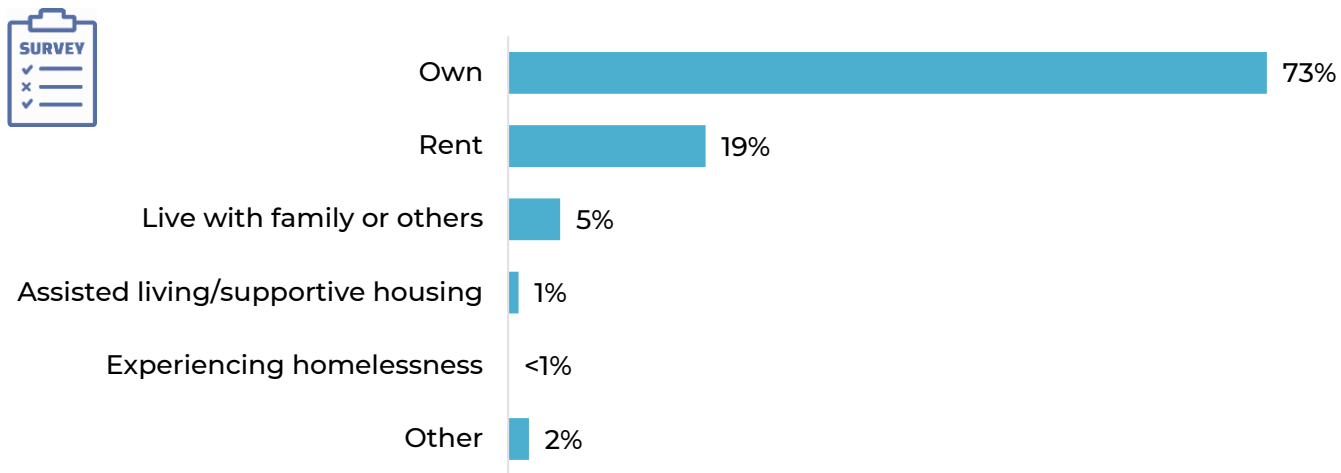
Figure 32. Housing Opportunity Index



Source: National Association of Home Builders. (2024). 2019-2023 NAHB – Wells Fargo Housing Opportunity Index (HOI).
Note: The Housing Opportunity Index (HOI) is the share of homes sold in a particular area that were affordable to families making the area's median income.
Note: Data were derived from quarter 3 of each year.

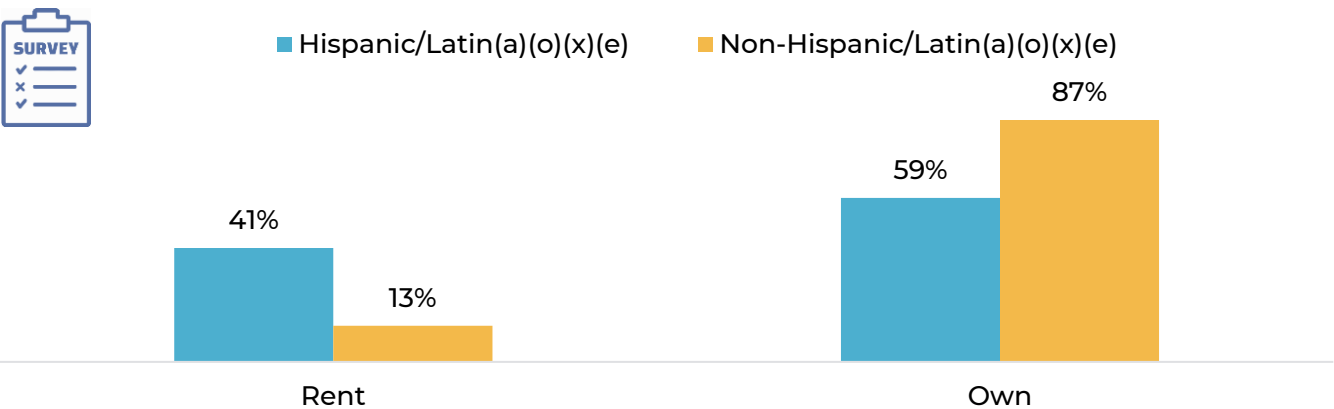


Figure 33. What is your housing status?



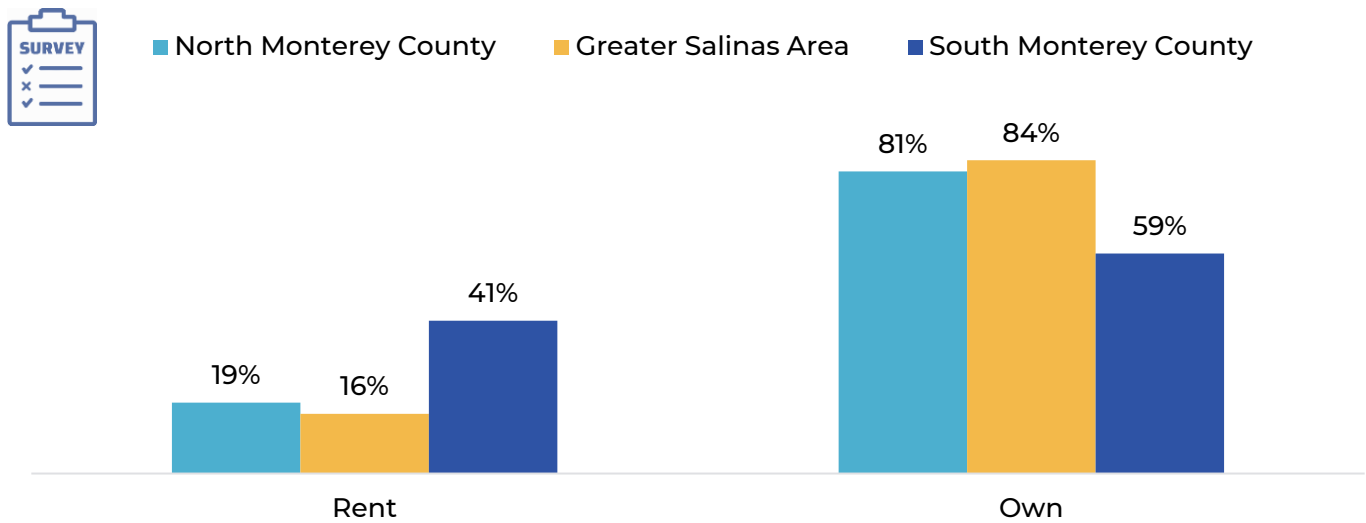
n=395
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Percentages do not add up to 100% due to rounding.

Figure 34. Housing Status, by Race/Ethnicity (Rent vs Own Only)



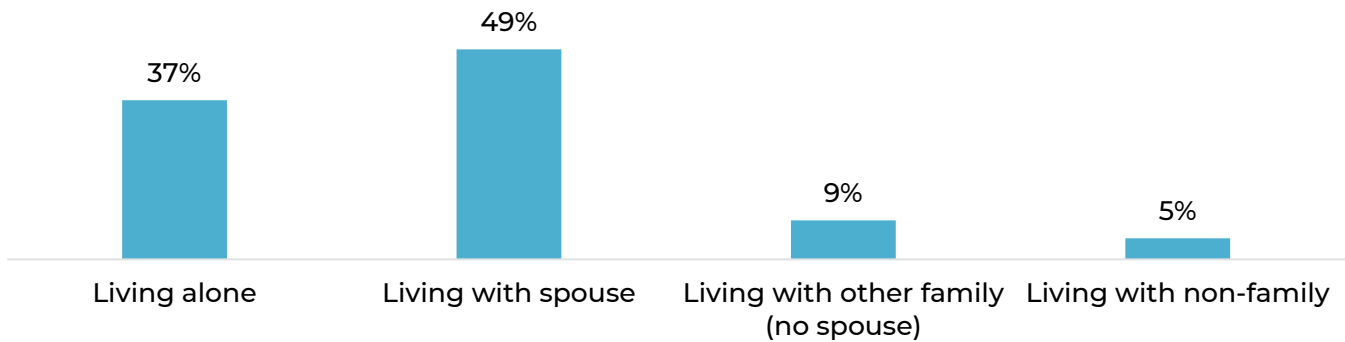
Hispanic/Latin(a)(o)(x)(e) n=97; Non-Hispanic/Latin(a)(o)(x)(e) n=266
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 35. Housing Status, by Geographic Area (Rent vs Own Only)



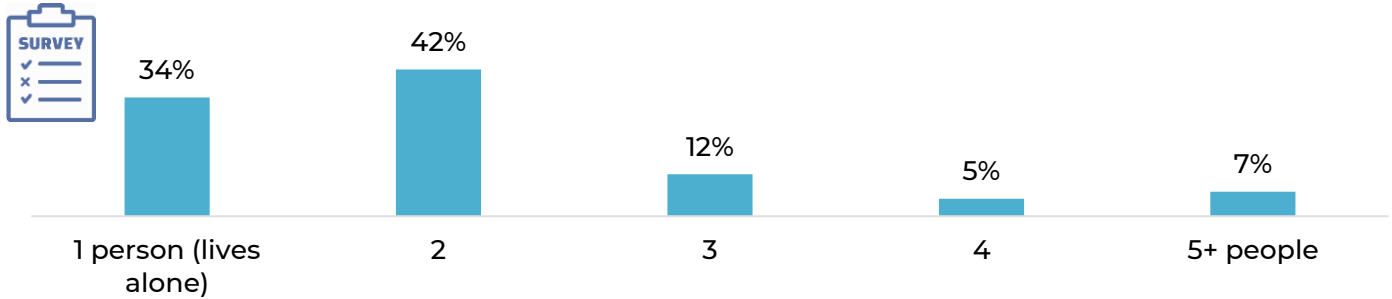
North Monterey County n=59; Greater Salinas Area n=243; South Monterey County n=61
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 36. Household Type of Adults 65+ in Monterey County



Source: United States Census Bureau. (2024). 2022 American Community Survey 1-year estimates.

Figure 37. How many people, including yourself, live in your household?



n=369
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Figure 38. What is the amount of money you use to pay for housing, excluding utilities, such as gas and electricity?



n=353
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Figure 39. What is the amount of money you use to pay for housing, excluding utilities, such as gas and electricity? (By Race/Ethnicity)

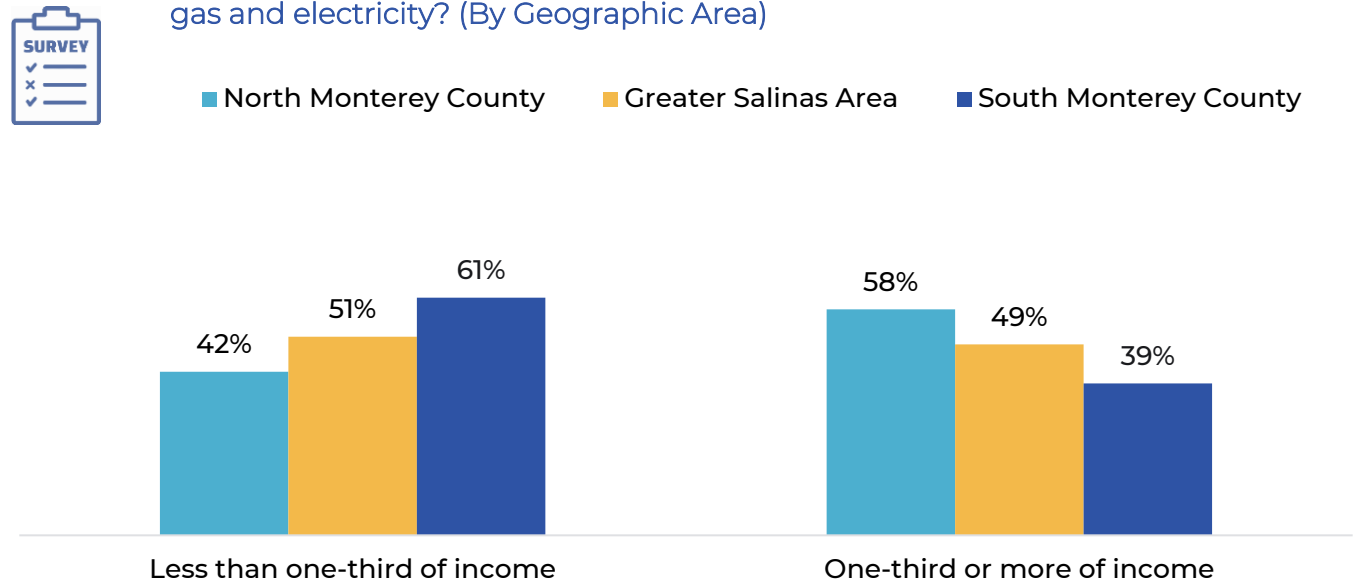


■ Hispanic/Latin(a)(o)(x)(e) ■ Non-Hispanic/Latin(a)(o)(x)(e)



Hispanic/Latin(a)(o)(x)(e) n=100; Non-Hispanic/Latin(a)(o)(x)(e) n=253
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

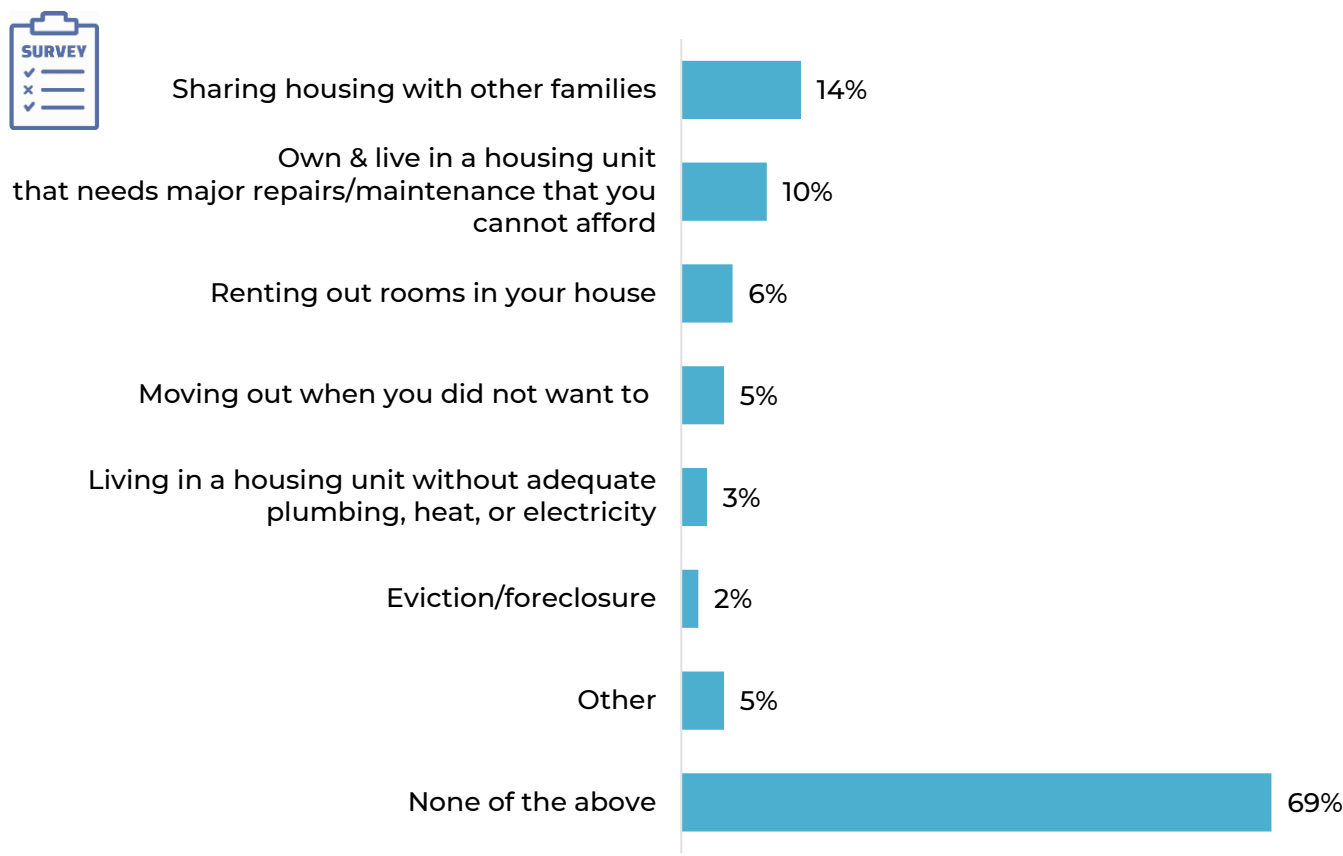
Figure 40. What is the amount of money you use to pay for housing, excluding utilities, such as gas and electricity? (By Geographic Area)



North Monterey County n=57; Greater Salinas Area n=232; South Monterey County n=64
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



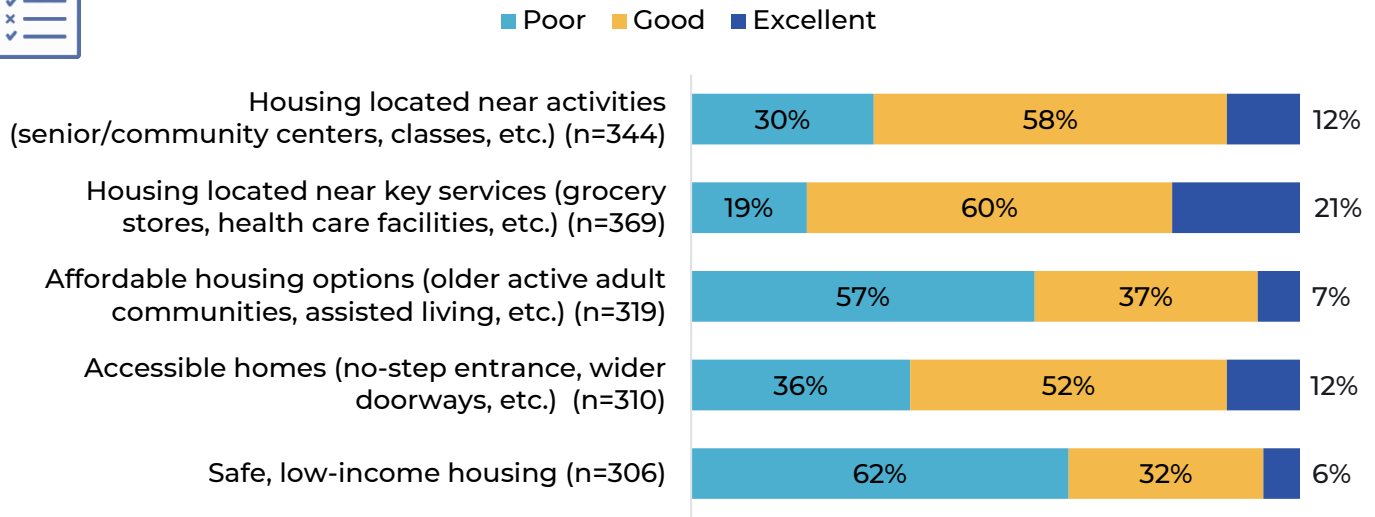
Figure 41. Because of the cost of housing, have you experienced any of the following?



n=392 respondents offering 447 responses
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Multiple response option, percentages will not add up to 100%.



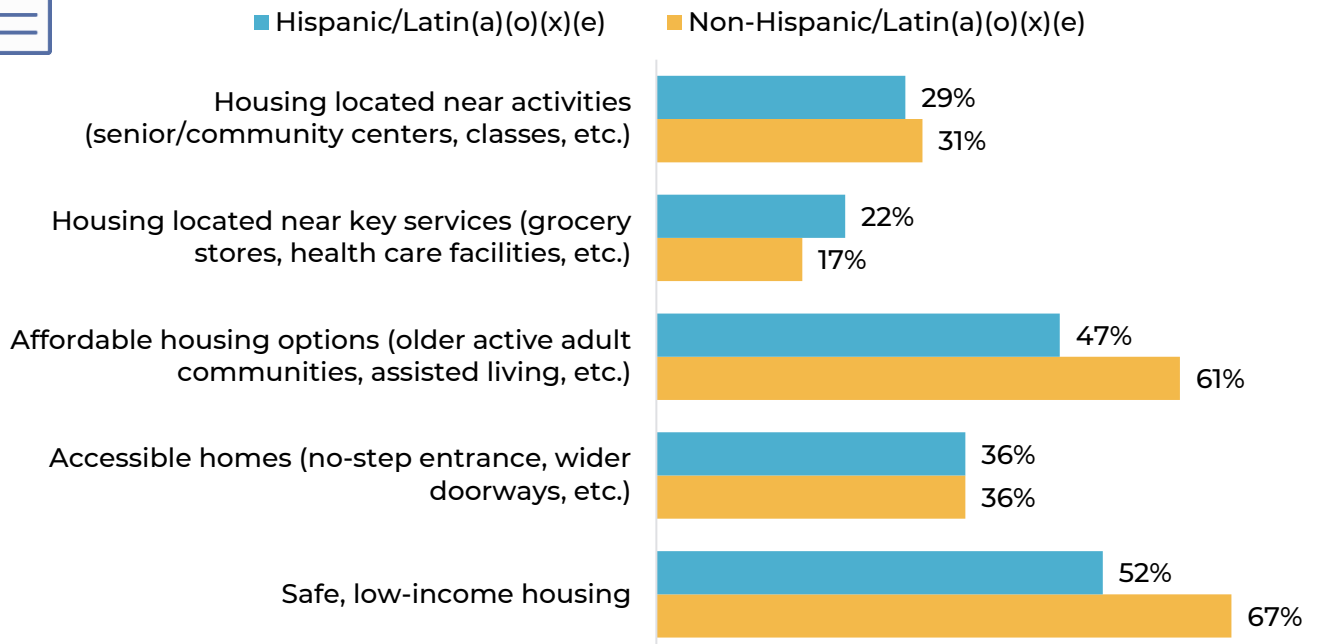
Figure 42. How would you rate your community for having each of the following related to housing?



Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Percentages may not add up to 100% due to rounding.

Figure 43. How would you rate your community for having each of the following related to housing? (Percent of respondents selecting "Poor", by Race/Ethnicity)



Hispanic/Latin(a)(o)(x)(e) n=98-107; Non-Hispanic/Latin(a)(o)(x)(e) n=205-262 (Ns differ for each statement due to crosstabulation and response rates)

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

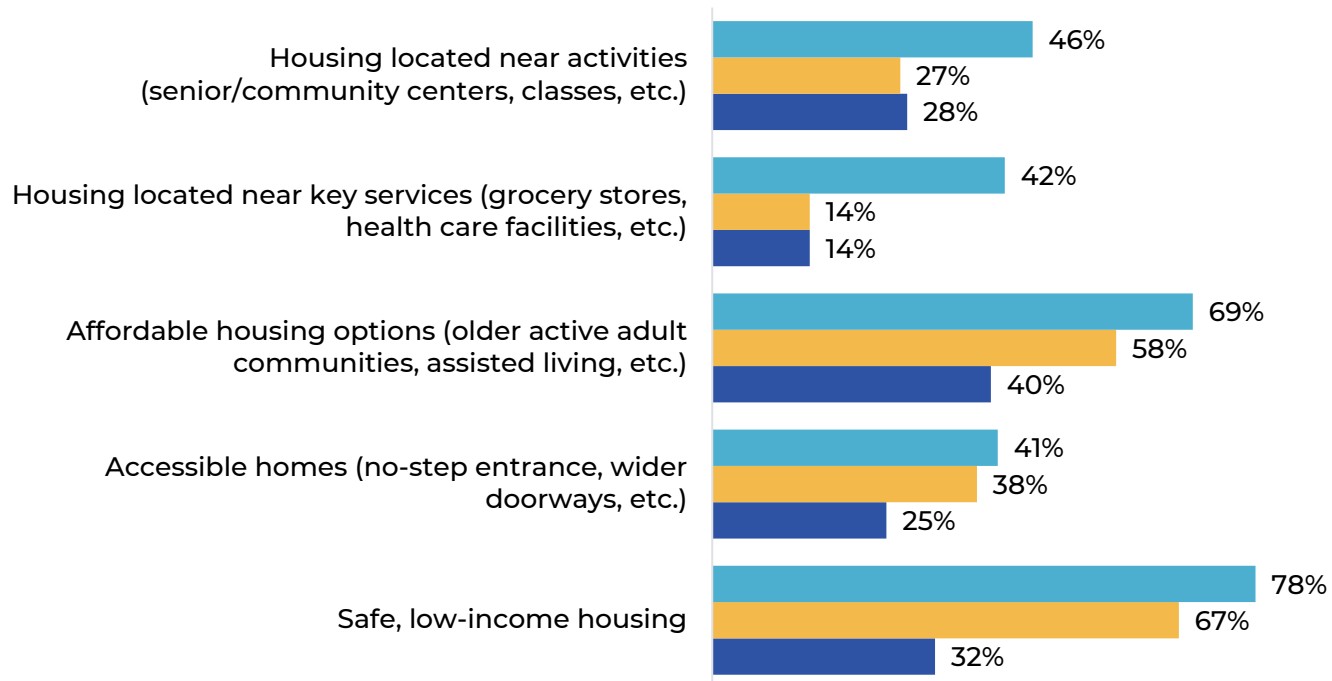
Note: Percentages may not add up to 100% due to rounding.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 44. How would you rate your community for having each of the following related to housing? (Percent of respondents selecting “Poor”, by Geographic Area)



■ North Monterey County ■ Greater Salinas Area ■ South Monterey County



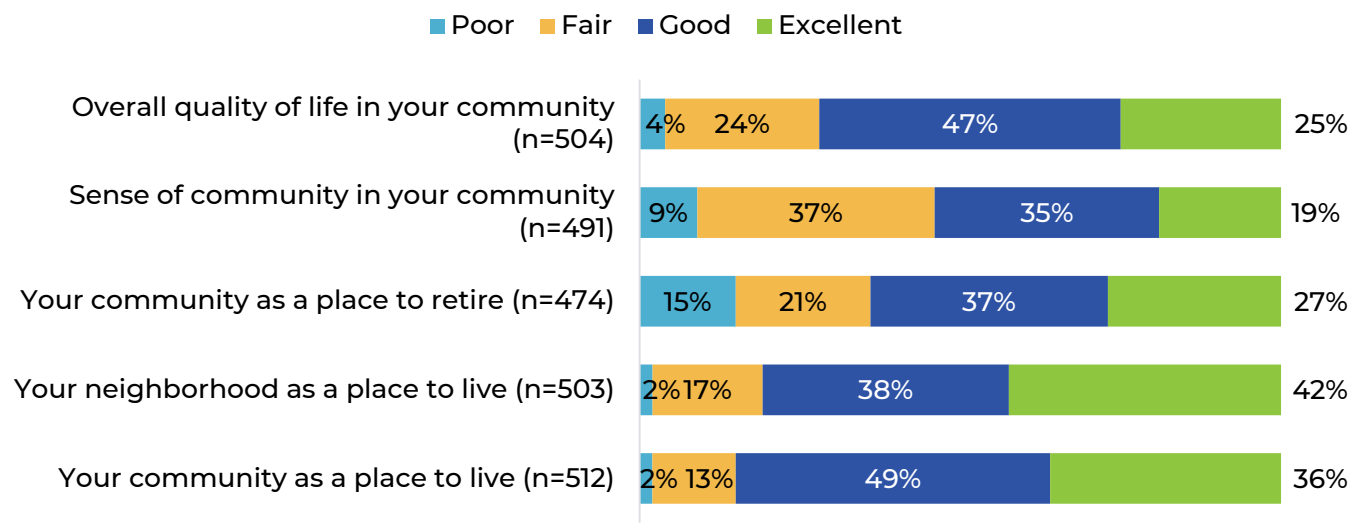
North Monterey County n=55-61; Greater Salinas Area n=194-246; South Monterey County n=52-64 (Ns differ for each statement due to crosstabulation and response rates)

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



Figure 45. Quality of Life Ratings in Monterey County (Respondents Aged 55+)



Source: 2023 Community Assessment Survey for Older Adults (CASOA). Area Agency on Aging (AAA) Division Department of Social Services County of Monterey. (2024).
Note: Percentages may not add up to 100% due to rounding.



HEALTH SERVICES AND COMMUNITY SUPPORTS

HEALTH SERVICES AND COMMUNITY SUPPORTS IN A LIVEABLE COMMUNITY

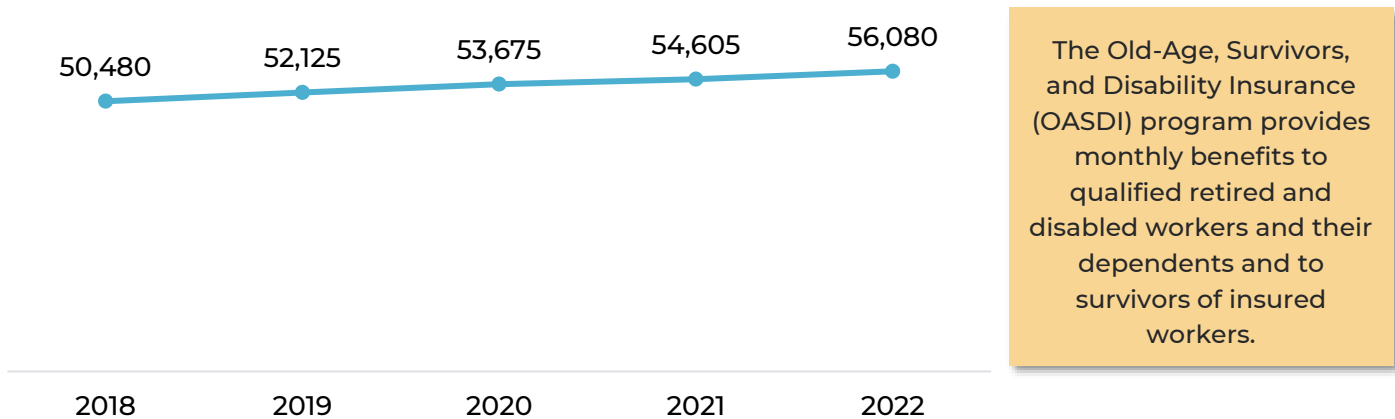
Livable communities need supports and services that are nearby, accessible and affordable. Alongside accessible and affordable health care services, community support and physical activity opportunities are strongly connected to good health and well-being throughout life.

Health Services

When asked to rate the overall quality of their health and well-being, nearly all survey respondents (86%-94%) rated their physical health, mental health and emotional well-being and quality of life as “good” or “excellent”. Seventeen percent (17%) of respondents reported being unable to access the mental health care they needed in the past year.

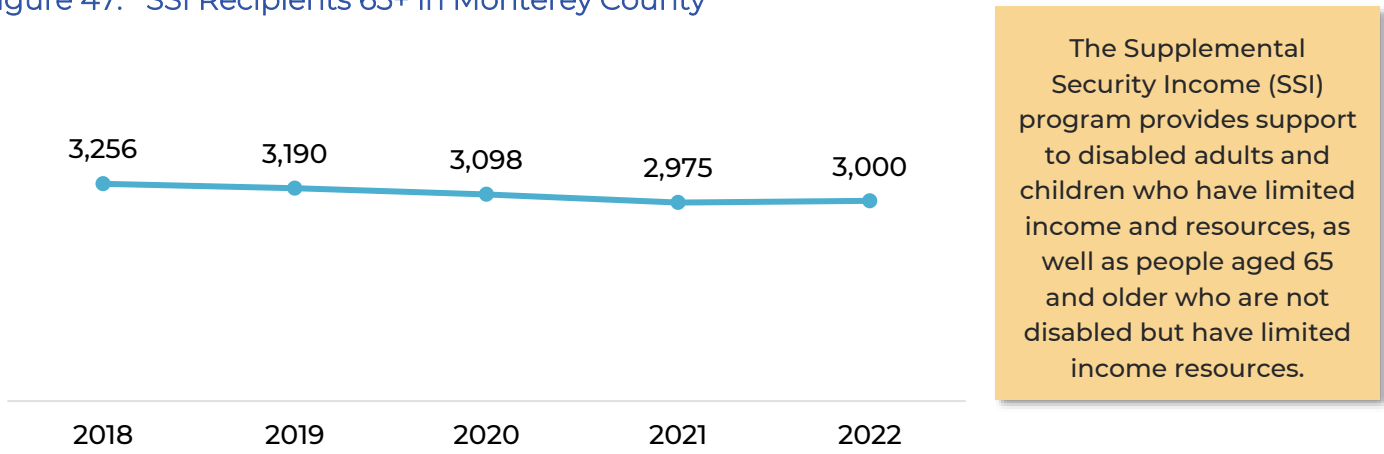
Regarding health care qualities, more than a quarter of all survey respondents (26%) rated access to affordable in-home health care services as “poor”. Twenty-four percent (24%) of older adults with a disability rated having health care professionals that understand the needs of older adults and people with disabilities as “poor”, and 42% of respondents aged 18-59 with a disability rated having health care professionals that understand the needs of people with disabilities as “poor”. North County survey respondents rated their communities as “poor” at notably higher percentages across all statements related to health care qualities, compared to respondents from the other areas.

Figure 46. OASDI Recipients 65+ in Monterey County



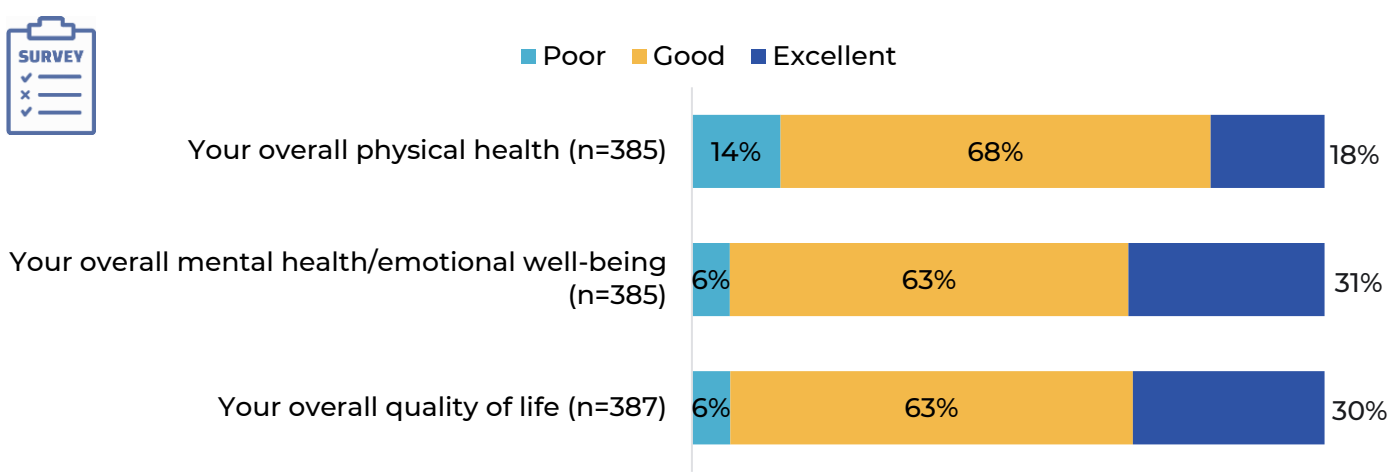
Source: United States Social Security Administration, Office of Retirement and Disability Policy. (2024). 2018-2022 OASDI Recipients by County.

Figure 47. SSI Recipients 65+ in Monterey County



Source: United States Social Security Administration, Office of Retirement and Disability Policy. (2024). 2018-2022 SSI Recipients by County.

Figure 48. Please rate the overall quality of each of the following.



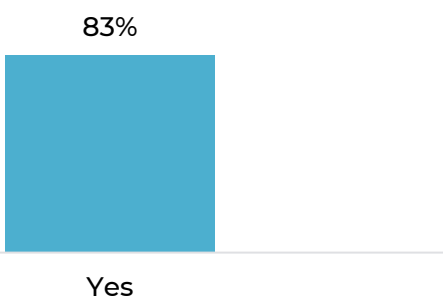
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Percentages may not add up to 100% due to rounding.

Figure 49. In the last 12 months, were you able to receive the health care you needed in your community?



n=355
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

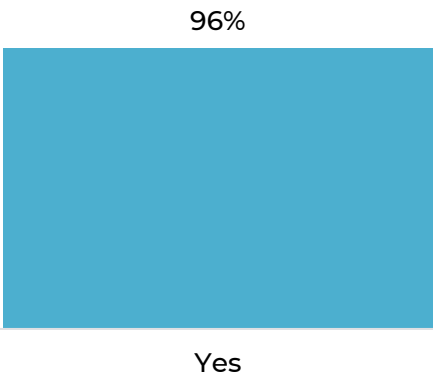
Figure 50. If you needed mental health treatment, counseling or other help, in the last 12 months, were you able to receive it?



Of the 17% of respondents who reported being unable to receive mental health treatment, the reasons included: *Not enough doctors, difficult to make appointments, long waitlists and lack of insurance coverage. (n=19)*

n=111
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

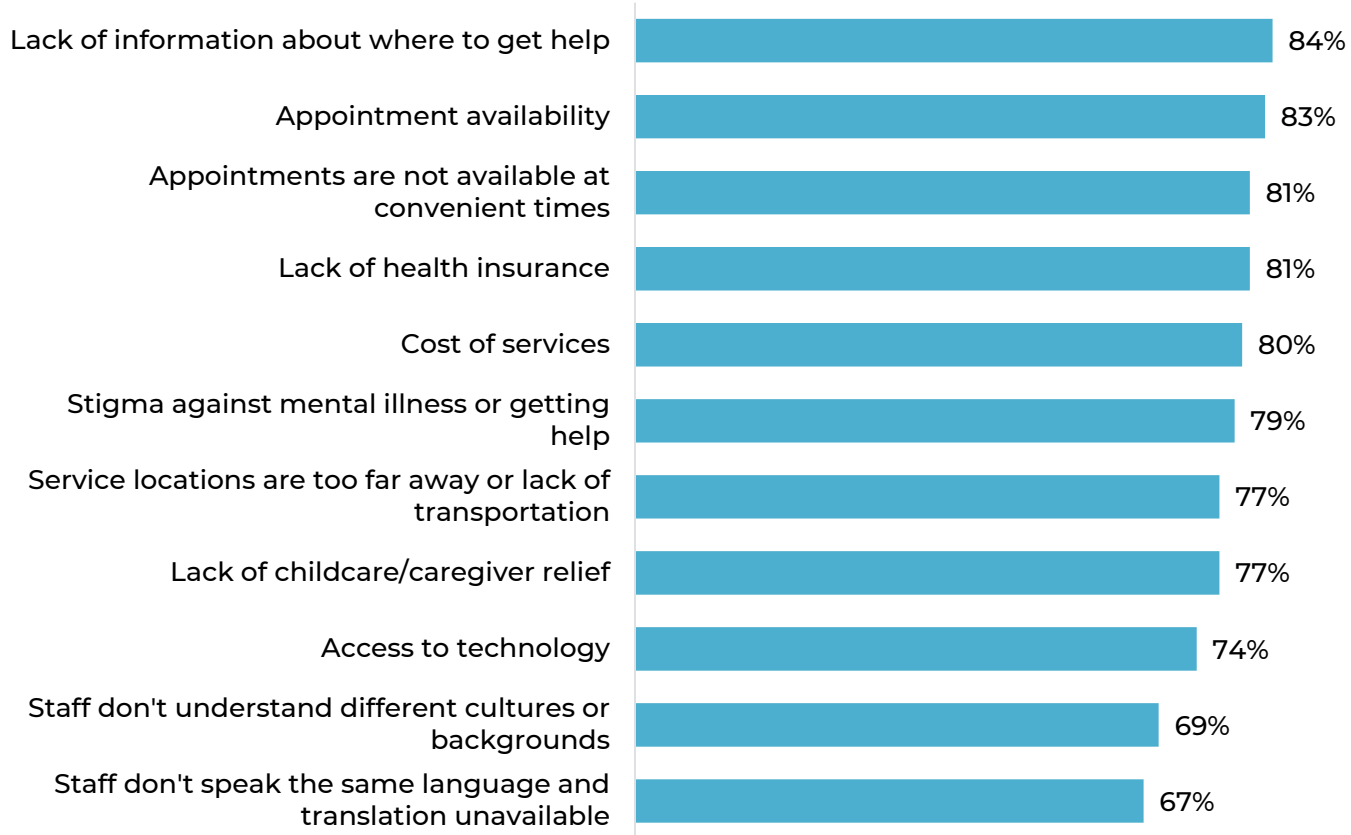
Figure 51. If you needed substance use treatment, counseling or other help, in the last 12 months, were you able to receive it?



n=55
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.



Figure 52. Barriers to Accessing Mental and Behavioral Health Services in Monterey County (Respondents of All Ages)



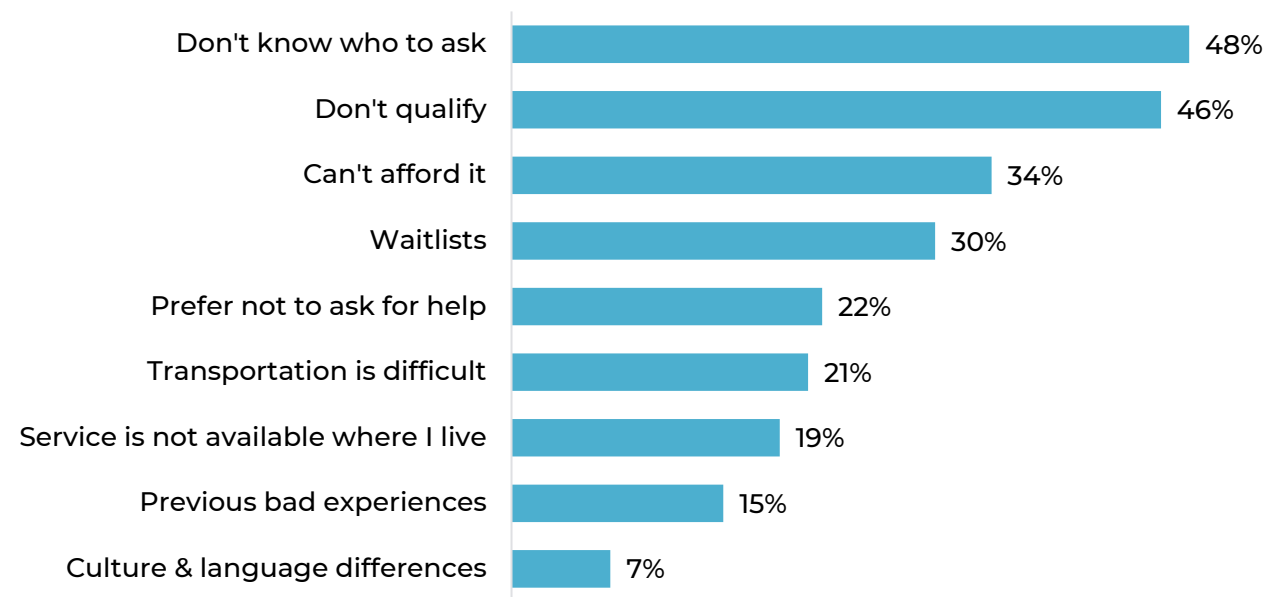
n=681-703 responses

Source: Monterey County Behavioral Health Department. (2024). Mental Health Services Act Community Program Planning Process Survey 2023.

Note: Multiple response option, percentages will not add up to 100%.



Figure 53. Barriers to Services in Monterey County (Respondents of All Ages)



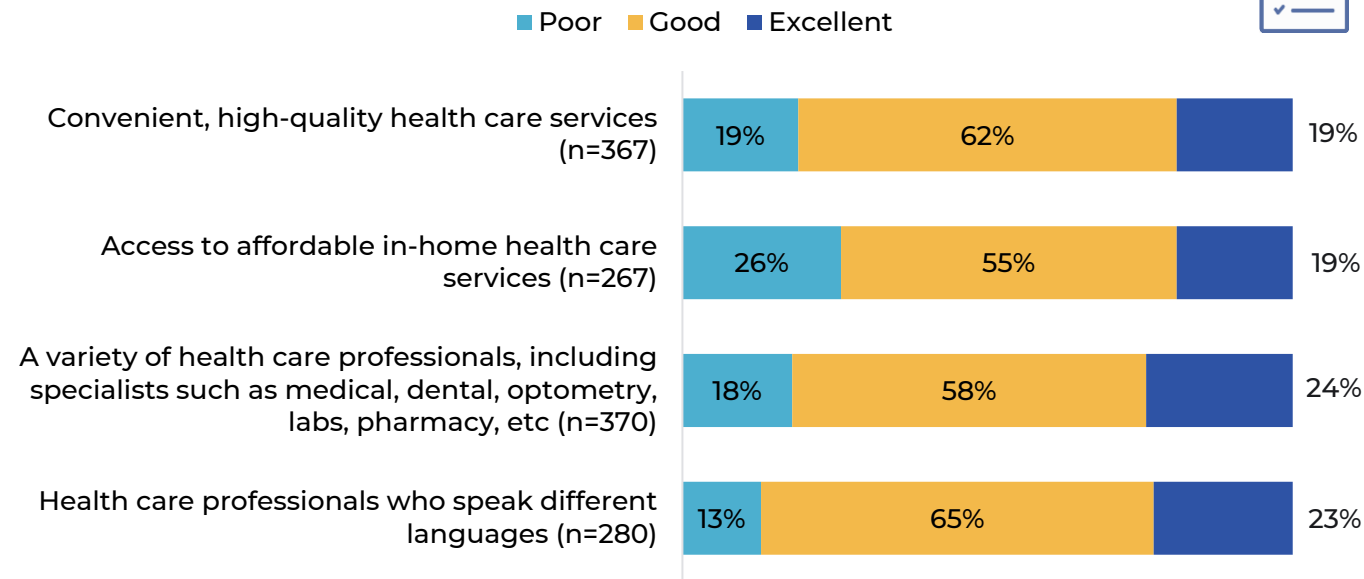
n=1,126 for the survey; question specific sample sizes are unknown

Source: Monterey County Area Agency on Aging (AAA) 2020-2024 Area Plan. (2024). 2019 Monterey County Needs Assessment Survey.

Note: Multiple response option, percentages will not add up to 100%.

Figure 54. How would you rate your community for having each of the following related to health care services?

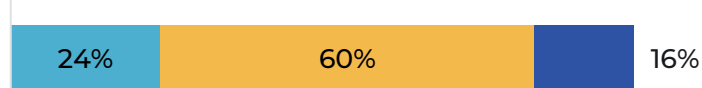
All Respondents



Respondents Aged 60+ with a Disability

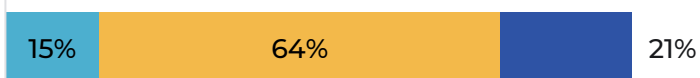
■ Poor ■ Good ■ Excellent

Health care professionals that understand the needs of older adults & people with disabilities (n=180)



Respondents Aged 60+ without a Disability

Health care professionals that understand the needs of older adults (n=135)



Respondents Aged 18-59 with a Disability

Health care professionals that understand the needs of people with disabilities (n=26)



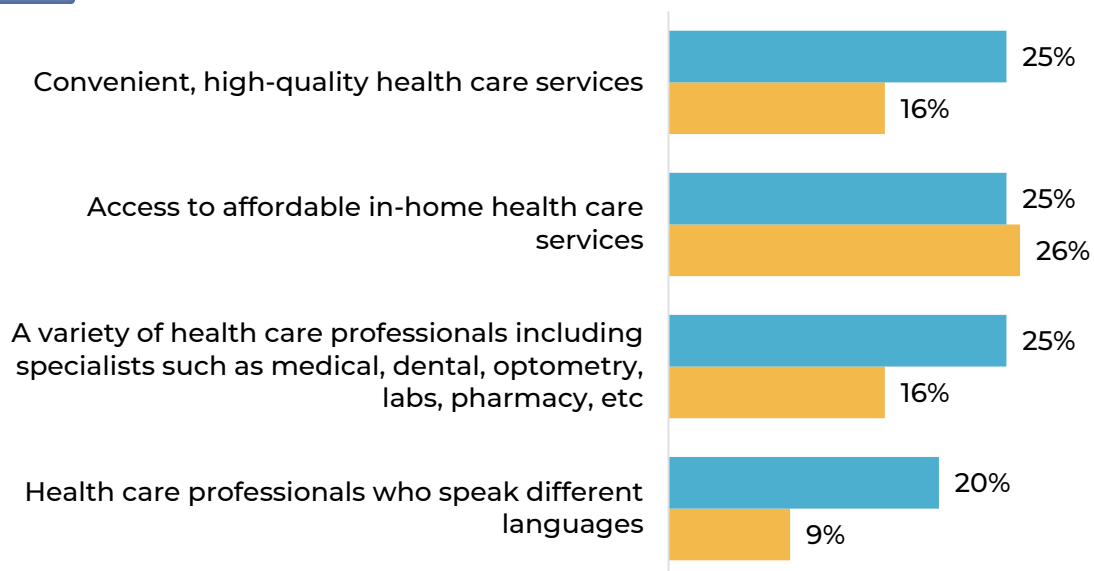
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Percentages may not add up to 100% due to rounding.

Figure 55. How would you rate your community for having each of the following related to health care services? (Percent of respondents selecting “Poor”, by Race/Ethnicity)



■ Hispanic/Latin(a)(o)(x)(e) ■ Non-Hispanic/Latin(a)(o)(x)(e)

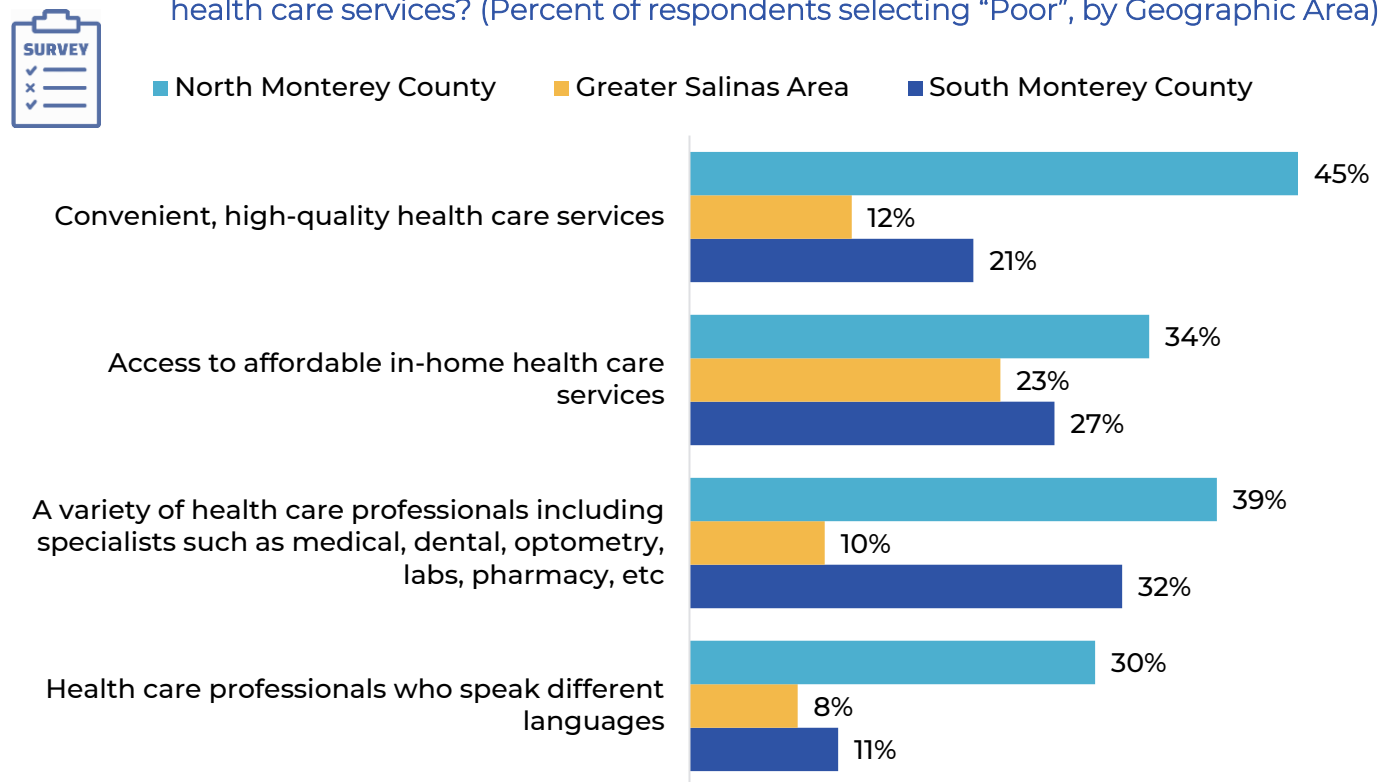


Hispanic/Latin(a)(o)(x)(e) n=91-107; Non-Hispanic/Latin(a)(o)(x)(e) n=176-263 (Ns differ for each statement due to crosstabulation and response rates)

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 56. How would you rate your community for having each of the following related to health care services? (Percent of respondents selecting “Poor”, by Geographic Area)



North Monterey County n=47-62; Greater Salinas Area n=168-246; South Monterey County n=52-63 (Ns differ for each statement due to crosstabulation and response rates)

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

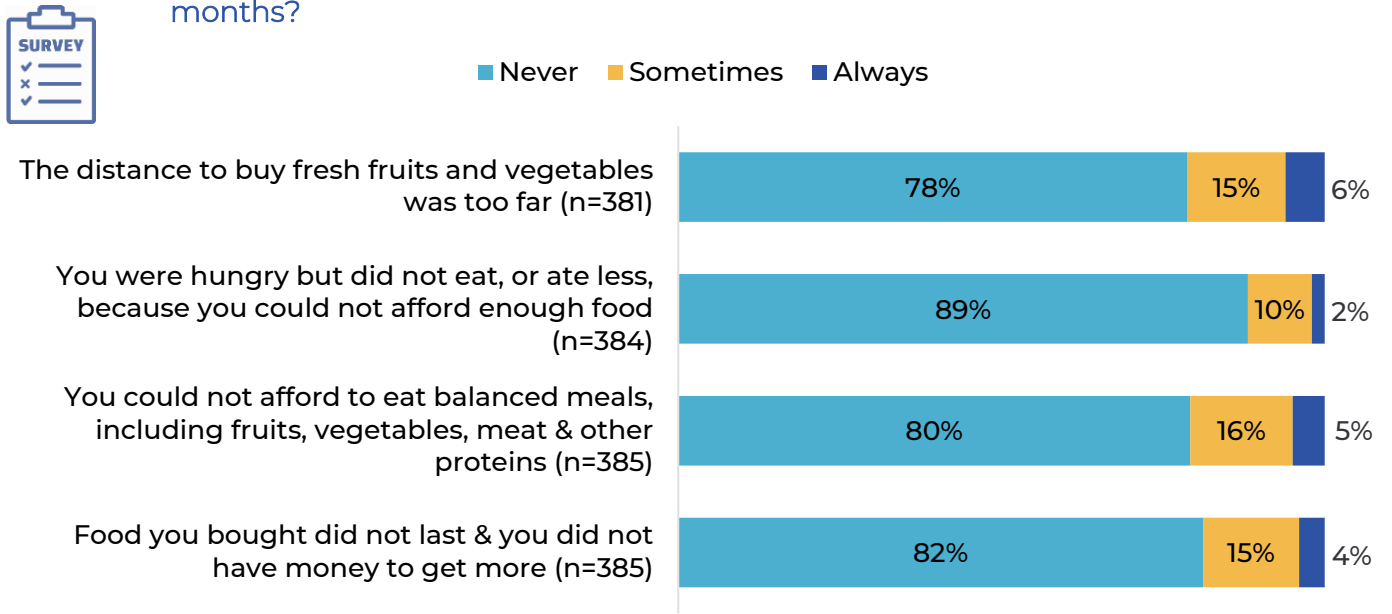


Community Supports

Twenty-one percent (21%) of all survey respondents reported that at least “sometimes” they could not afford to eat balanced meals, including fruits, vegetables, meat and other proteins. Similarly, 21% of respondents reported that at least “sometimes” the distance to buy fresh fruits and vegetables was too far. Notably, Hispanic/Latin(a)(o)(x)(e) survey respondents, respondents with a disability, and those from North County reported higher rates of most issues related to food insecurity.

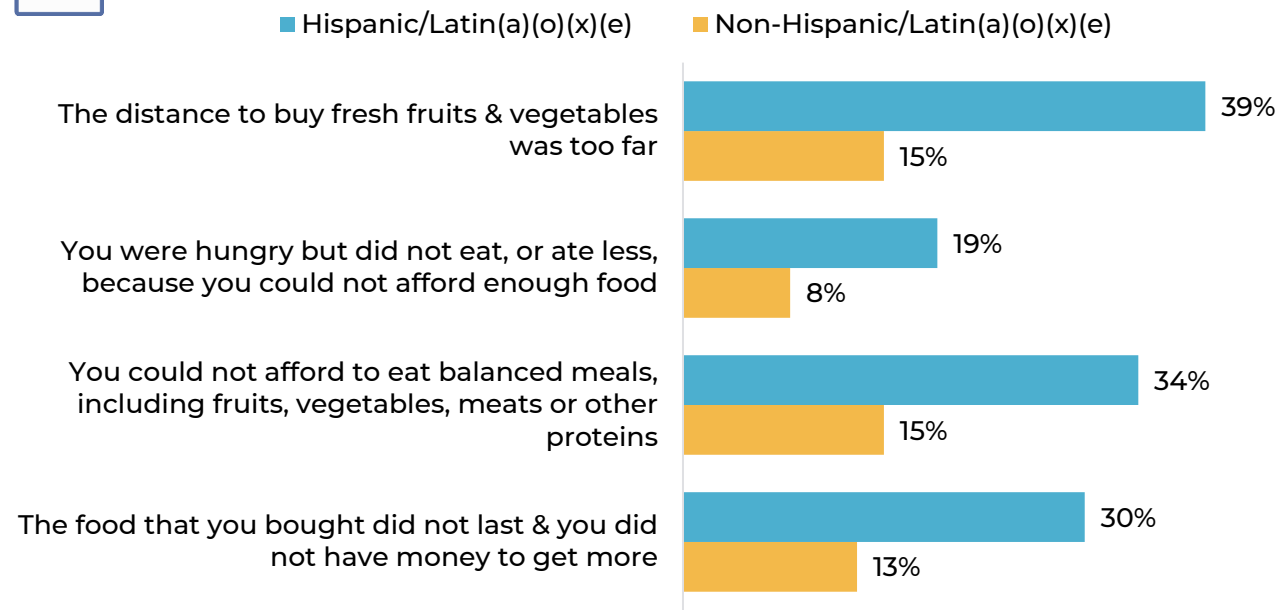
Regarding awareness of community supports, rates among all survey respondents varied from 55% (knowledge about resources for those visually impaired) to 86% (information about Medicare and Medi-Cal). When asked about top needs or challenges in the communities where they live, transportation, housing, and health care were identified as the top needs for both older adults and people with disabilities.

Figure 57. How often did you or your household experience the following in the last 12 months?



Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Percentages may not add up to 100% due to rounding.

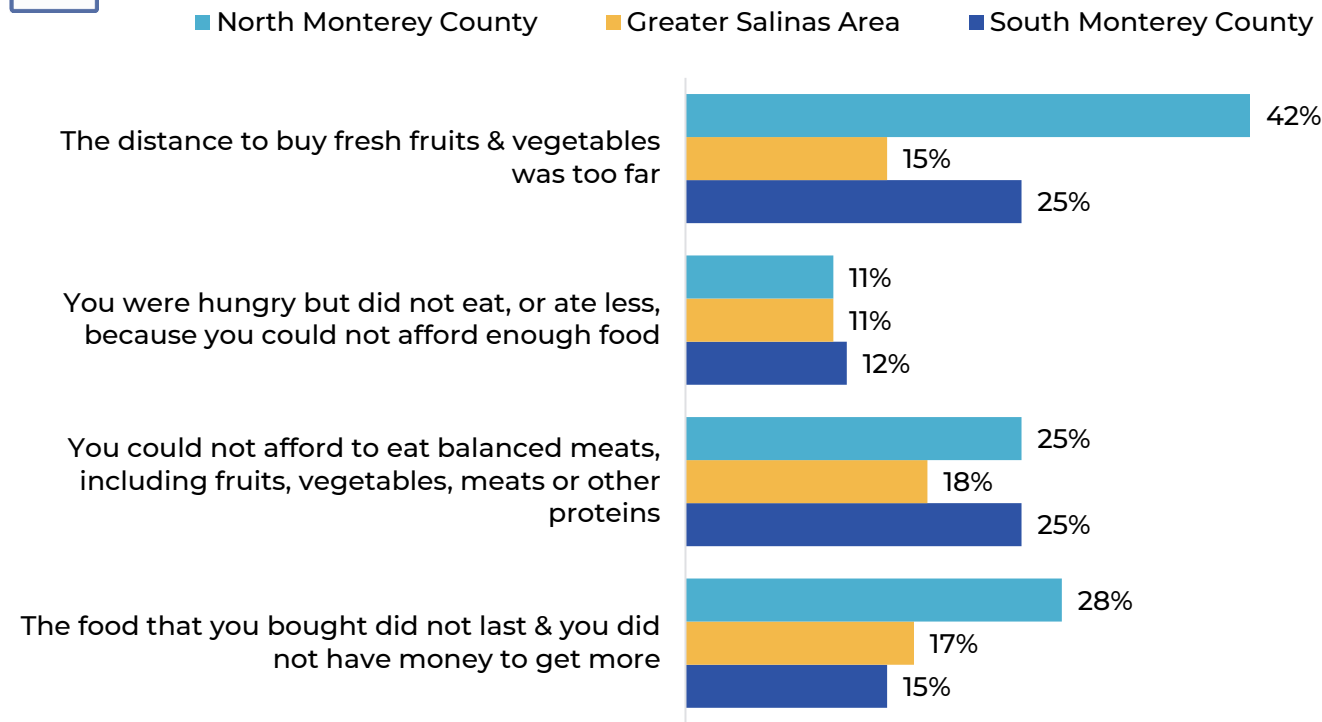
Figure 58. How often did you or your household experience the following in the last 12 months? (Percent of respondents selecting “Sometimes” or “Always”, by Race/Ethnicity)



Hispanic/Latin(a)(o)(x)(e) n=108-109; Non-Hispanic/Latin(a)(o)(x)(e) n=273-276 (Ns differ for each statement due to crosstabulation and response rates)
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



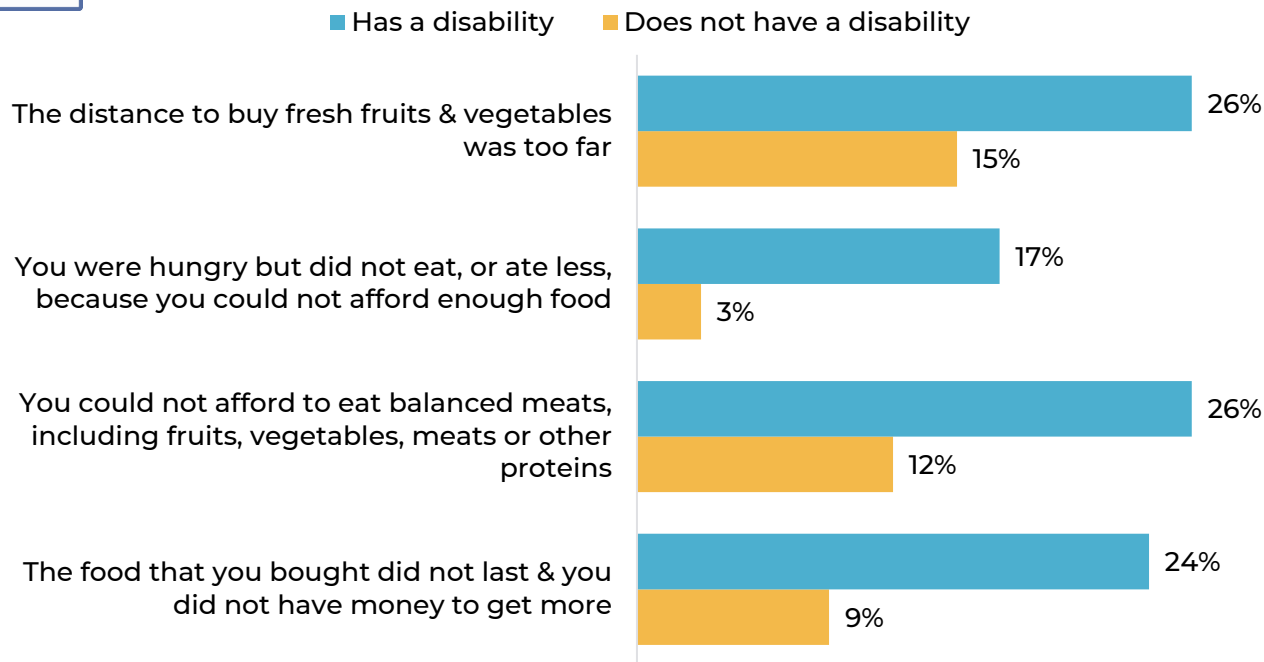
Figure 59. How often did you or your household experience the following in the last 12 months? (Percent of respondents selecting “Sometimes” or “Always”, by Geographic Area)



North Monterey County n=64-65; Greater Salinas Area n=253-255; South Monterey County n=64-65 (Ns differ for each statement due to crosstabulation and response rates)
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



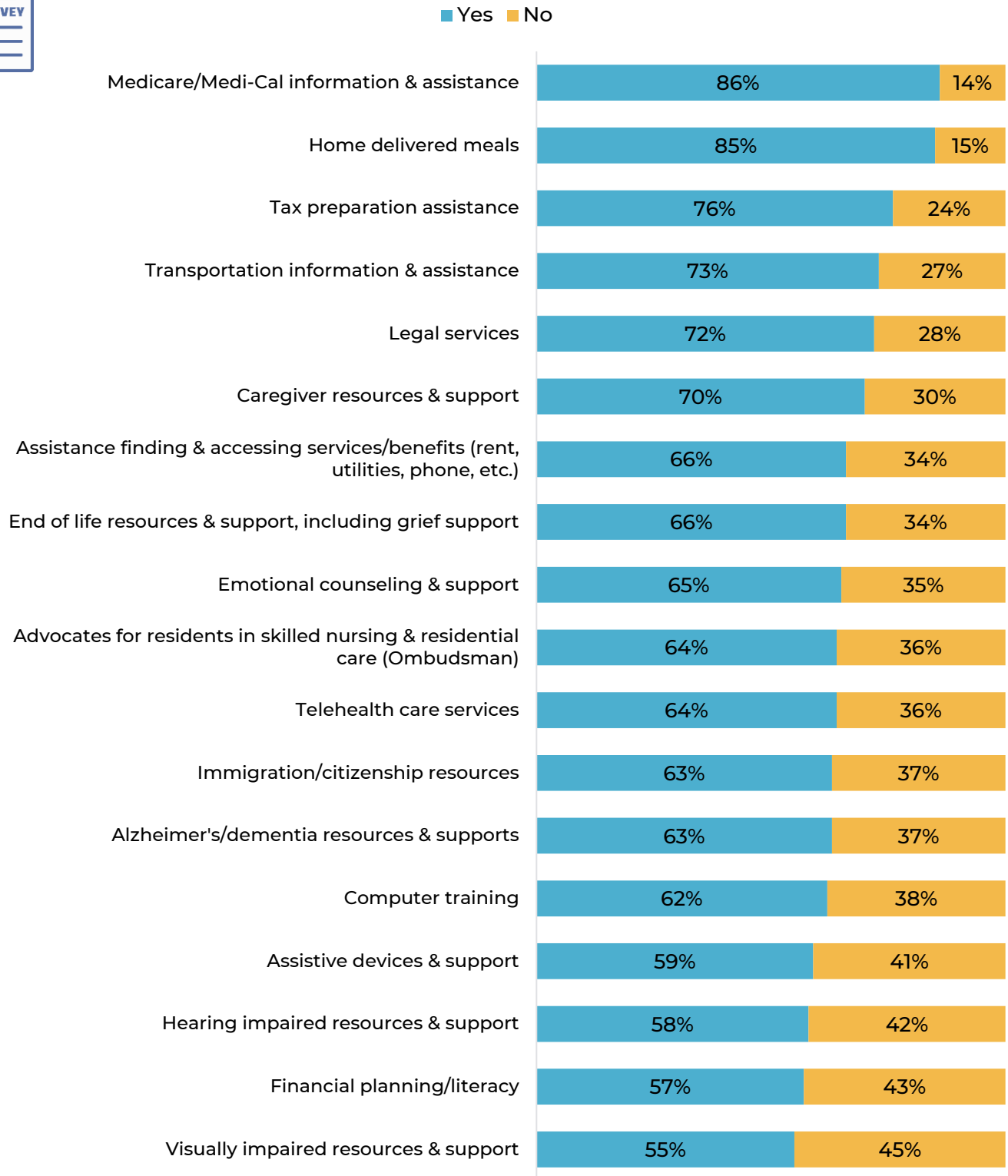
Figure 60. How often did you or your household experience the following in the last 12 months? (Percent of respondents selecting “Sometimes” or “Always”, by Disability Status)



Has a disability n=233-237; Does not have a disability n=148 (Ns differ for each statement due to crosstabulation and response rates)
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



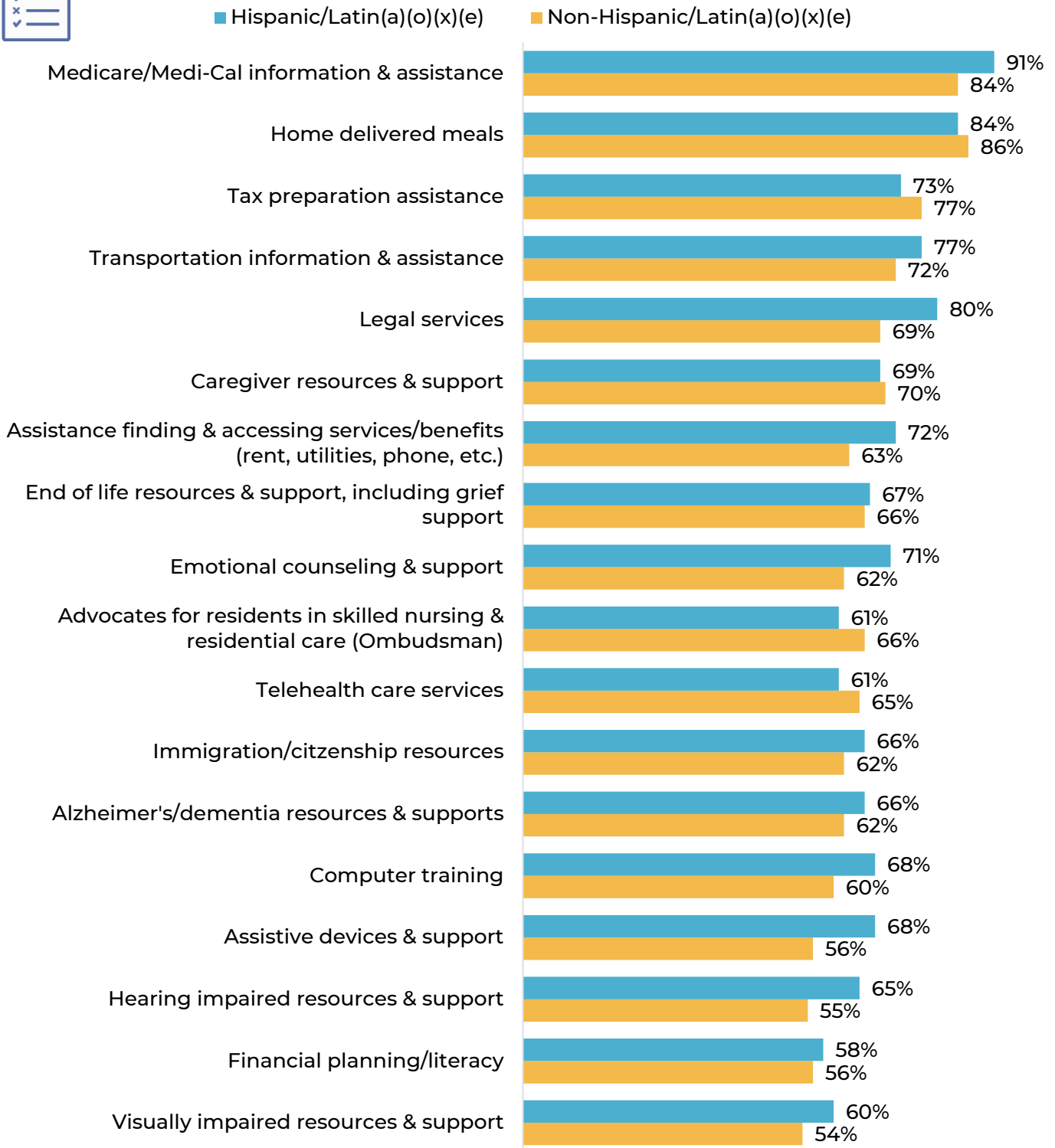
Figure 61. Are you aware of the following supports in the community?



n=380

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Figure 62. Are you aware of the following supports in the community? (Percent of respondents selecting “Yes”, by Race/Ethnicity)



Hispanic/Latin(a)(o)(x)(e) n=109; Non-Hispanic/Latin(a)(o)(x)(e) n=271

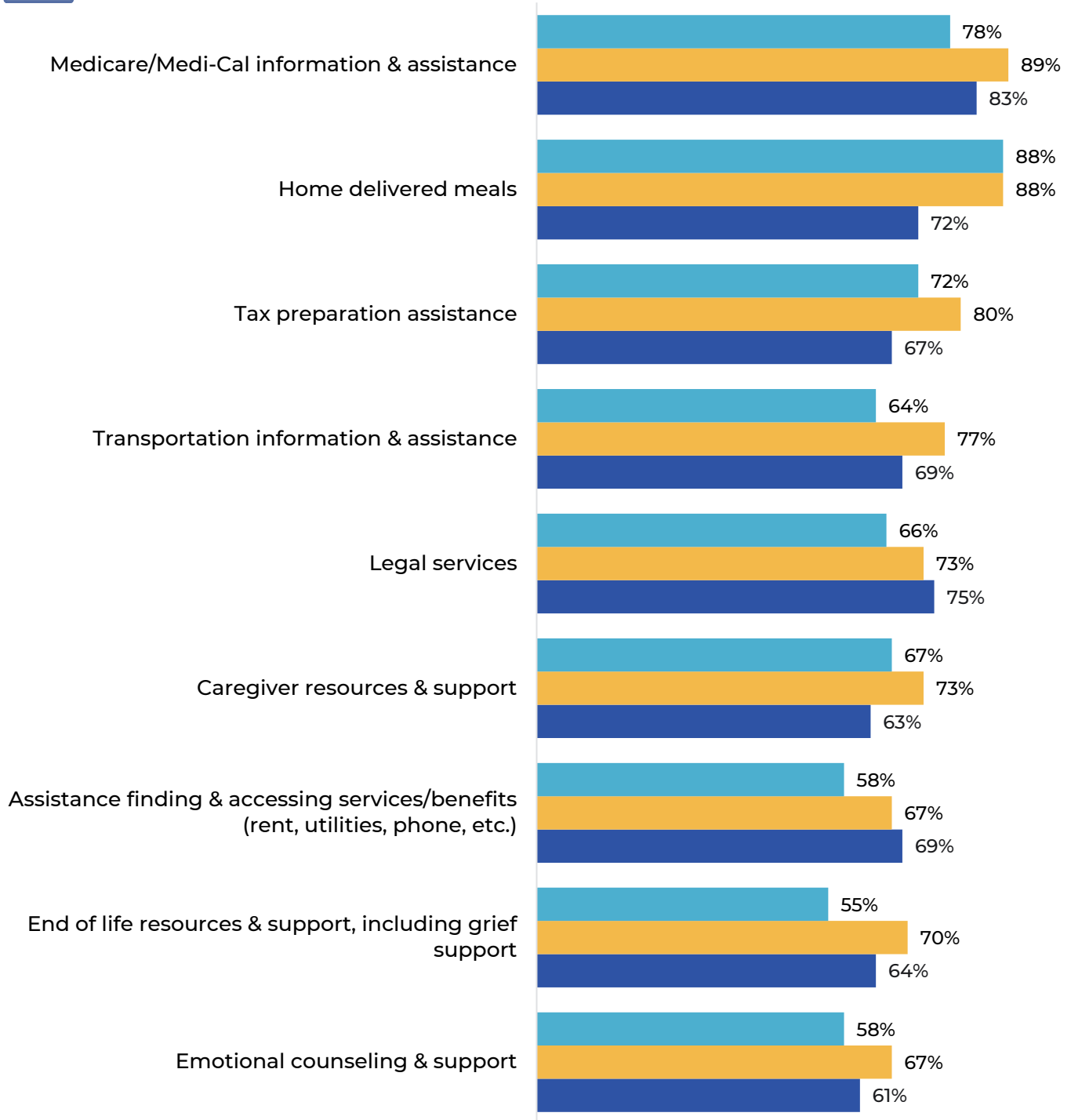
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 63. Are you aware of the following supports in the community? (Percent of respondents selecting “Yes”, by Geographic Area)



■ North Monterey County ■ Greater Salinas Area ■ South Monterey County



North Monterey County n=64; Greater Salinas Area n=252; South Monterey County n=64

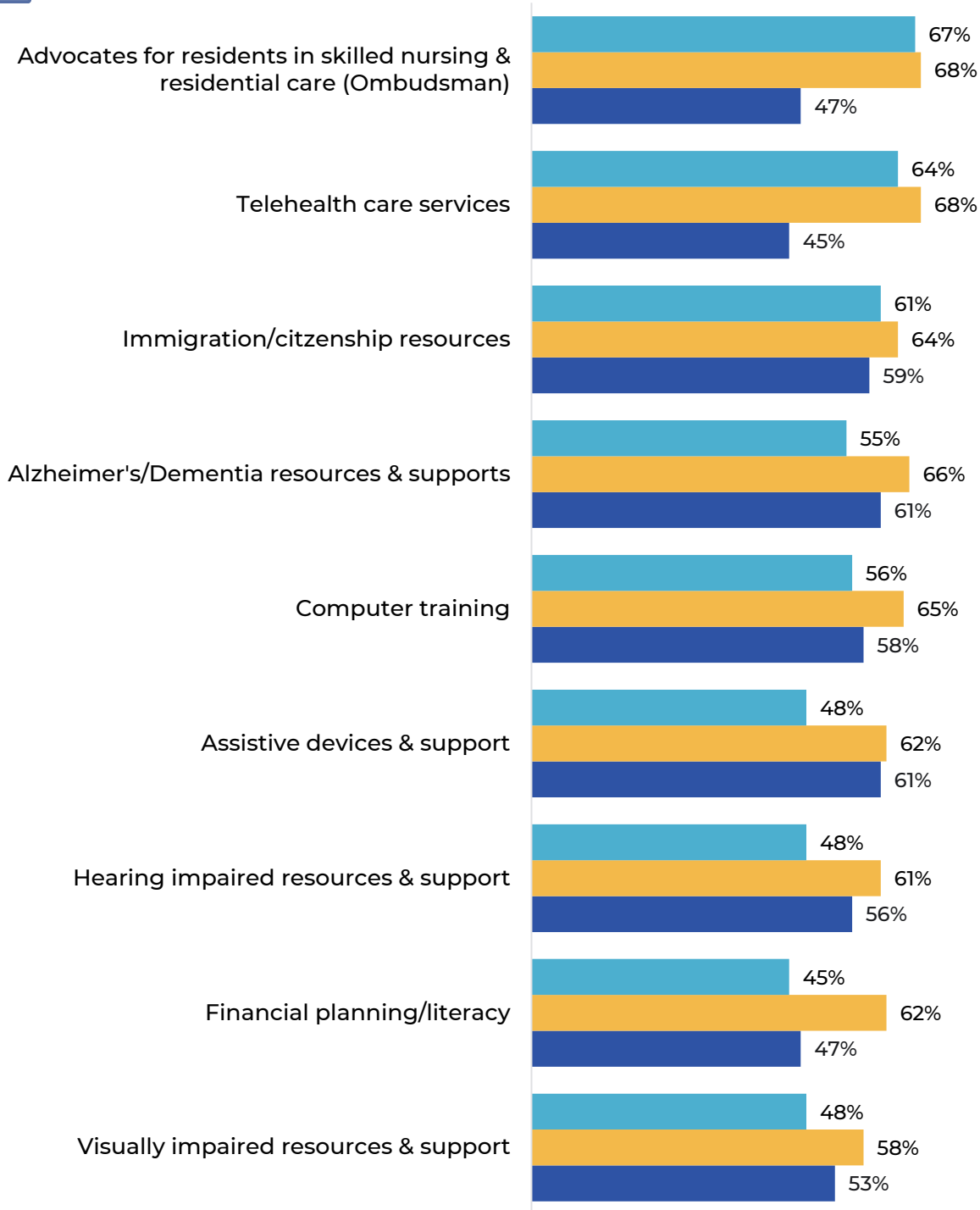
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 64. [Continued] Are you aware of the following supports in the community? (Percent of respondents selecting "Yes", by Geographic Area)



■ North Monterey County ■ Greater Salinas Area ■ South Monterey County

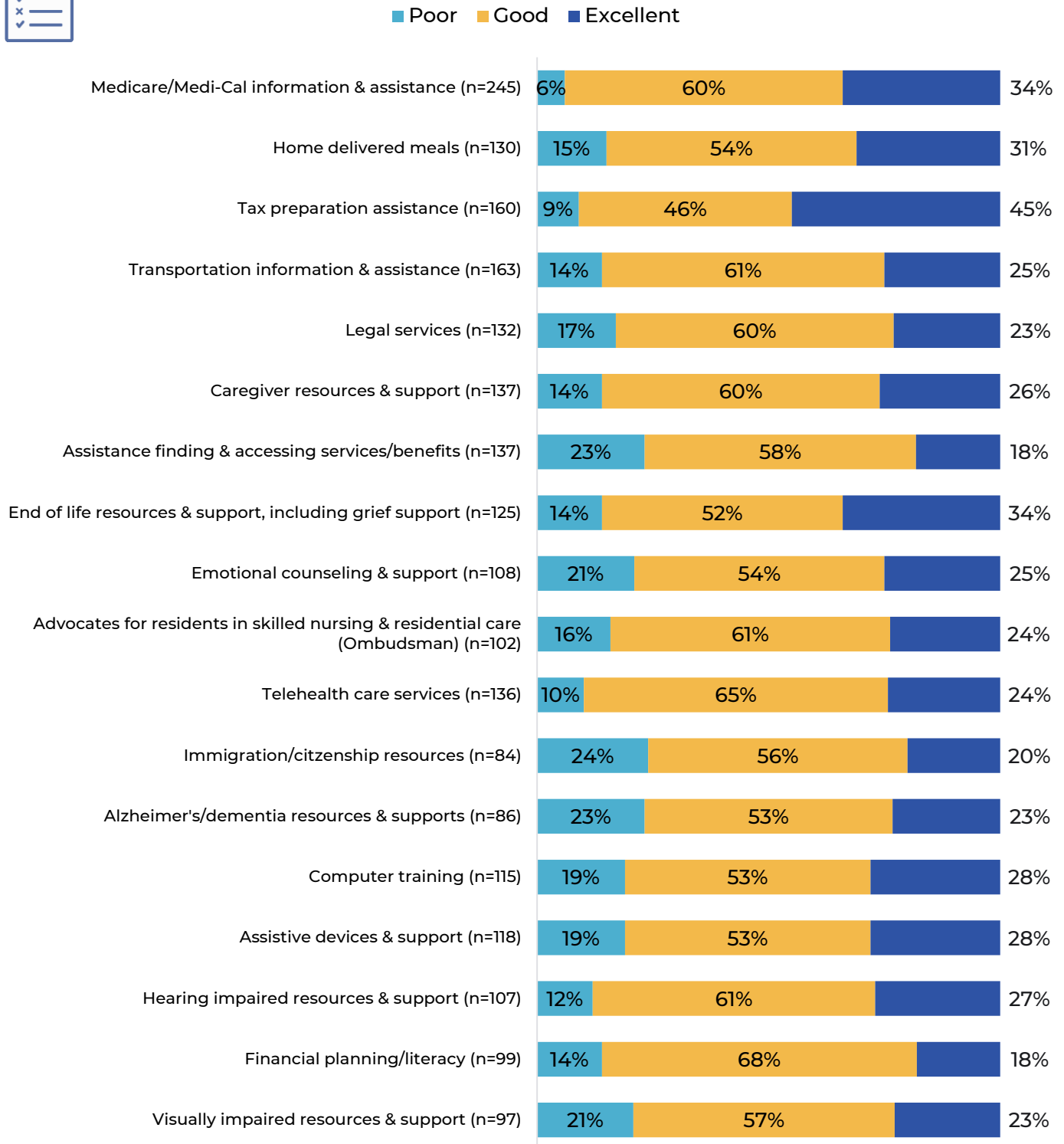


North Monterey County n=64; Greater Salinas Area n=252; South Monterey County n=64

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 65. If you are aware of and have accessed the following supports, please rate accessibility.



Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Percentages may not add up to 100% due to rounding.

Figure 66. Are you aware of affordable health and wellness programs for older adults and/or people with disabilities (e.g., classes related to fitness, nutrition, smoking cessation, weight control, etc.)?

Respondents Aged 60+ with a Disability



■ Yes ■ No

Affordable health & wellness programs geared towards older adults & people with disabilities (n=206)



Respondents Aged 60+ without a Disability

Affordable health & wellness programs geared towards older adults (n=148)



Respondents Aged 18-59 with a Disability

Affordable health & wellness programs geared towards people with disabilities (n=26)



Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

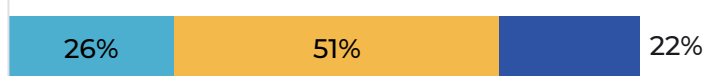
Figure 67. If you are aware of and have accessed affordable health and wellness programs for older adults and/or people with disabilities, please rate accessibility.

Respondents Aged 60+ with a Disability



■ Poor ■ Good ■ Excellent

Affordable health & wellness programs geared towards older adults & people with disabilities (n=72)



Respondents Aged 60+ without a Disability

Affordable health & wellness programs geared towards older adults (n=55)



Respondents Aged 18-59 with a Disability

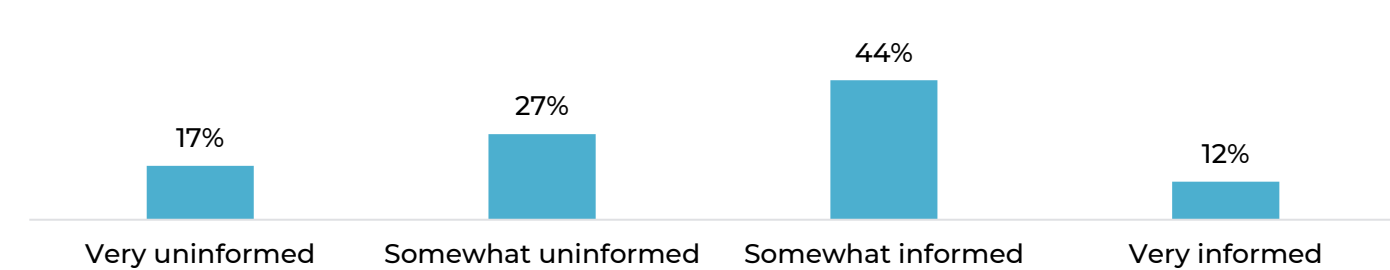
Affordable health & wellness programs geared towards people with disabilities (n=7)



Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

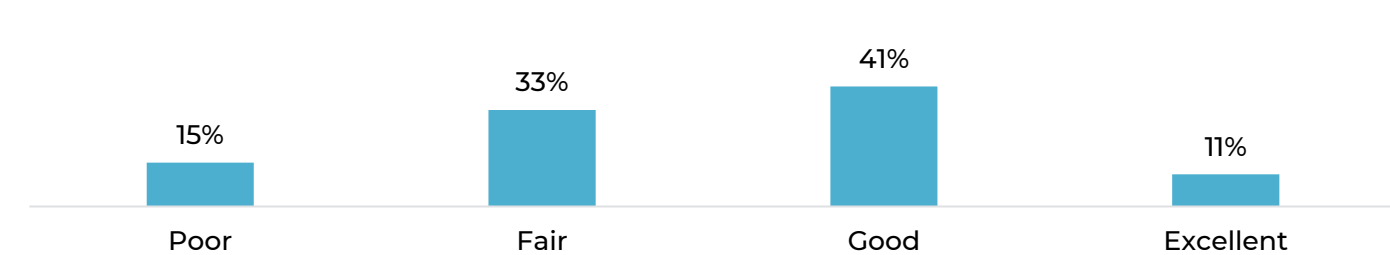
Note: Percentages may not add up to 100% due to rounding.

Figure 68. Rating of How Informed Community Members Felt About Services and Activities Available to Older Adults in Monterey County (Respondents Aged 55+)



n=511
Source: 2023 Community Assessment Survey for Older Adults (CASOA). Area Agency on Aging (AAA) Division Department of Social Services County of Monterey. (2024).

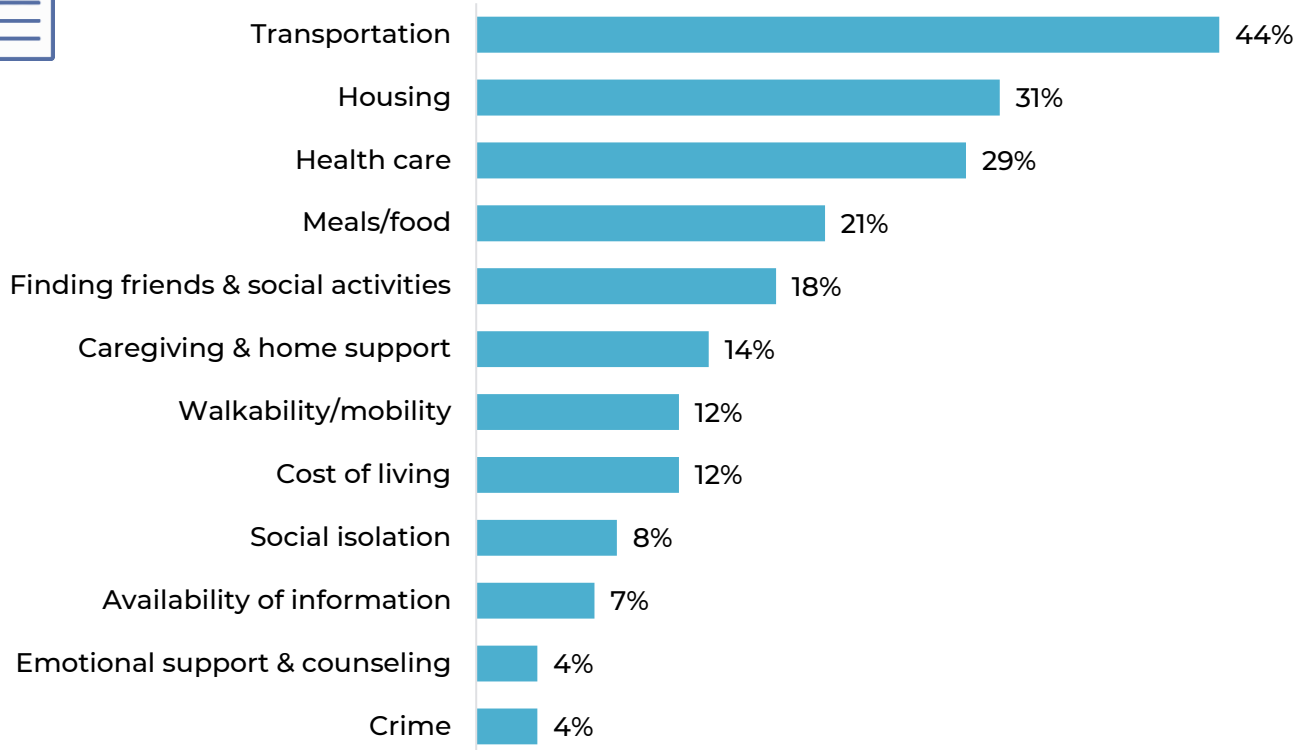
Figure 69. Rating of Overall Services Provided to Older Adults in Monterey County (Respondents Aged 55+)



n=352
Source: 2023 Community Assessment Survey for Older Adults (CASOA). Area Agency on Aging (AAA) Division Department of Social Services County of Monterey. (2024).



Figure 70. What are the top three needs or challenges facing older adults in the community where you live?



n=276 respondents offering 609 responses

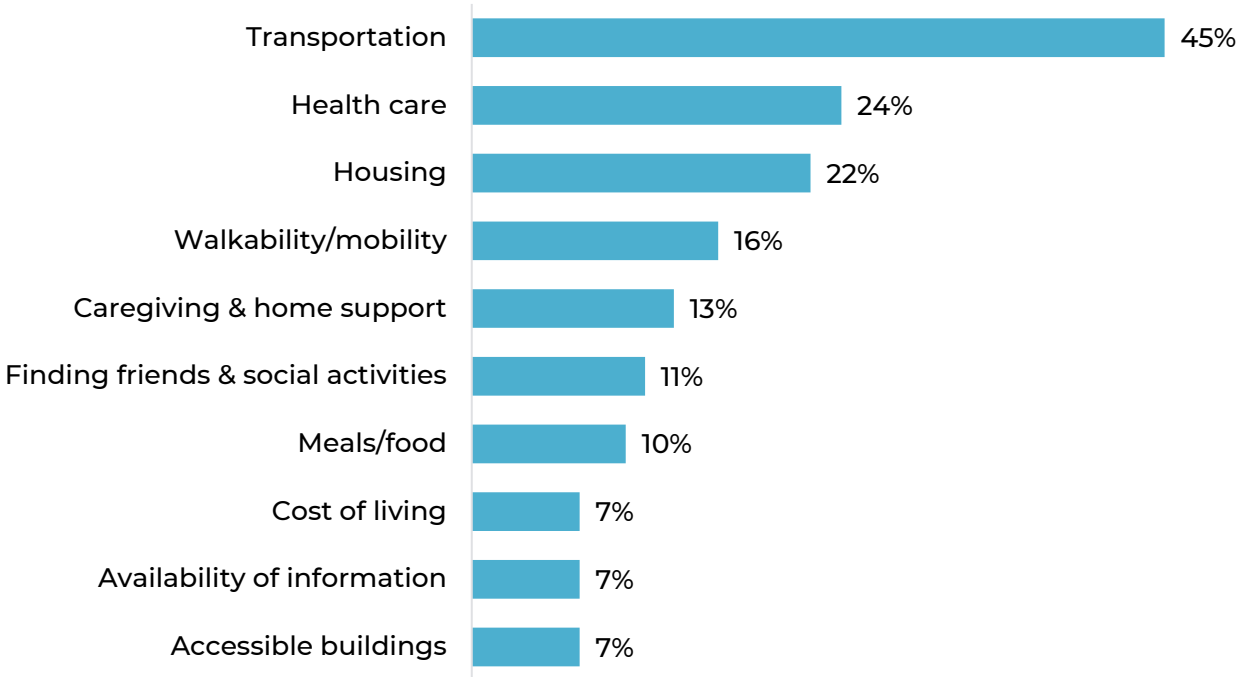
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Open ended responses were coded. Only respondents who were ages 60 and over received this question.

Note: Data shown includes needs/challenges with 10 or more responses.



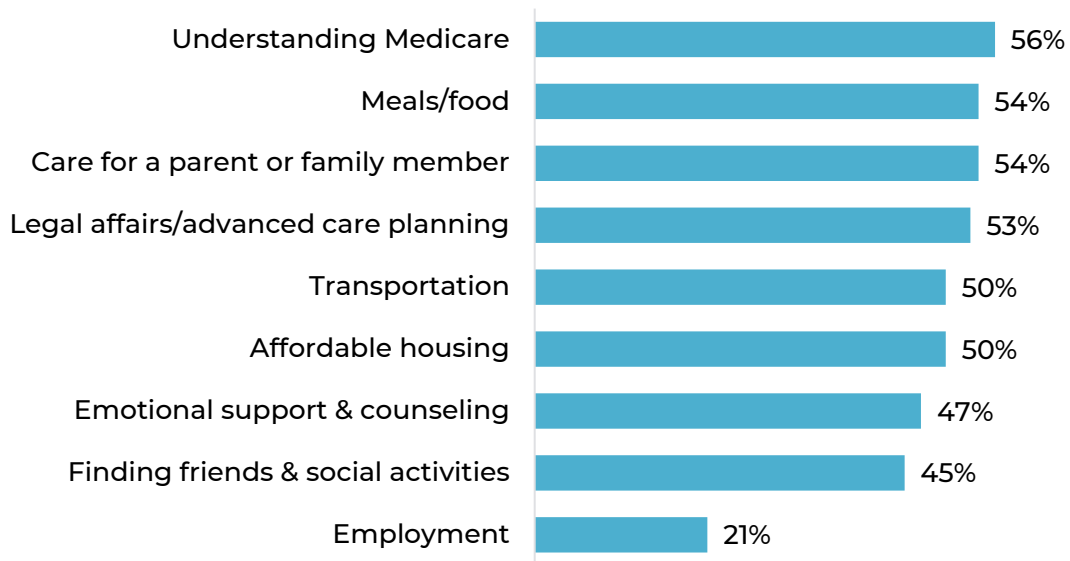
Figure 71. What are the top three needs or challenges facing people with disabilities in the community where you live?



n=162 respondents offering 339 responses
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Open ended responses were coded. Only respondents who reported having at least one disability received this question.
Note: Data shown includes needs/challenges with 10 or more responses.



Figure 72. Priority Needs for Older Adults in Monterey County, Now and in the Future (Respondents of All Ages)

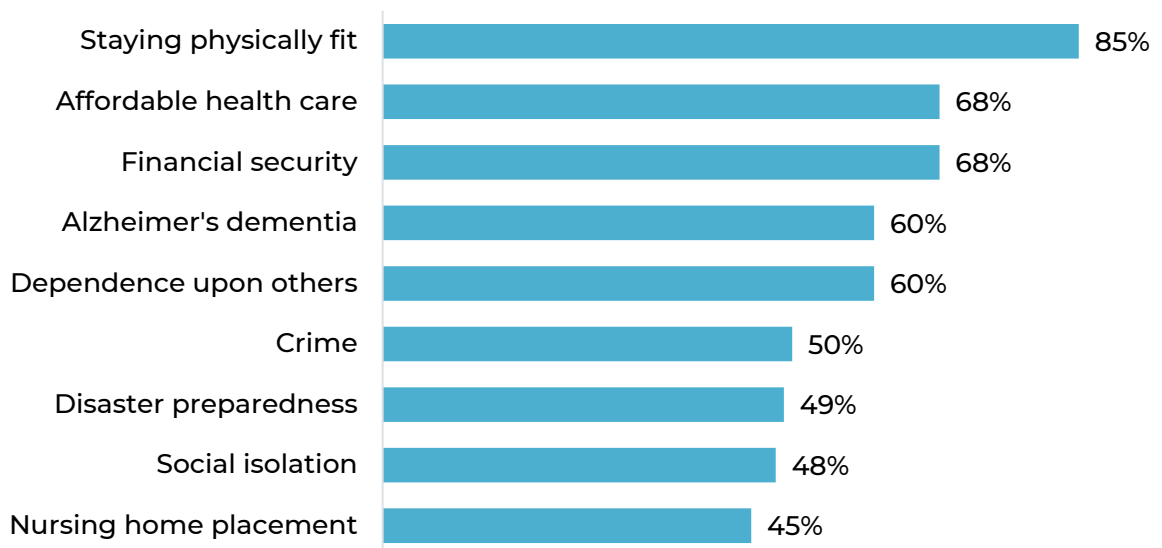


n=1,126 for the survey; question specific sample sizes are unknown

Source: Monterey County Area Agency on Aging (AAA) 2020-2024 Area Plan. (2024). 2019 Monterey County Needs Assessment Survey.

Note: Multiple response option, percentages will not add up to 100%.

Figure 73. Concerns Among Older Adults in Monterey County, Now and in the Future (Respondents of All Ages)

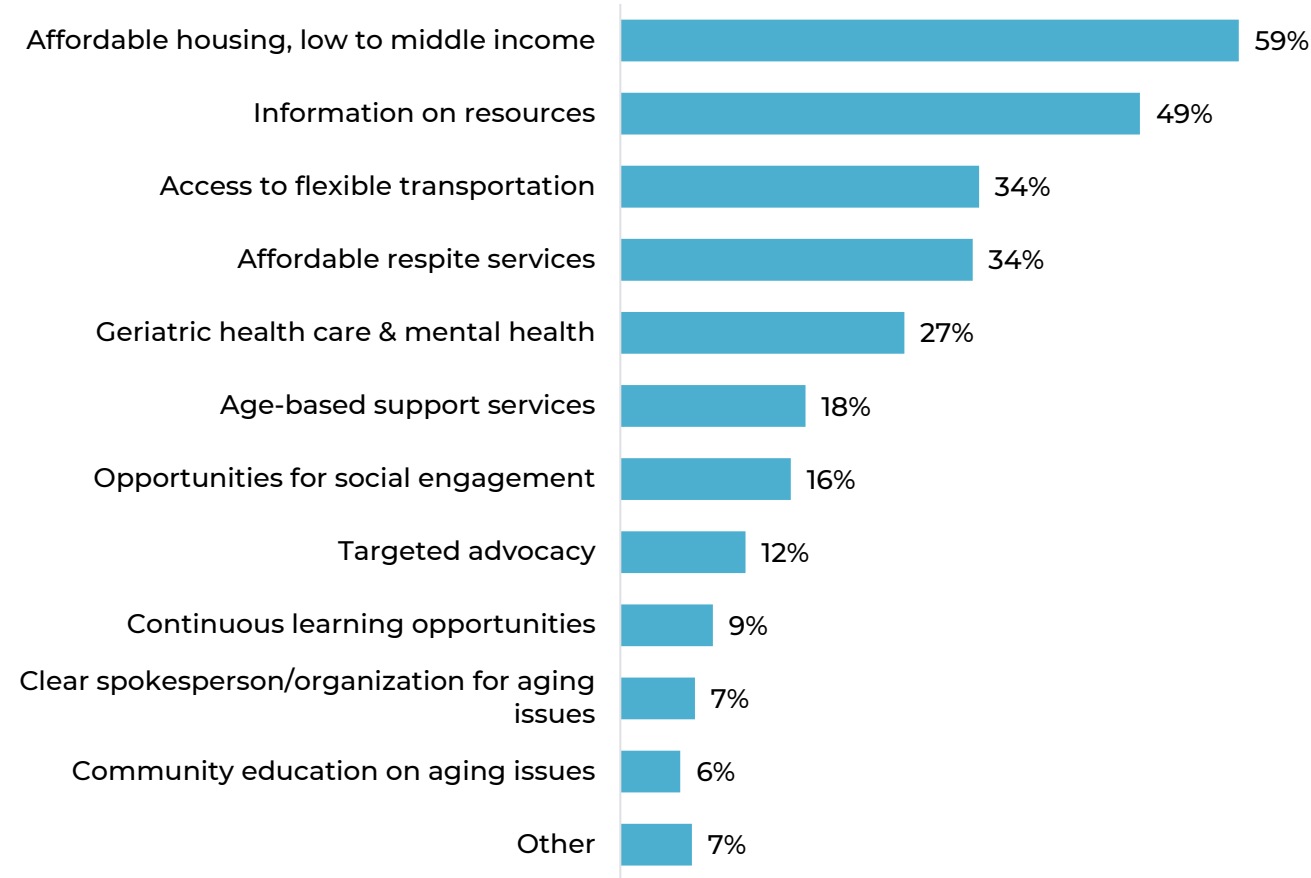


n=1,126 for the survey; question specific sample sizes are unknown

Source: Monterey County Area Agency on Aging (AAA) 2020-2024 Area Plan. (2024). 2019 Monterey County Needs Assessment Survey.

Note: Multiple response option, percentages will not add up to 100%.

Figure 74. Ways to Best Support and Promote the Health of Individuals 50+ in Monterey County (Respondents of All Ages)



n=1,653 for the survey; question specific sample sizes are unknown
Source: United Way Monterey County and Impact Monterey County. (2024). 2022 Community Aspirations Assessment.
Note: Multiple response option, percentages will not add up to 100%.



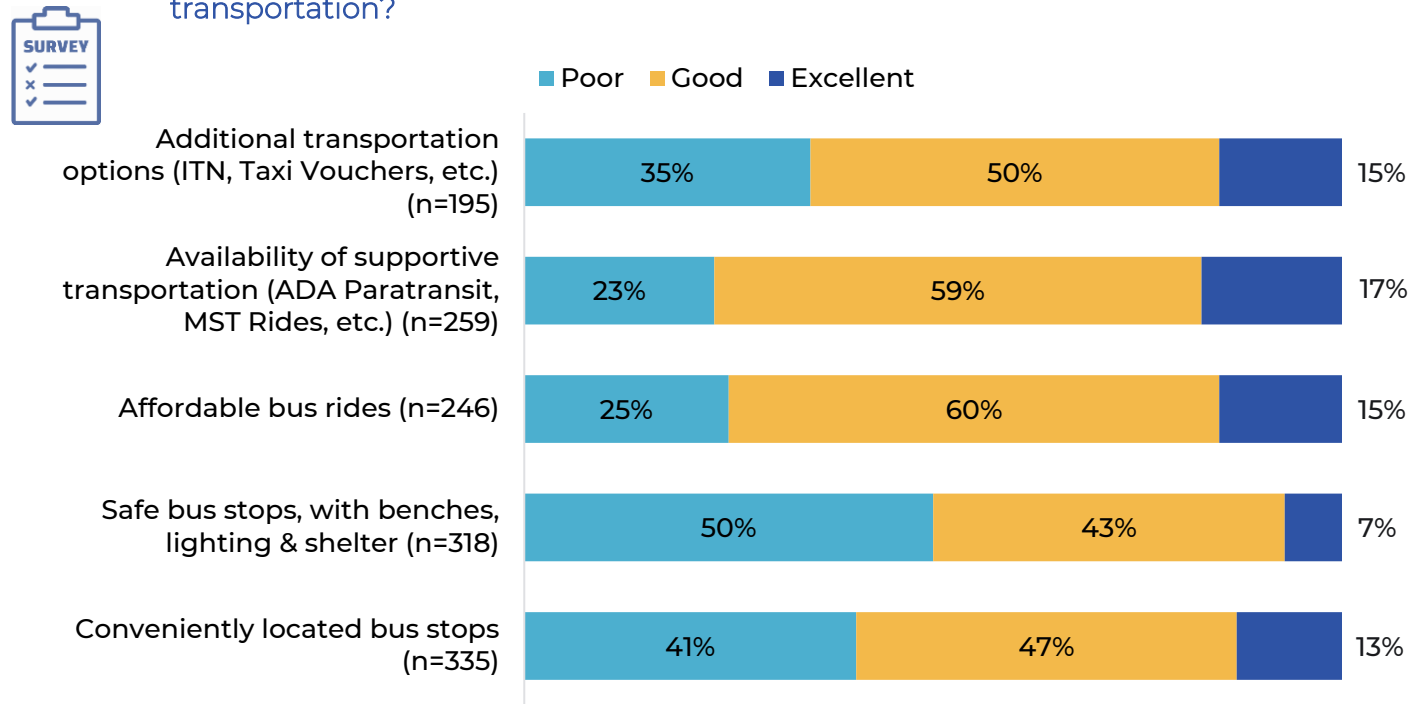
TRANSPORTATION

TRANSPORTATION IN A LIVABLE COMMUNITY

Age- and disability-friendly communities need to provide options beyond driving. Pedestrians need safe streets, crosswalks, and sidewalks. Cyclists and drivers benefit from bicycle lanes. Strong public transit systems offer a range of accessible and affordable options including trains, buses, taxis, and ride share services.

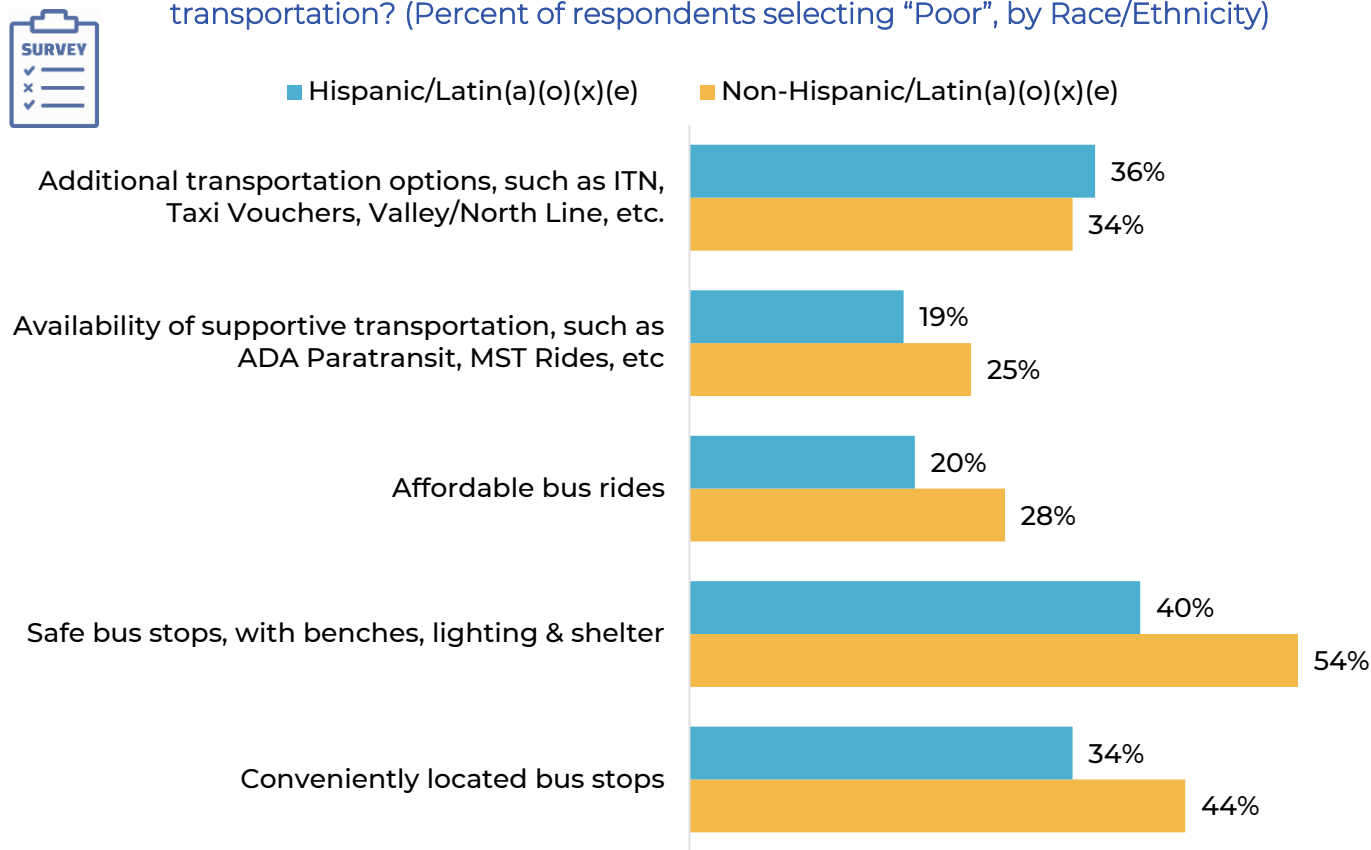
Half of all survey respondents (50%) rated the availability of safe bus stops as “poor”, followed by 41% who rated conveniently located bus stops as “poor”, and 35% who rated the availability of additional transportation options as “poor”. Compared to survey respondents from the other areas, North County respondents rated their community as “poor” at higher percentages across most statements related to transportation.

Figure 75. How would you rate your community for having each of the following related to transportation?



Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Percentages may not add up to 100% due to rounding.

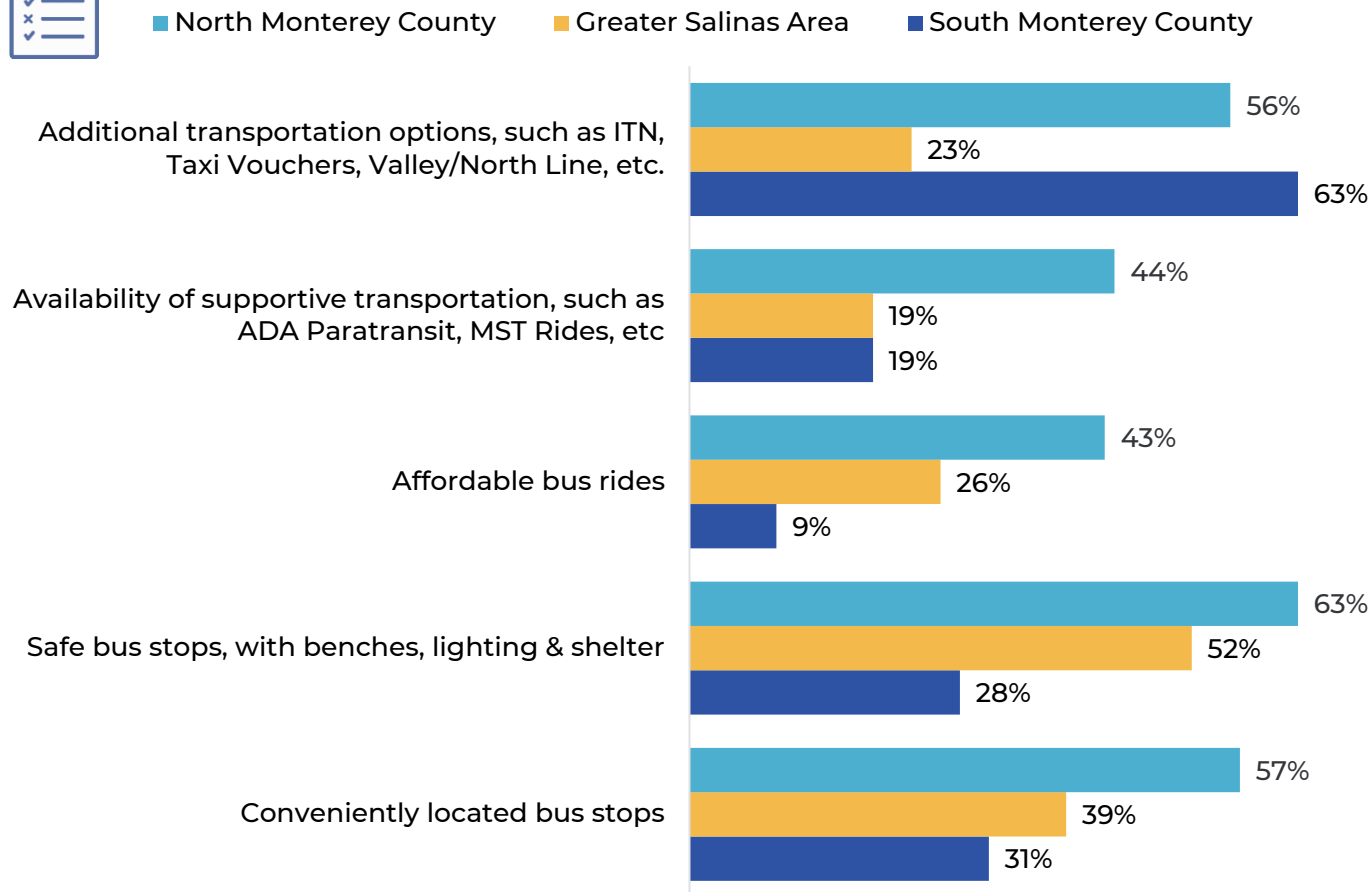
Figure 76. How would you rate your community for having each of the following related to transportation? (Percent of respondents selecting “Poor”, by Race/Ethnicity)



Hispanic/Latin(a)(o)(x)(e) n=70-105; Non-Hispanic/Latin(a)(o)(x)(e) n=125-230 (Ns differ for each statement due to crosstabulation and response rates)
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



Figure 77. How would you rate your community for having each of the following related to transportation? (Percent of respondents selecting “Poor”, by Geographic Area)



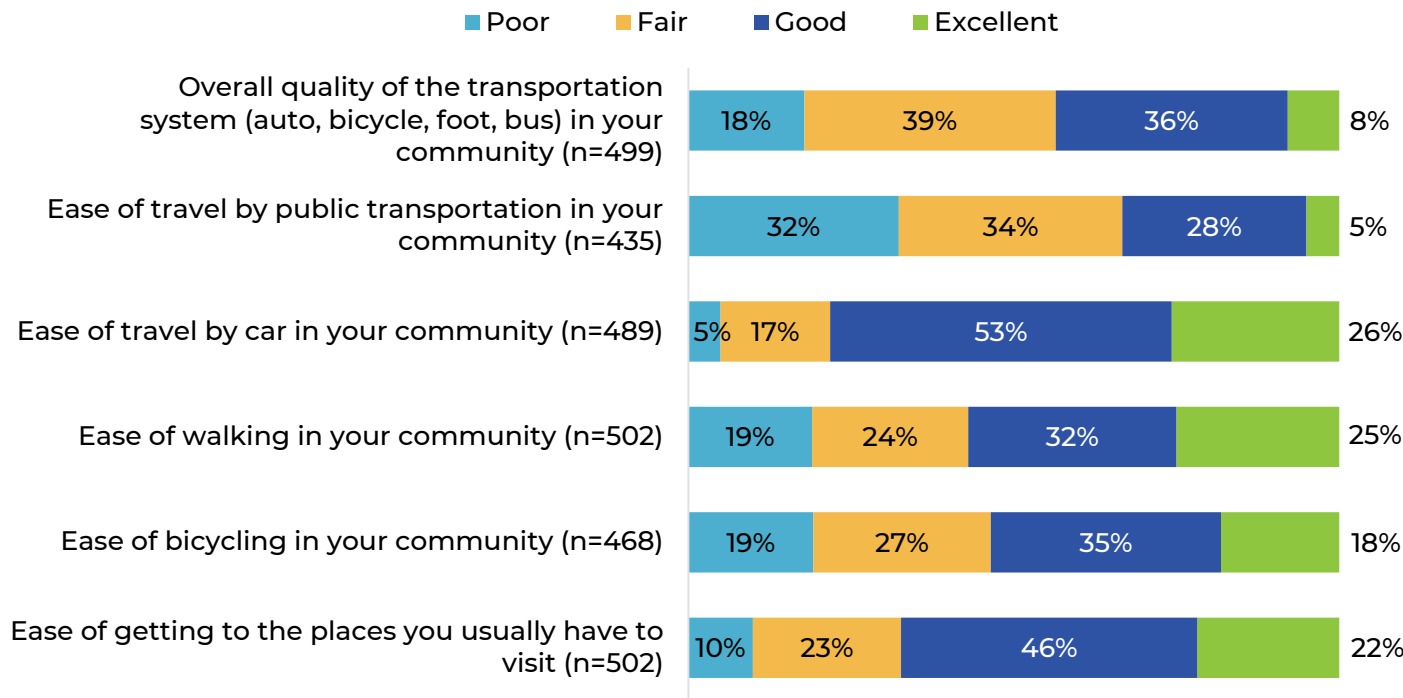
North Monterey County n=27-60; Greater Salinas Area n=133-217; South Monterey County n=35-58 (Ns differ for each statement due to crosstabulation and response rates)

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



Figure 78. Ratings of Mobility as They Relate to Older Adults in Monterey County (Respondents Aged 55+)



Source: (2024). 2023 Community Assessment Survey for Older Adults (CASOA). Area Agency on Aging (AAA) Division Department of Social Services County of Monterey.
Note: Percentages may not add up to 100% due to rounding.



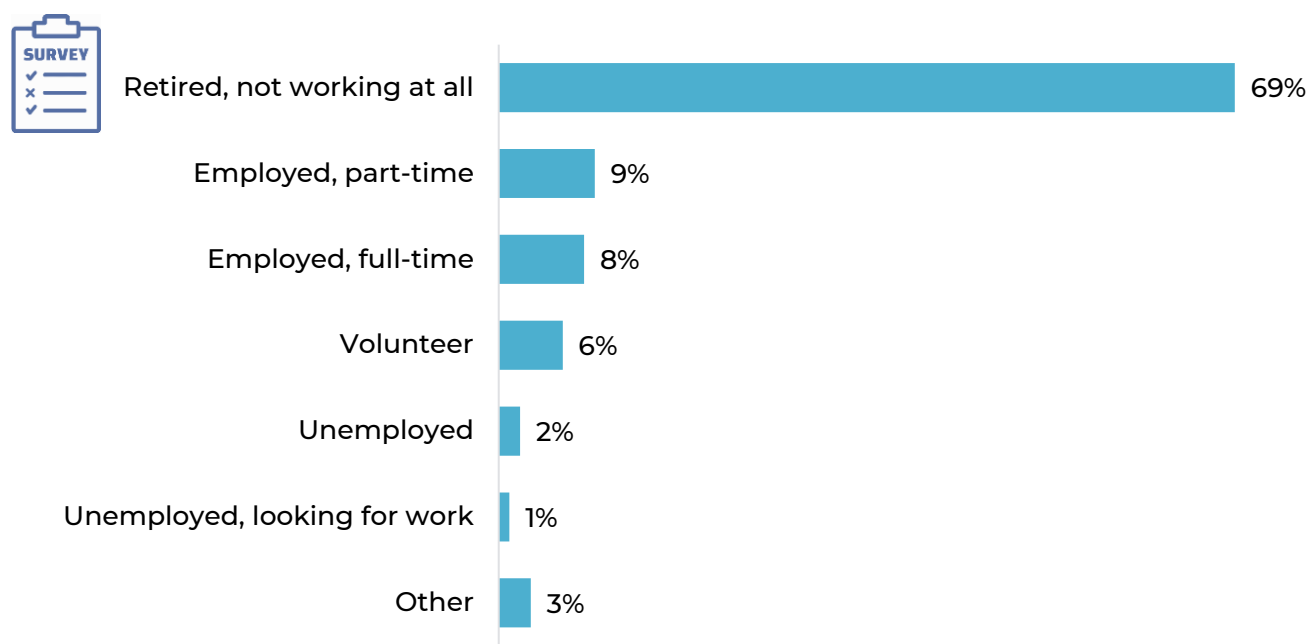
CIVIC PARTICIPATION AND EMPLOYMENT

CIVIC PARTICIPATION AND EMPLOYMENT IN A LIVABLE COMMUNITY

Older adults and people with disabilities benefit from being actively engaged in their community. Good-quality volunteering has a measurable positive impact on mental health and paid work can benefit well-being as well as finances.

When asked to rate their communities for having civic participation and employment opportunities, 26% of all survey respondents rated volunteer opportunities that fit a range of interests and skills as “poor”. Most older adults with a disability rated job opportunities (67%) and job training opportunities (65%) in their communities as “poor”. Similarly, most older adults without a disability rated job opportunities (51%) and job training opportunities (56%) in their communities as “poor”. Disabled respondents aged 18-59 rated job opportunities (46%) and job training opportunities (48%) in their communities as “poor”.

Figure 79. Which of the following best describes your current employment status?



n=376
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Percentages do not add up to 100% due to rounding.

Figure 80. How would you rate your community for each of the following related to civic participation and employment?



All Respondents

■ Poor ■ Good ■ Excellent



Respondents Aged 60+ with a Disability

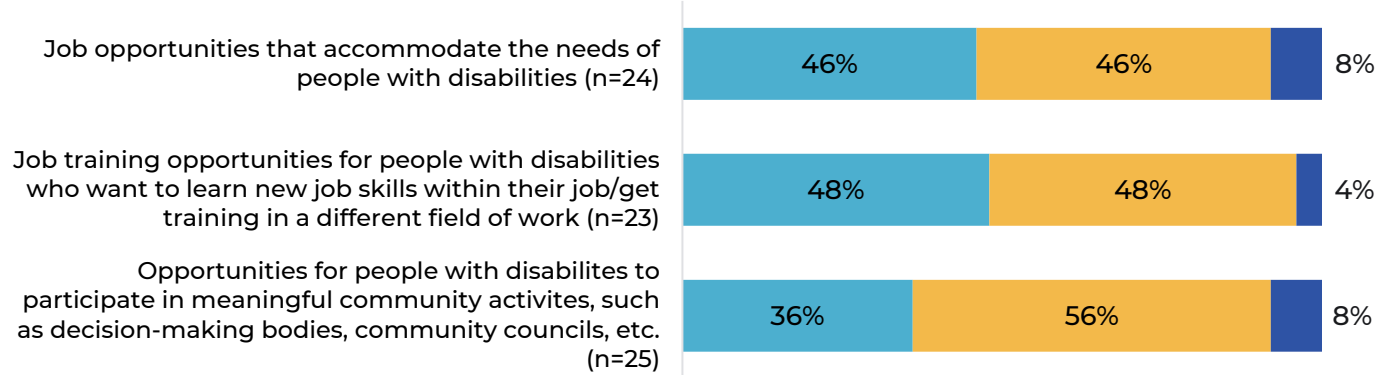
■ Poor ■ Good ■ Excellent



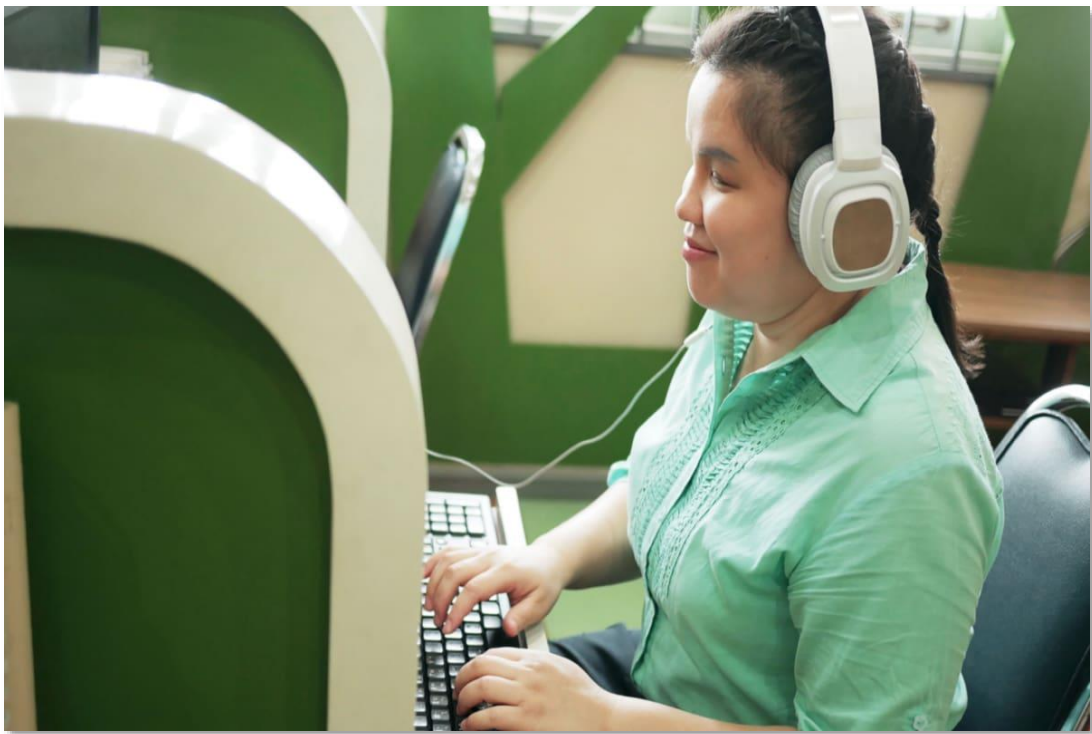
Respondents Aged 60+ without a Disability



Respondents Aged 18-59 with a Disability



Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Percentages may not add up to 100% due to rounding.



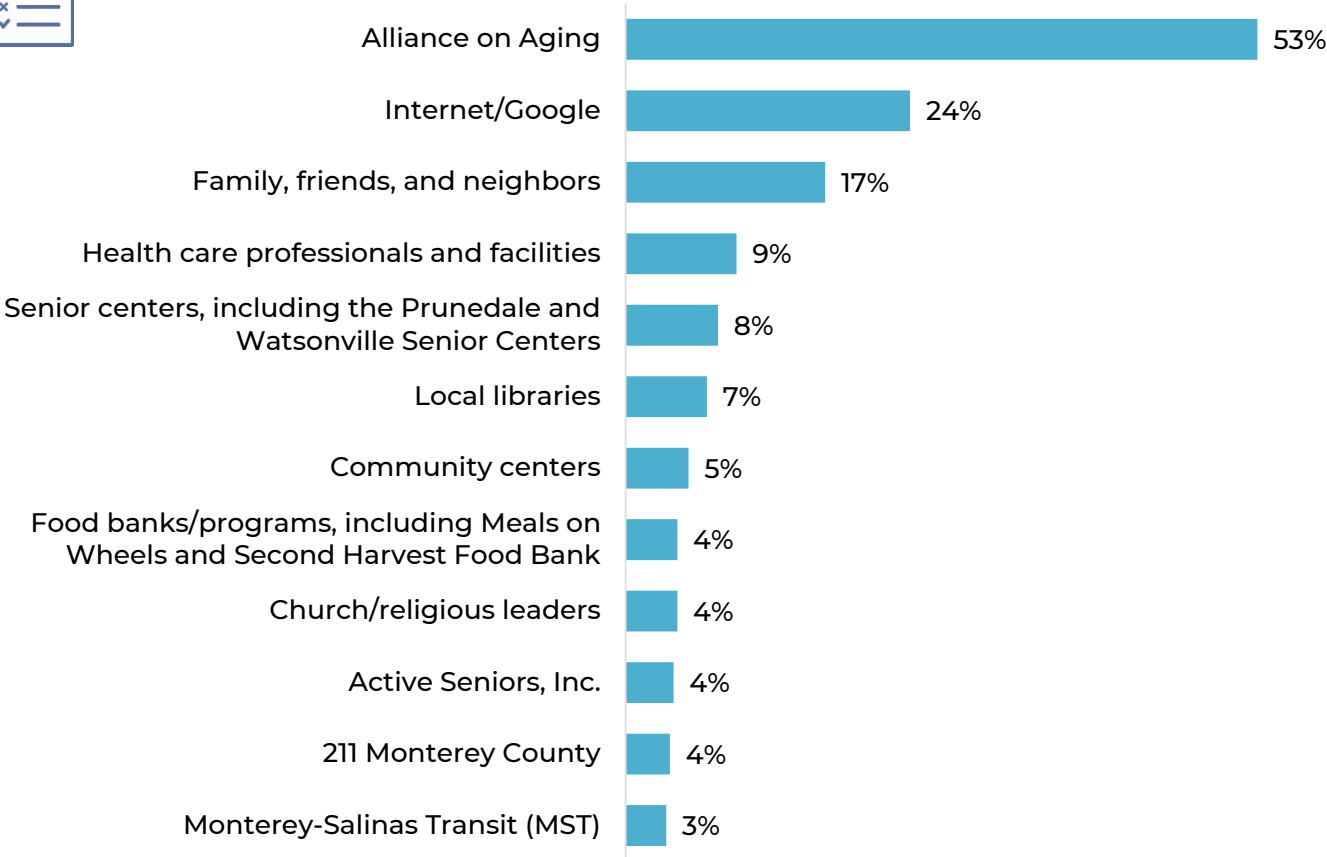
COMMUNICATION AND INFORMATION

COMMUNICATION AND INFORMATION IN A LIVABLE COMMUNITY

As the methods for communication and information sharing change, age- and disability-friendly communities should recognize that not all their residents will have access to internet or devices nor have the skillset to navigate the internet. There needs to be a range of methods available for information to be shared.

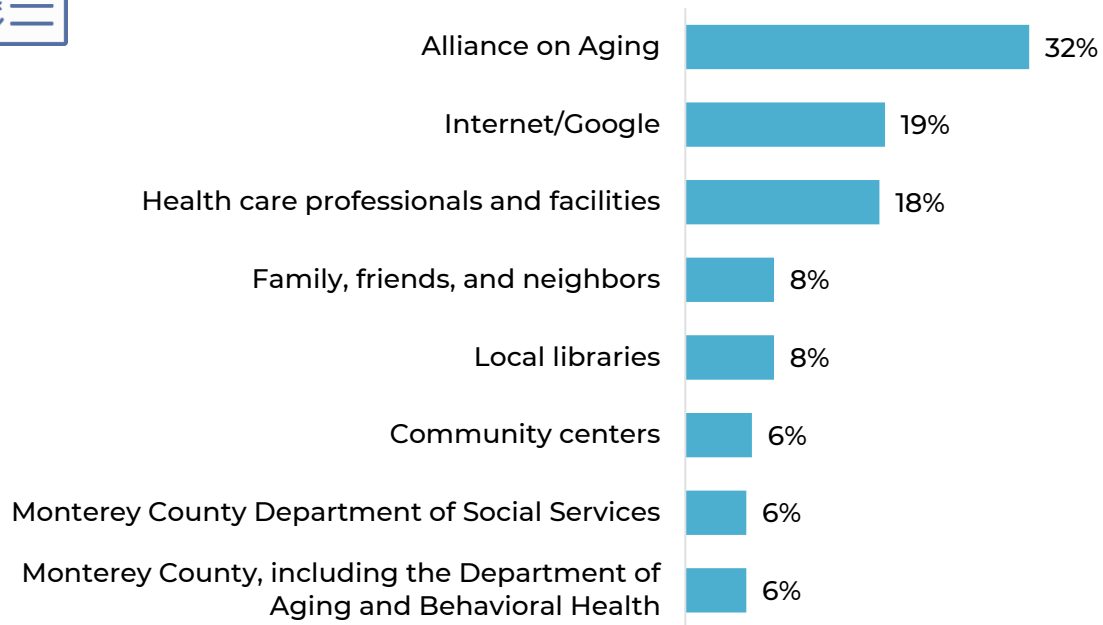
When asked where they would turn to for information about services, both any aged respondents with a disability and older adult respondents identified the Alliance on Aging, Internet/Google, family, friends, and neighbors, and health care professionals and facilities among their top four sources of information.

Figure 81. If you needed information about services for older adults, where would you turn to for information?



n=322 respondents offering 608 responses
 Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
 Note: Multiple response option, percentages will not add up to 100%.
 Note: Data shown includes sources with 10 or more responses.

Figure 82. If you needed information about services for people with disabilities, where would you turn to for information?



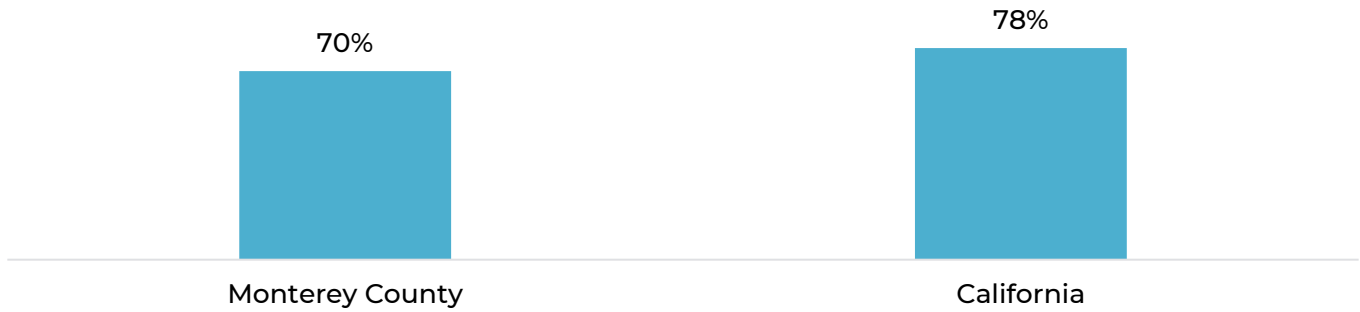
n=193 respondents offering 318 responses
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Multiple response option, percentages will not add up to 100%.
Note: Data shown includes sources with 10 or more responses.

Figure 83. Rating of Availability of Information about Resources for Older Adults in Monterey County (Respondents Aged 55+)



n=361
Source: 2023 Community Assessment Survey for Older Adults (CASOA). AAA Division Department of Social Services County of Monterey. (2024).

Figure 84. Households with One or More People Aged 65+ with High-Speed Broadband Access



Source: California Department for Aging. Data Dashboard for Aging. Retrieved from <https://mpa.aging.ca.gov/DashBoard> on August 6, 2024.



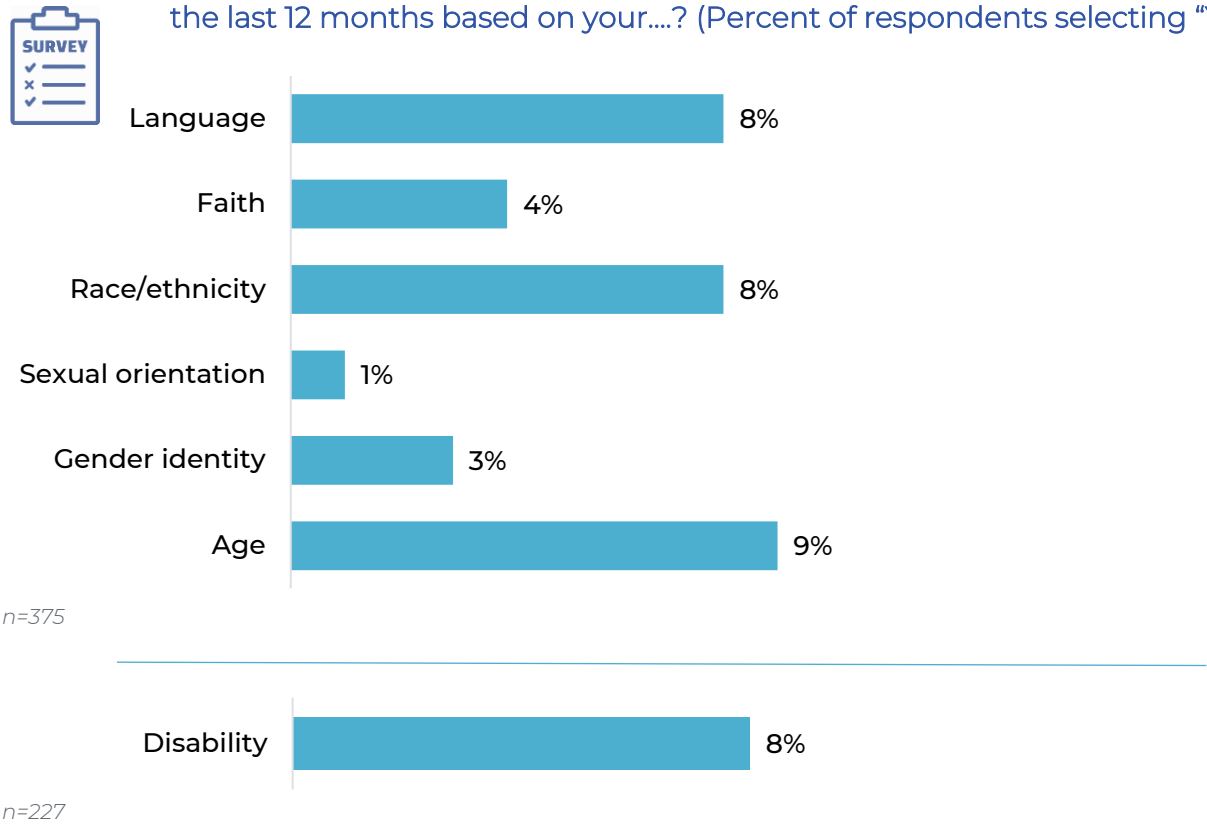
SOCIAL PARTICIPATION

SOCIAL PARTICIPATION IN A LIVABLE COMMUNITY

Age- and disability-friendly communities value all residents. They provide opportunities for older people and people with disabilities to be engaged with peers and others to combat isolation and increase feelings of safety.

While only 10% of respondents reported never having someone they can turn to when they need help, over a quarter (26%-32%) reported feeling isolated from others, left out or lacking companionship at least “sometimes” in the past year. Notably, respondents with a disability regardless of age reported feeling isolated from others, left out and lacking companionship at least “sometimes” at higher percentages than respondents without a disability. When asked about safety in their neighborhood, nearly all survey respondents (98%) reported feeling “somewhat” or “extremely” safe.

Figure 85. In the community where you currently live, have you experienced discrimination in the last 12 months based on your....? (Percent of respondents selecting “Yes”)

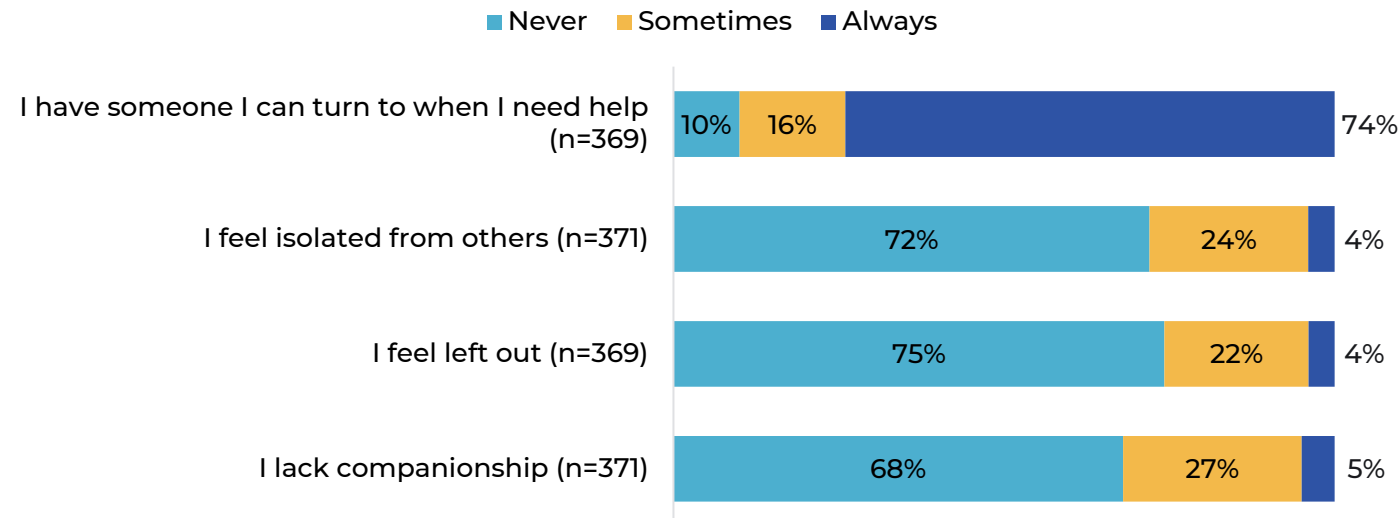


Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
 Note: Only respondents who reported having a disability were asked if they had experienced discrimination based on their disability status.

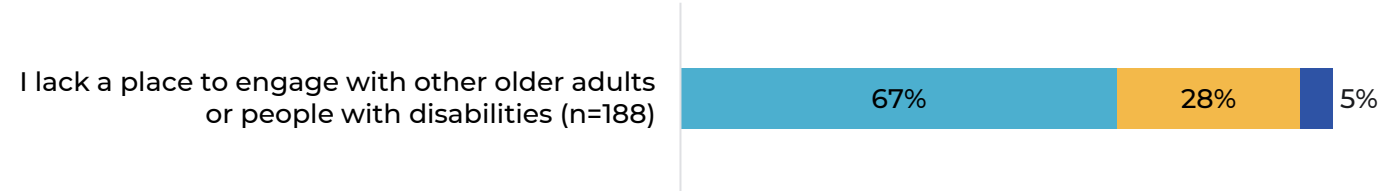
Figure 86. Have you felt any of the following in the last 12 months?



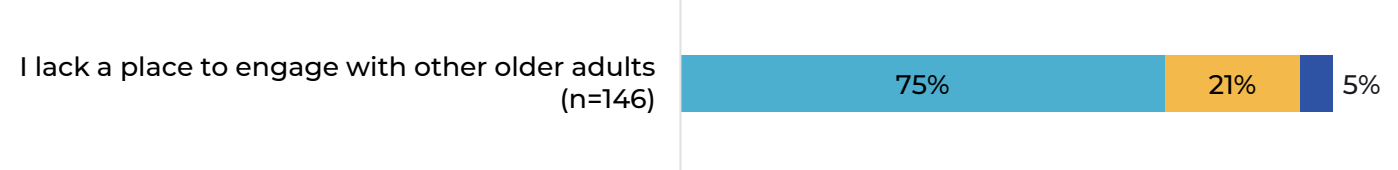
All Respondents



Respondents Aged 60+ with a Disability



Respondents Aged 60+ without a Disability

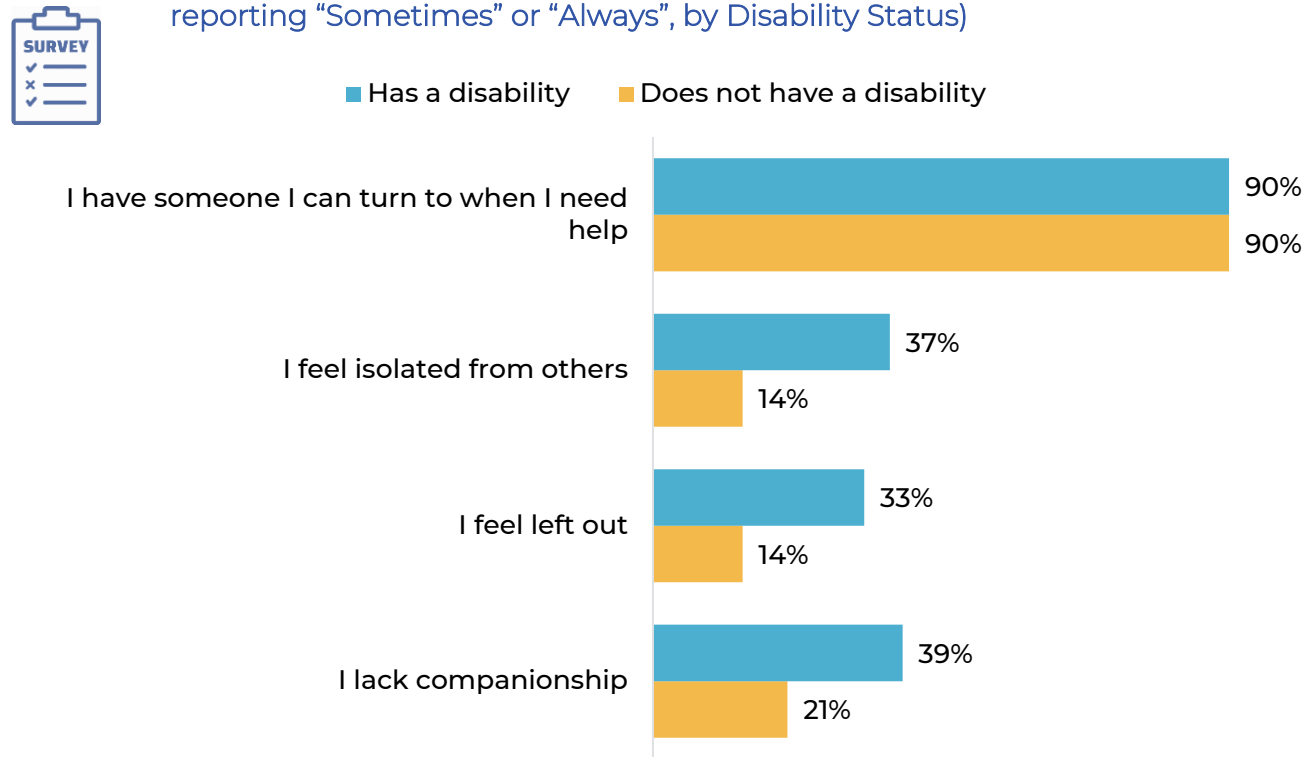


Respondents Aged 18-59 with a Disability



Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Percentages may not add up to 100% due to rounding.

Figure 87. Have you felt any of the following in the last 12 months? (Percent of respondents reporting “Sometimes” or “Always”, by Disability Status)

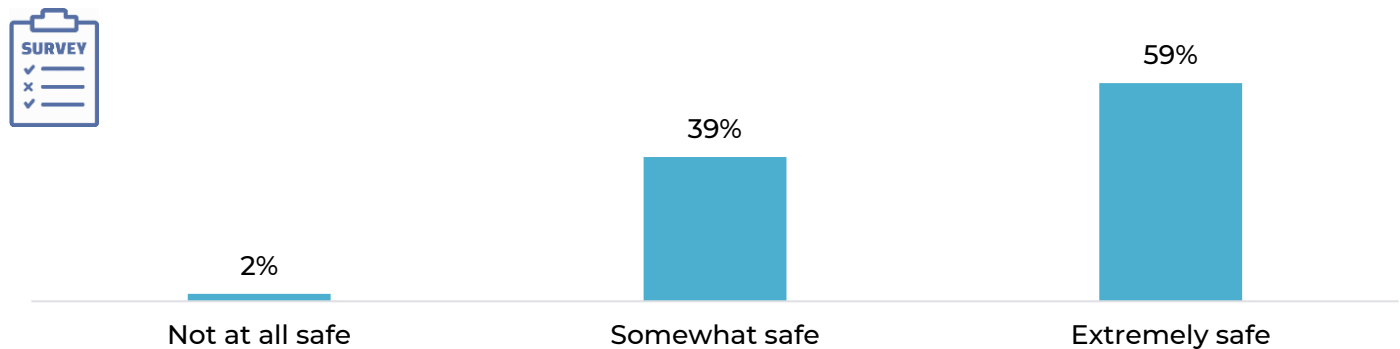


Has a disability n=222-224; Does not have a disability n=146-147 (Ns differ for each statement due to crosstabulation and response rates)

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

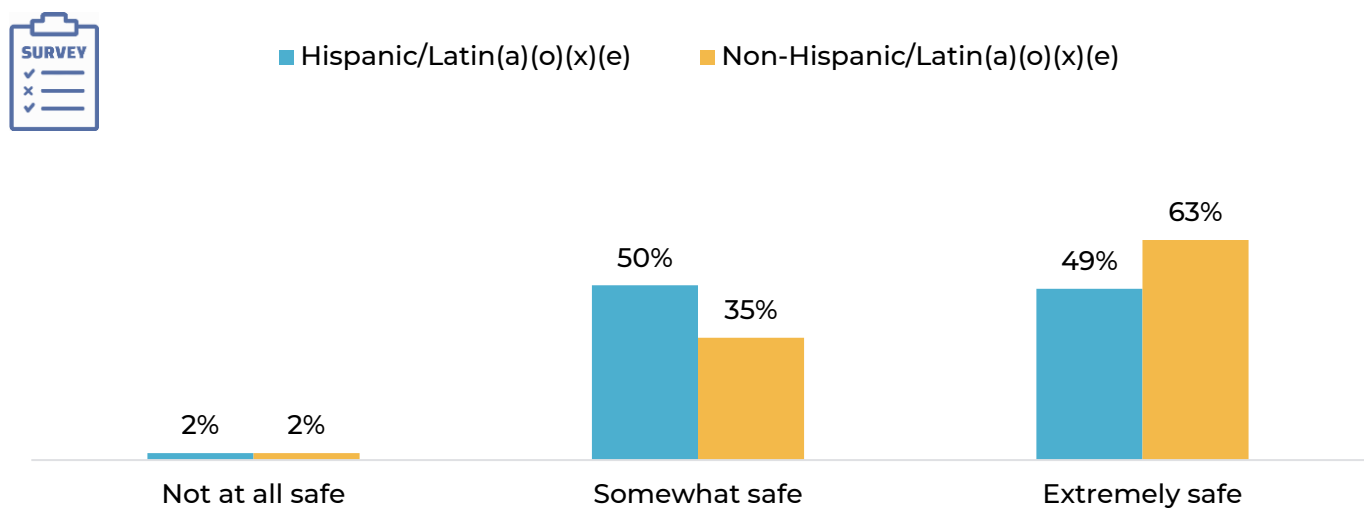
Figure 88. How safe would you say you feel in your neighborhood?



n=373

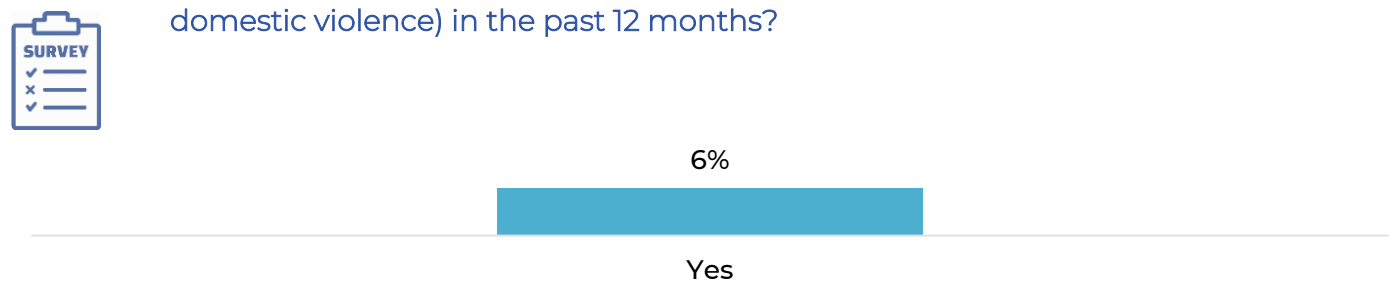
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Figure 89. How safe would you say you feel in your neighborhood? (By Race/Ethnicity)



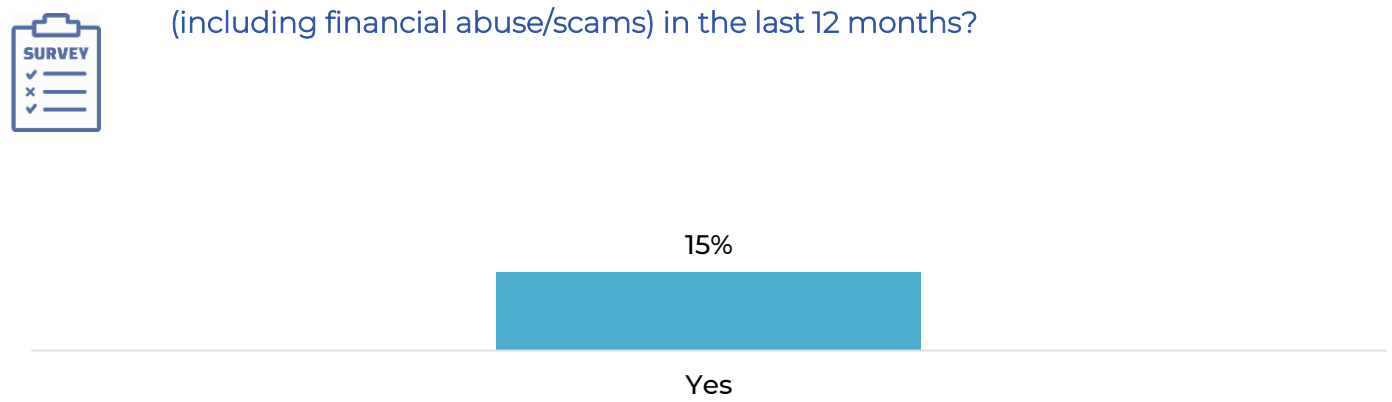
Hispanic/Latin(a)(o)(x)(e) n=109; Non-Hispanic/Latin(a)(o)(x)(e) n=264
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Percentages may not add up to 100% due to rounding.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 90. Have you or any of your family members or friends been victim of a crime (including domestic violence) in the past 12 months?



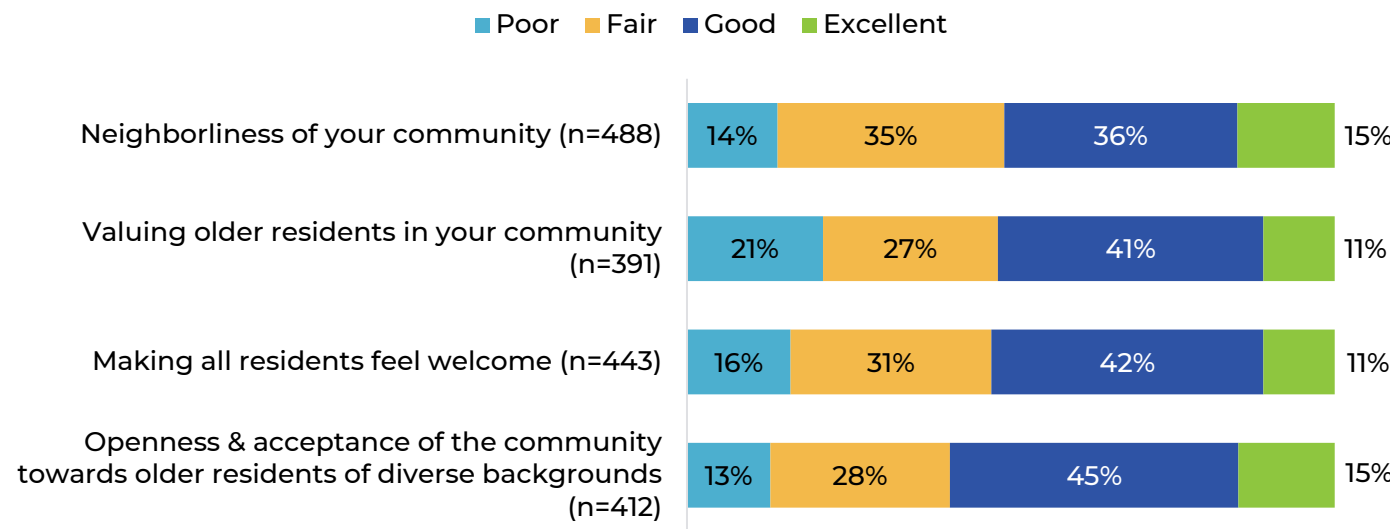
n=374
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Figure 91. Have you or any of your family members or friends experienced elder abuse (including financial abuse/scams) in the last 12 months?



n=373
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Figure 92. Ratings of Equity and Inclusion as They Relate to Older Adults in Monterey County (Respondents Aged 55+)



Source: 2023 Community Assessment Survey for Older Adults (CASOA). Area Agency on Aging (AAA) Division Department of Social Services County of Monterey. (2024).
Note: Percentages may not add up to 100% due to rounding.



OUTDOOR SPACES AND BUILDINGS

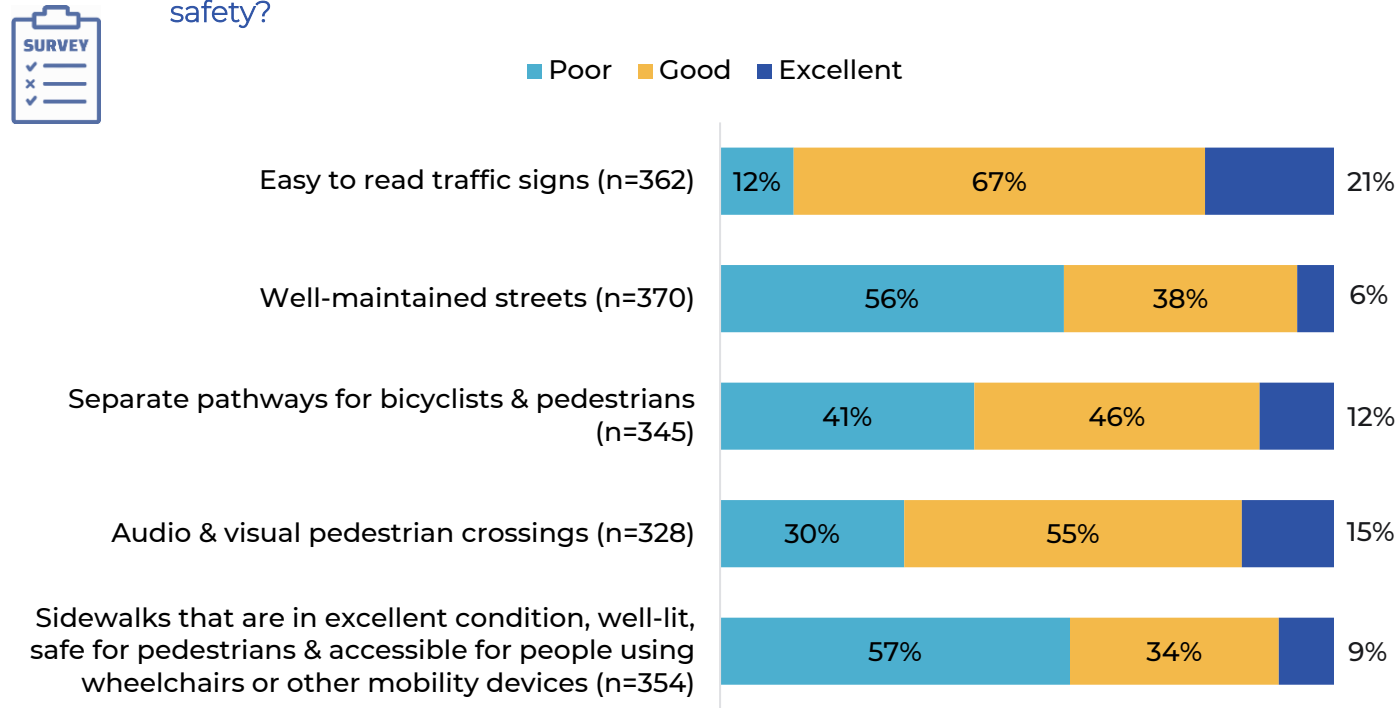
OUTDOOR SPACES AND BUILDINGS IN A LIVABLE COMMUNITY

The outside environment and public buildings have a major impact on our mobility, independence and quality of life. Age- and disability-friendly communities provide public spaces for people to gather that can be accessed and shared by all.

Over half of survey respondents rated their communities as “poor” for having well-maintained streets (56%) and sidewalks that are in excellent condition, well-lit, safe for pedestrians, and accessible for people using wheelchairs or other mobility devices (57%). Compared to survey respondents from the other two areas, North County respondents rated their communities as “poor” at notably higher percentages across all statements related to traffic safety.

When asked about parks and other outdoor or public places, survey respondents from North County also rated their communities as “poor” more than survey respondents from the other areas across most statements. Notably, Hispanic/Latin(a)(o)(x)(e) respondents were more likely to rate their communities as “poor” than non-Hispanic/Latin(a)(o)(x)(e) respondents across all statements related to parks and other outdoor or public spaces.

Figure 93. How would you rate your community for having each of the following related to safety?

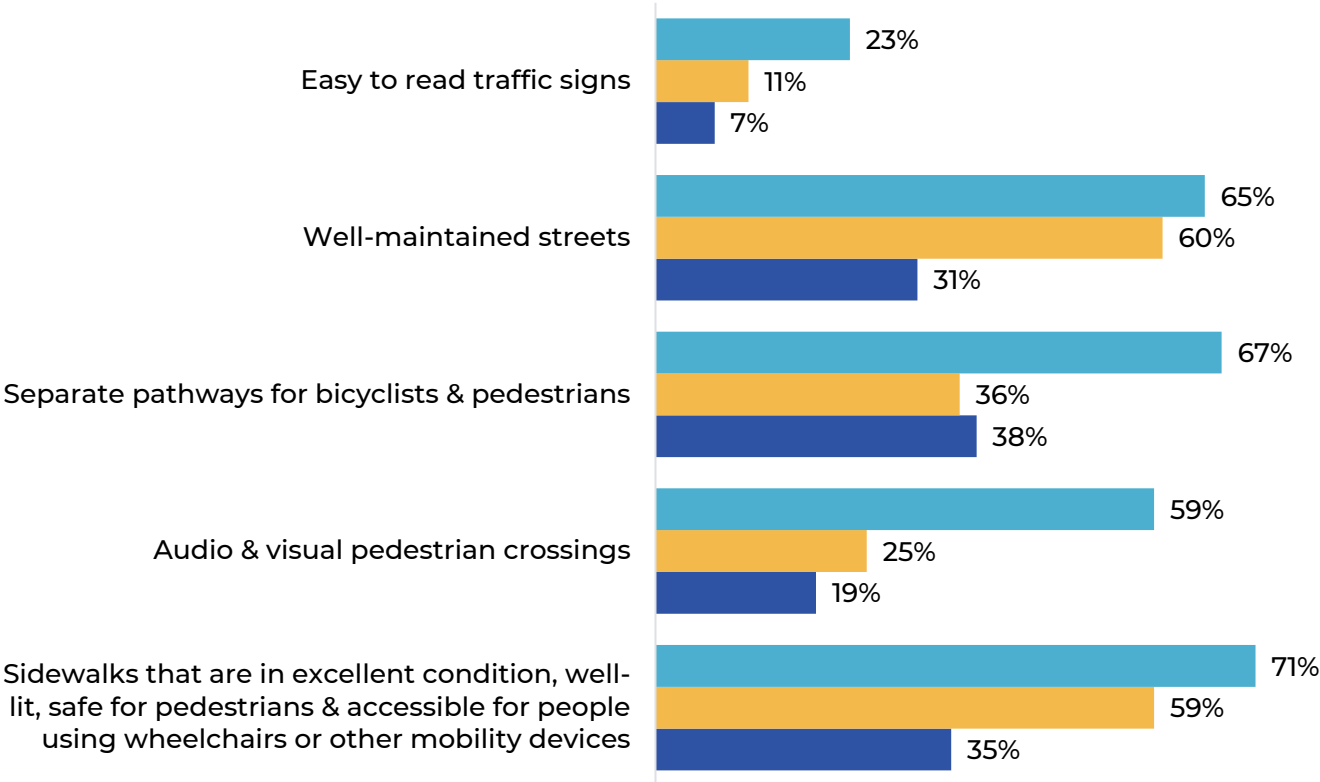


Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Percentages may not add up to 100% due to rounding.

Figure 94. How would you rate your community for having each of the following related to safety? (Percent of respondents selecting “Poor”, by Geographic Area)



■ North Monterey County ■ Greater Salinas Area ■ South Monterey County



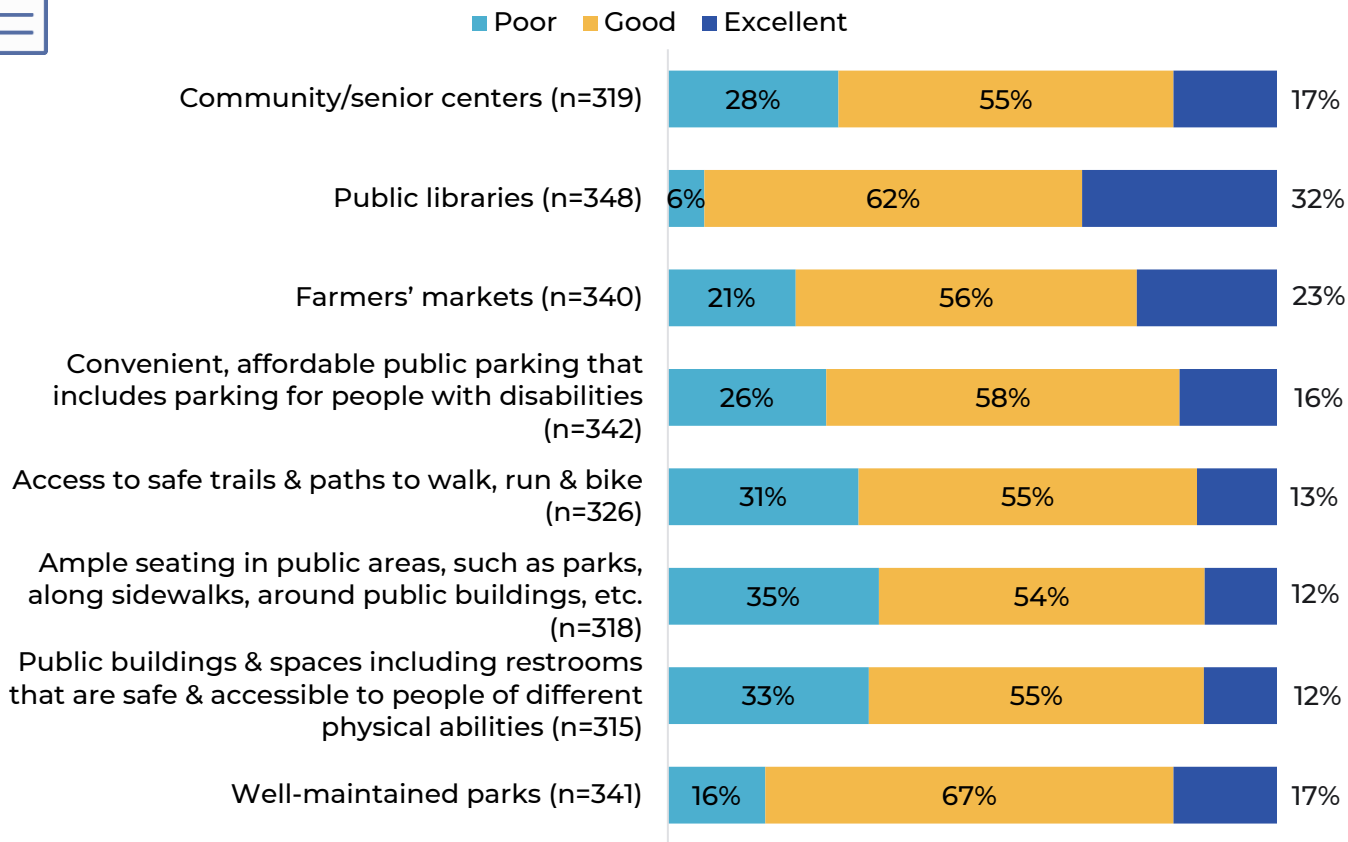
North Monterey County n=56-63; Greater Salinas Area n=220-246; South Monterey County n=53-61 (Ns differ for each statement due to crosstabulation and response rates)

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



Figure 95. How would you rate your community for having each of the following related to parks and other outdoor or public spaces?

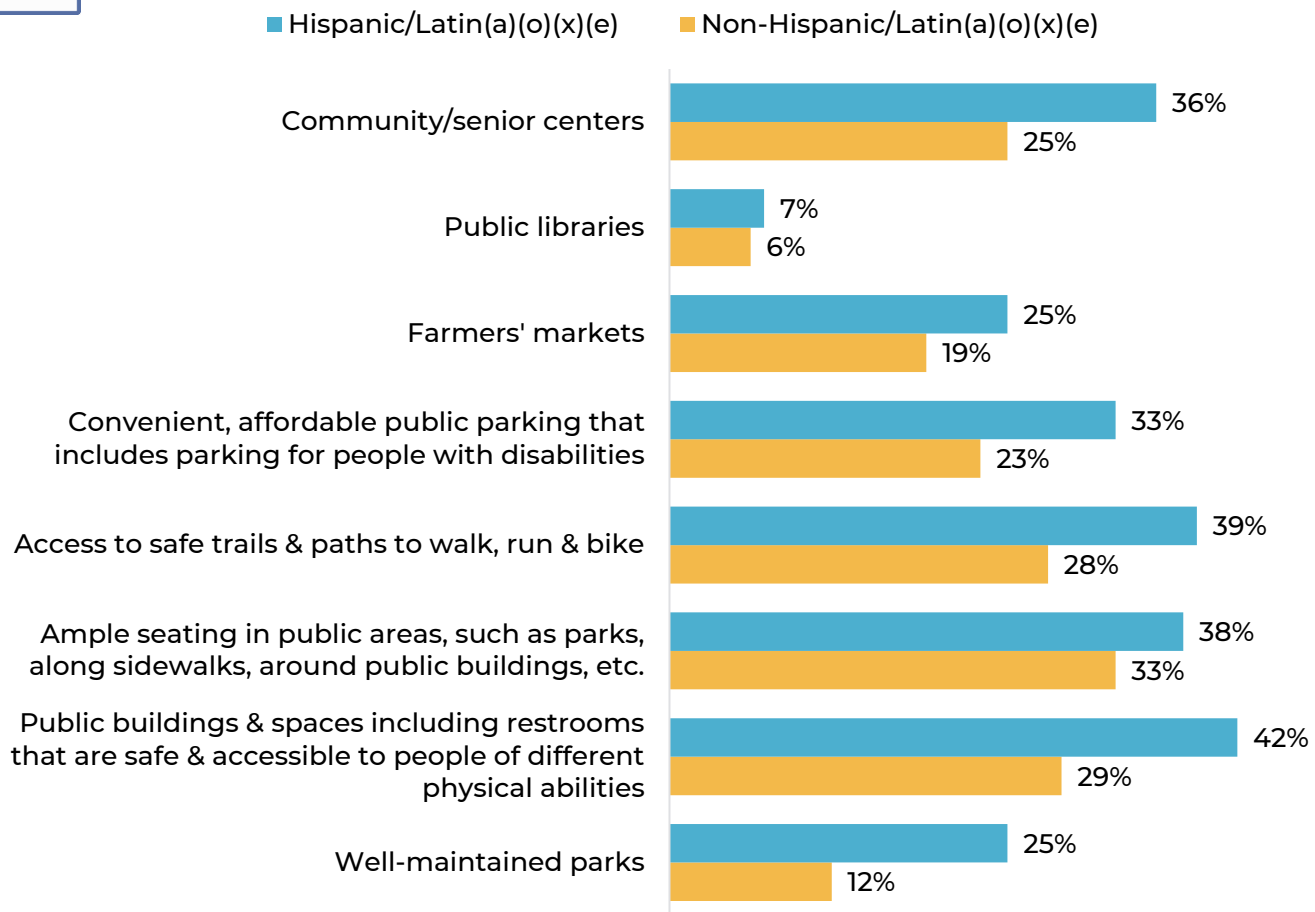


Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Percentages may not add up to 100% due to rounding.



Figure 96. How would you rate your community for having each of the following related to parks and other outdoor or public spaces? (Percent of respondents selecting “Poor”, by Race/Ethnicity)



Hispanic/Latin(a)(o)(x)(e) n=96-104; Non-Hispanic/Latin(a)(o)(x)(e) n=218-246; (Ns differ for each statement due to crosstabulation and response rates)

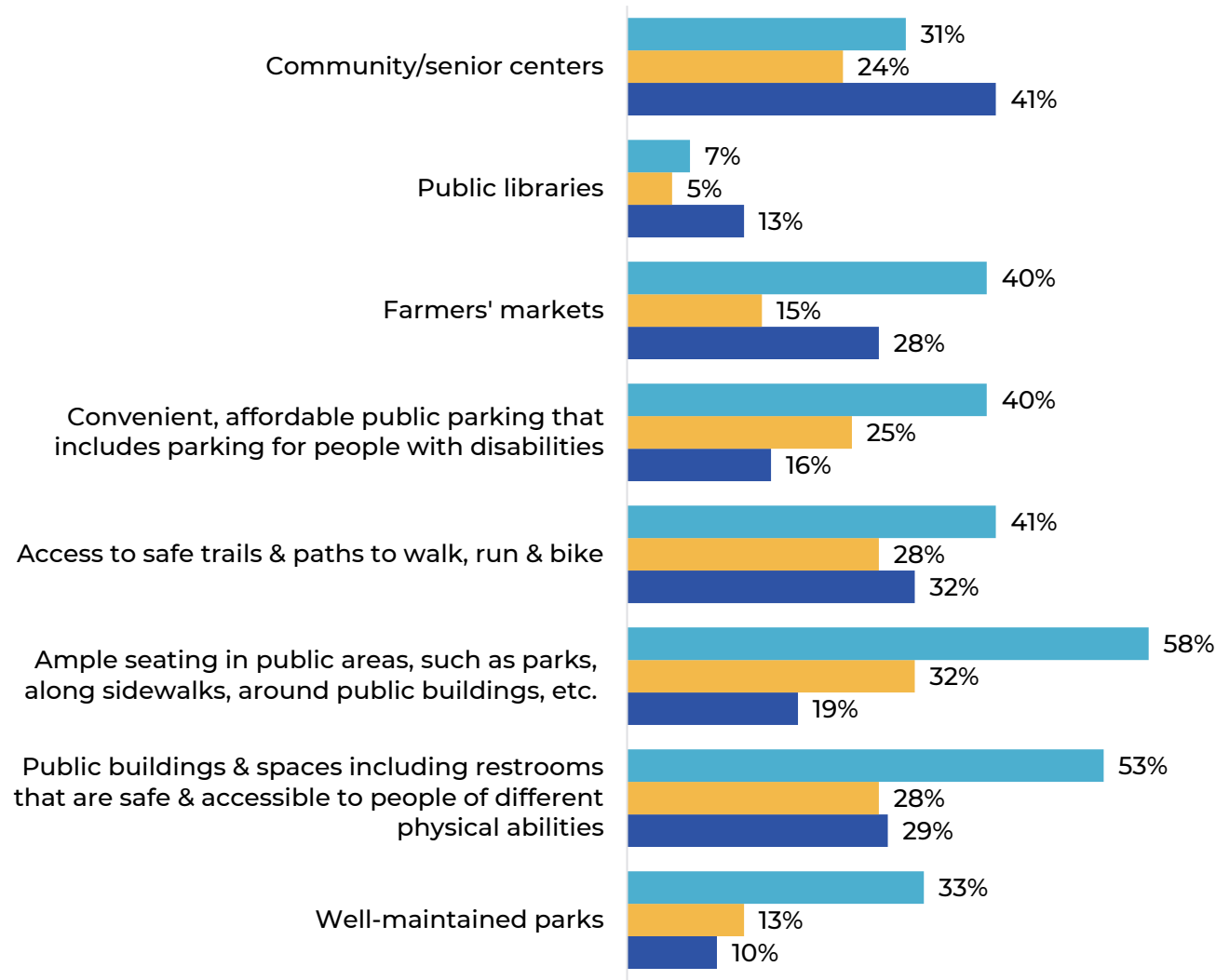
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 97. How would you rate your community for having each of the following related to parks and other outdoor or public spaces? (Percent of respondents selecting “Poor”, by Geographic Area)



■ North Monterey County ■ Greater Salinas Area ■ South Monterey County



North Monterey County n=57-61; Greater Salinas Area n=202-231; South Monterey County n=51-59 (Ns differ for each statement due to crosstabulation and response rates)

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

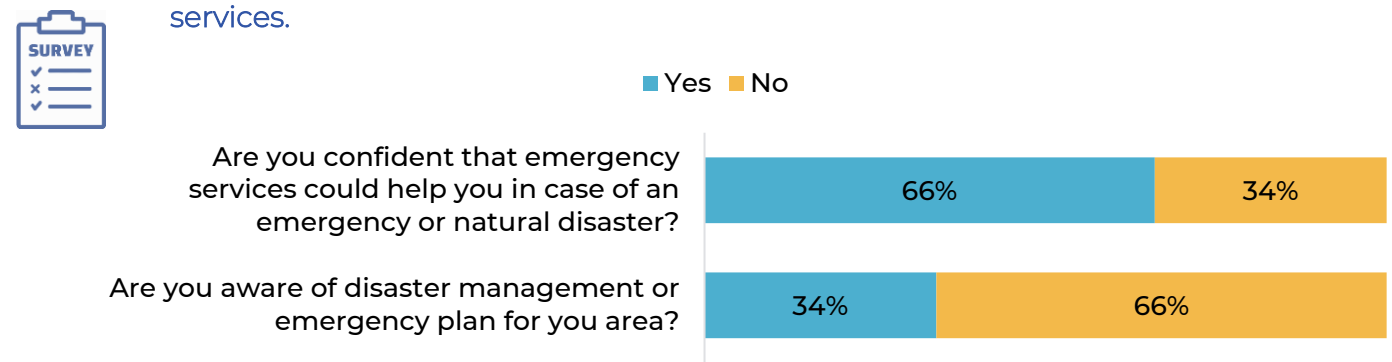
DISASTER PREPAREDNESS AND SERVICES

DISASTER PREPAREDNESS AND SERVICES IN A LIVABLE COMMUNITY

Older adults and people with disabilities can be especially vulnerable during disasters: Being prepared can help reduce fear and anxiety and can speed up recovery. Age- and disability-friendly communities encourage all residents to create emergency plans and go kits, enroll in local registries, and participate in emergency drills and activities.

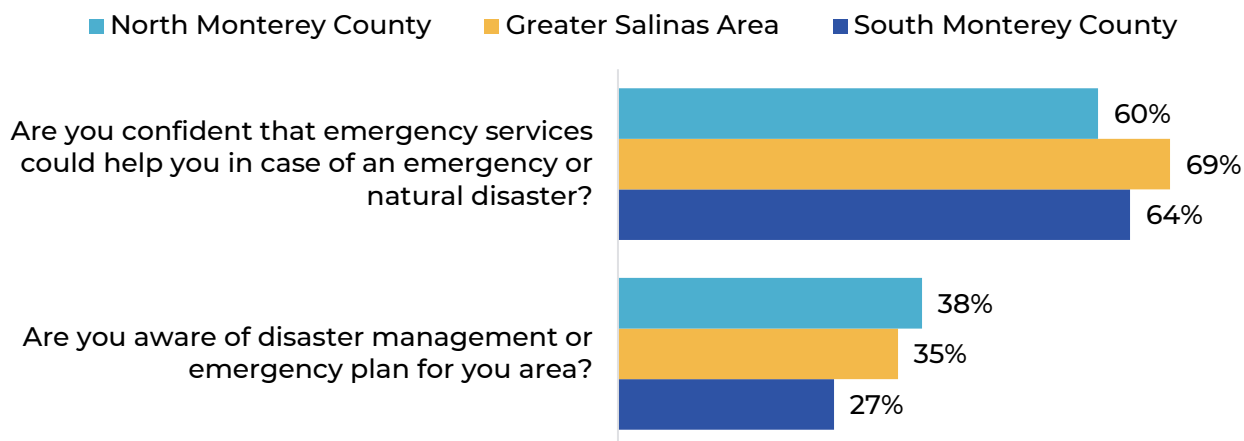
While only 34% of all survey respondents were aware of disaster management or emergency plans for their area, 66% of respondents reported being confident that emergency services could help in case of an emergency or natural disaster. More than half (52%) of survey respondents reported that they have collected preparedness information, 48% reported that they have signed up for emergency notifications, followed by assembled a “disaster supply kit” (47%) and prepared an emergency and evacuation plan (46%). North County respondents were more likely to have assembled a “disaster supply kit” or prepared an emergency and evaluation plan, and Greater Salinas Area respondents were slightly more likely to have attended meetings on emergency preparedness and collected preparedness information.

Figure 98. Please answer the following questions about disaster management and emergency services.



n=373
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Figure 99. Please answer the following questions about disaster management and emergency services (Percent of respondents selecting "Yes," by Geographic Area)

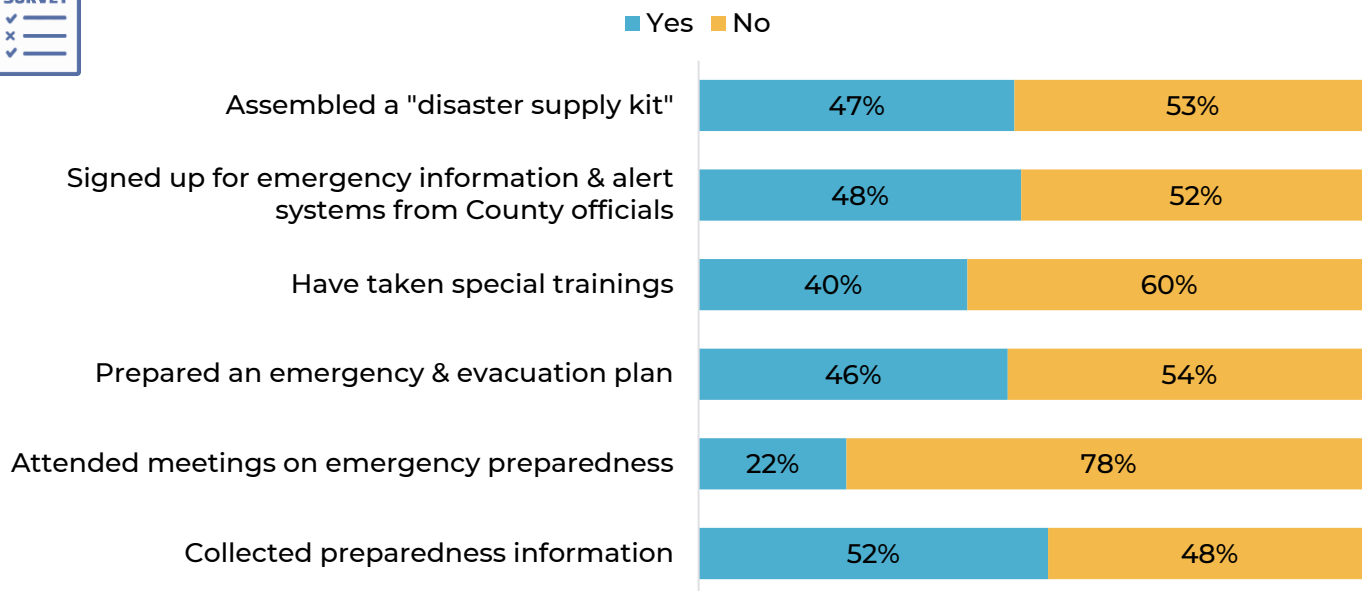


North Monterey County n=63; Greater Salinas Area n=247; South Monterey County n=63

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

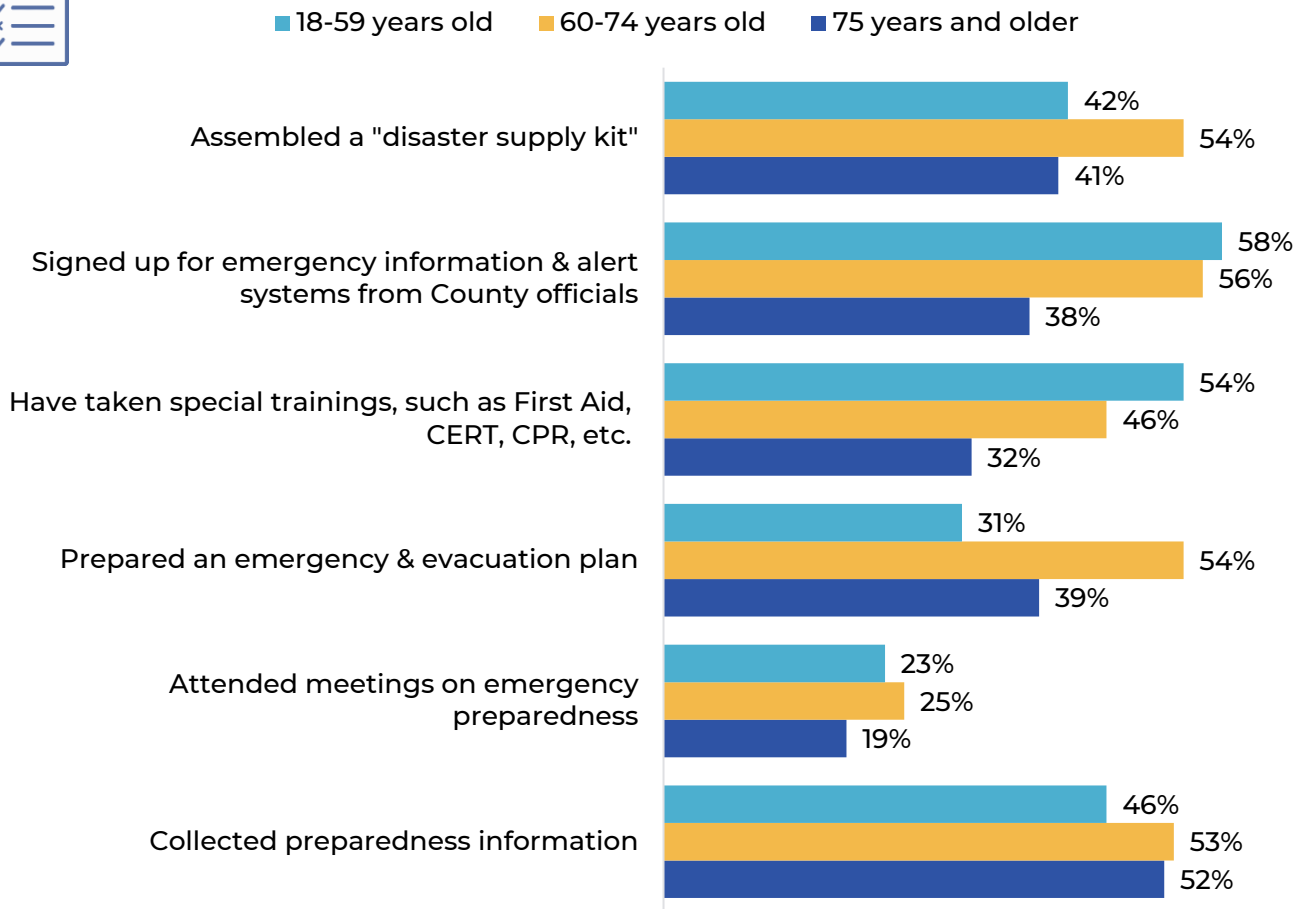
Figure 100. What steps have you taken to prepare for an emergency or natural disaster in your community?



n=373

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024

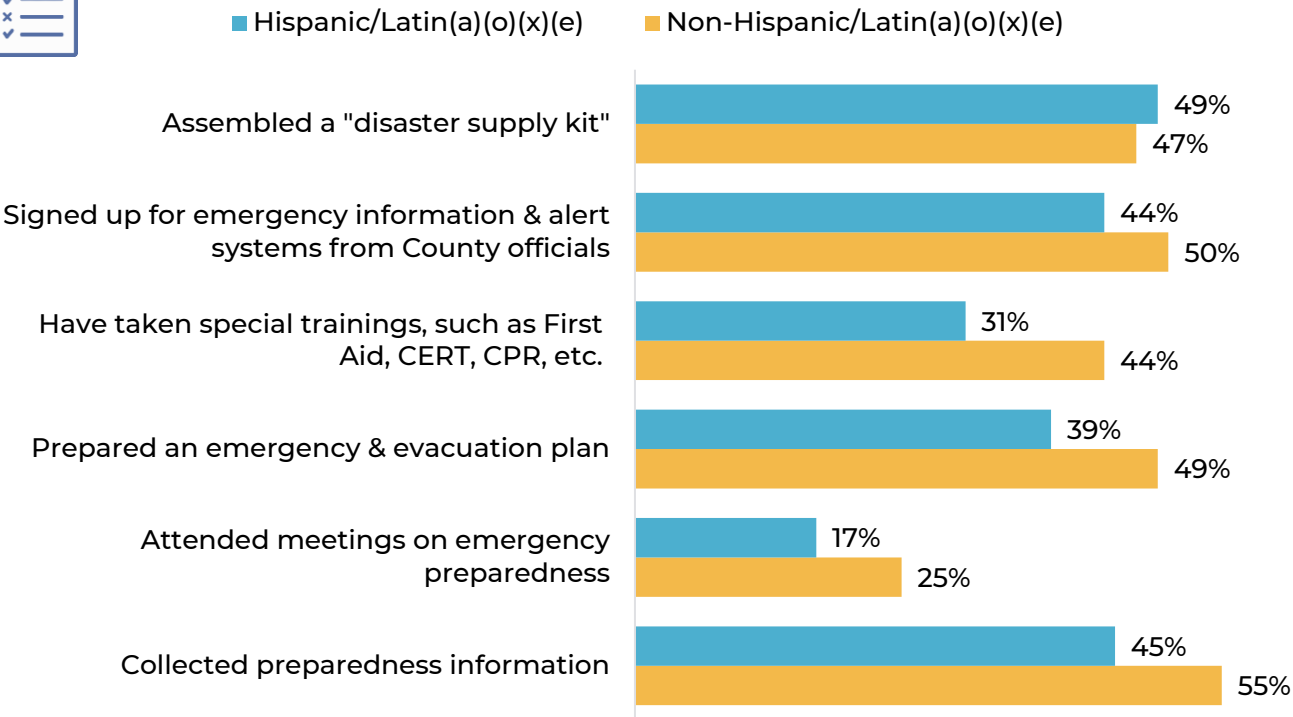
Figure 101. What steps have you taken to prepare for an emergency or natural disaster in your community? (Percent of respondents selecting "Yes", by Age)



18-59 years old n=26; 60-74 years old n=179; 75 years and older n=168
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: All respondents aged 18-59 years reported having at least one disability.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



Figure 102. What steps have you taken to prepare for an emergency or natural disaster in your community? (Percent of respondents selecting "Yes", by Race/Ethnicity)



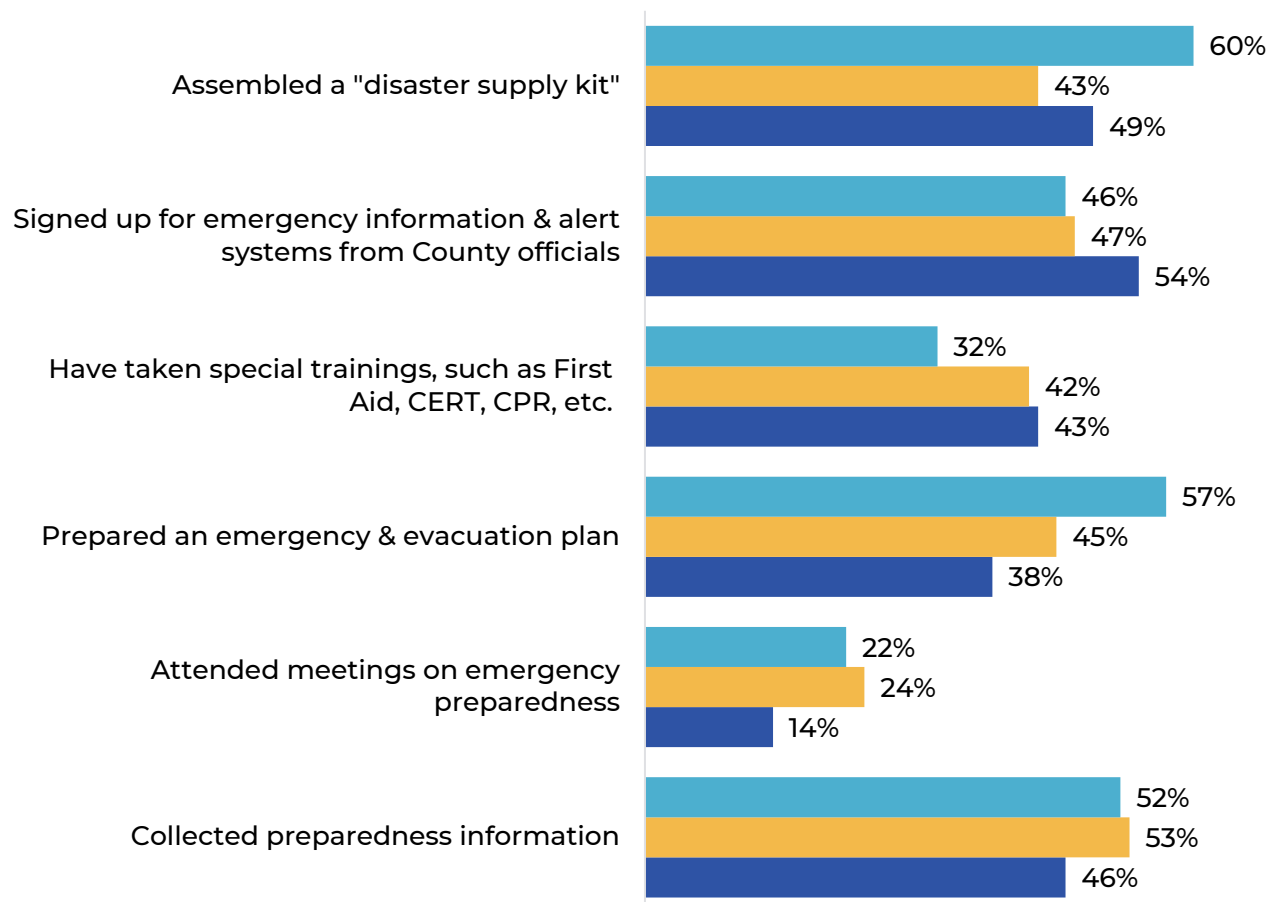
Hispanic/Latin(a)(o)(x)(e) n=109; Non-Hispanic/Latin(a)(o)(x)(e) n=264
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



Figure 103. What steps have you taken to prepare for an emergency or natural disaster in your community? (Percent of respondents selecting "Yes", by Geographic Area)



■ North Monterey County ■ Greater Salinas Area ■ South Monterey County

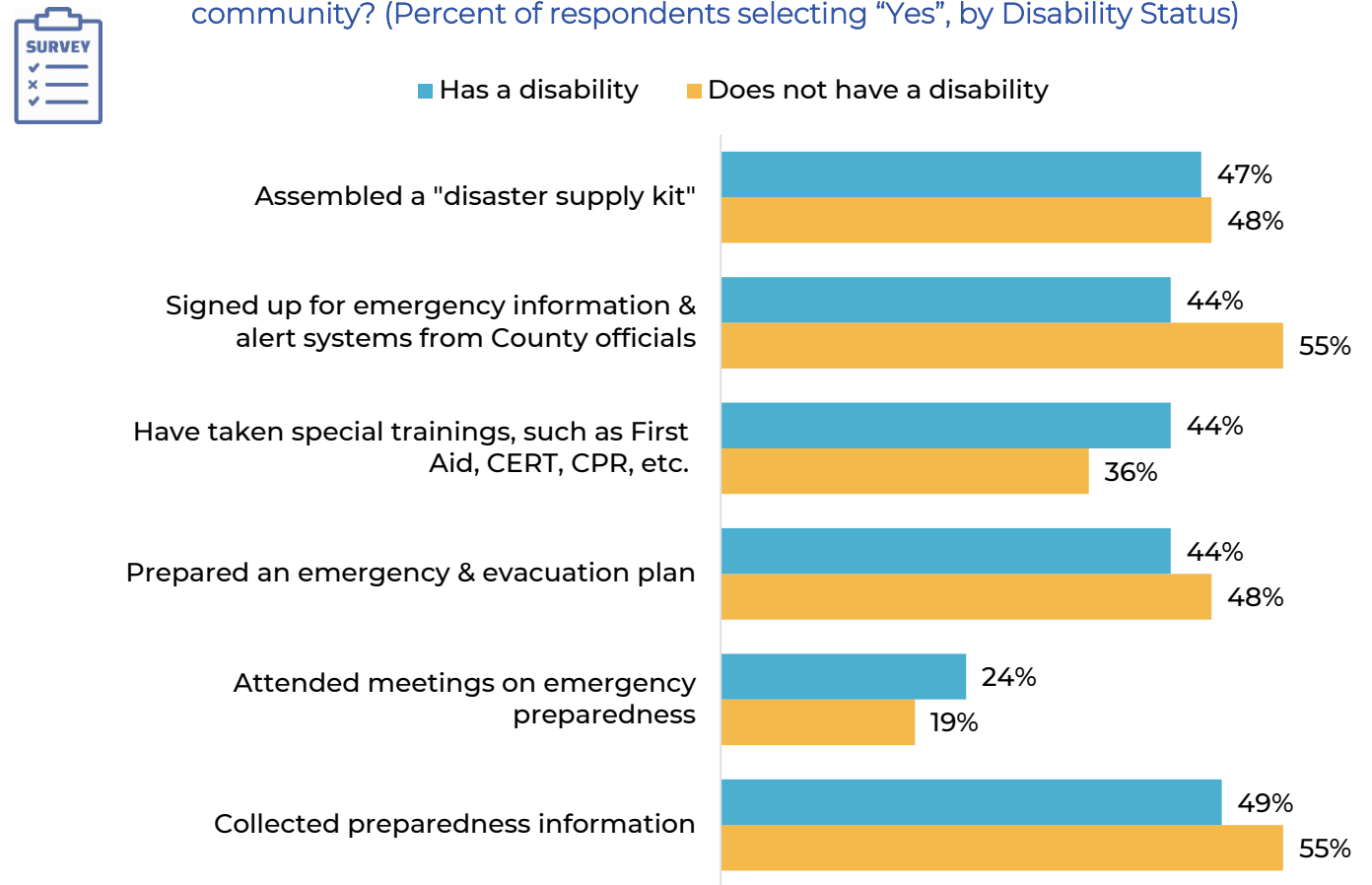


North Monterey County n=63; Greater Salinas Area n=247; South Monterey County n=63

Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.

Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.

Figure 104. What steps have you taken to prepare for an emergency or natural disaster in your community? (Percent of respondents selecting "Yes", by Disability Status)



Has a disability n=225; Does not have a disability n=148
Source: ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.
Note: Caution should be used when interpreting data for subgroups, as some percentages are based on small numbers.



Results of Stakeholder Survey

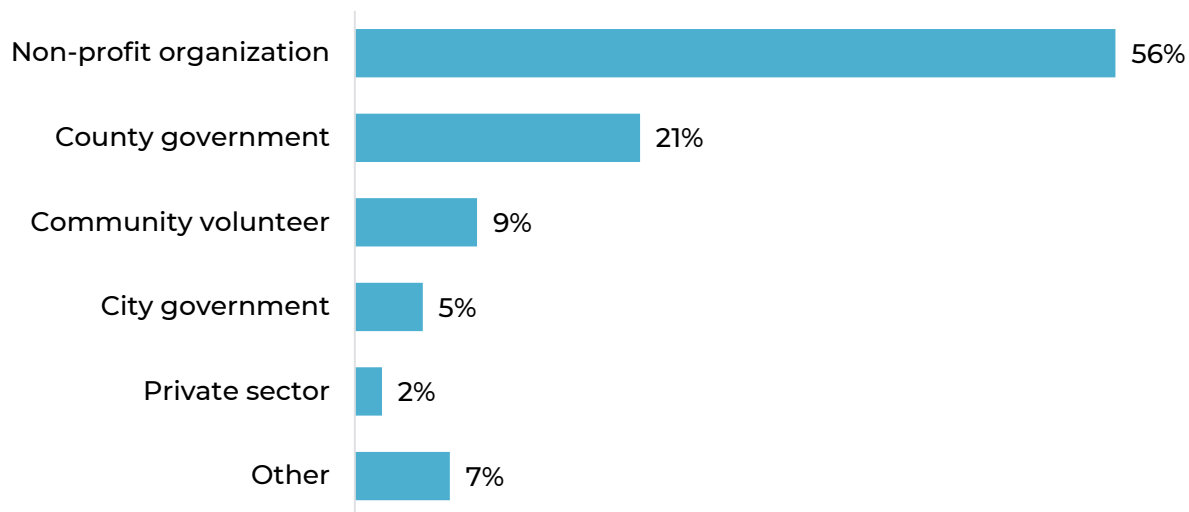
To inform Alliance on Aging's development of a local Age and Disability-Friendly Plan, ASR surveyed community partners and stakeholders to document needs, assets, and gaps in services for older adults and people with disabilities in the Greater Salinas Area and North and South Monterey County.



Most (56%) survey respondents represented non-profit organizations. Of the respondents who rated their satisfaction with the availability of services, 40% reported being “satisfied” with the services for older adults, while 21% reported being “satisfied” with the services for people with disabilities.

Stakeholders identified affordable housing and caregiving as the top two needs for both older adults and people with disabilities. When asked about barriers, unmet needs, and possible solutions, survey respondents emphasized the importance of collaboration across providers, the need for better outreach and communication efforts, and difficulties in addressing basic needs.

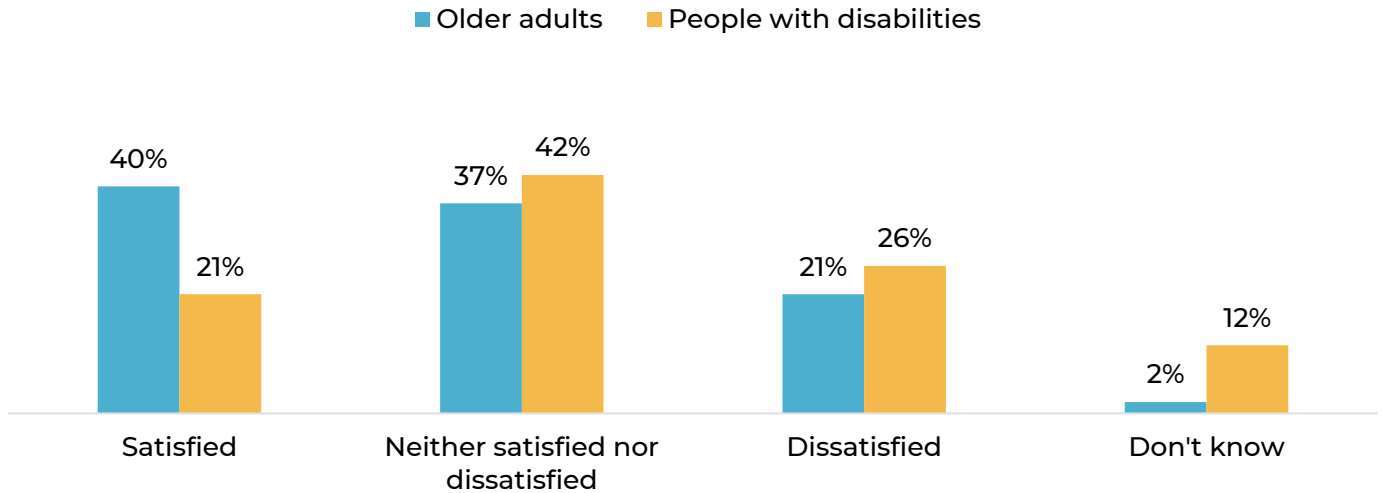
Figure 105. Which category best describes the agency/organization/department you are representing?



n=43

Source: ASR Survey of Monterey County Stakeholders, 2024.

Figure 106. Overall, how satisfied are you with the availability of services to older adults and people with disabilities in the city of Salinas and north and south Monterey County?



n=43

Source: ASR Survey of Monterey County Stakeholders, 2024.

Note: Percentages may not add up to 100% due to rounding.

Figure 107. Please describe any gaps in services for older adults and people with disabilities in the city of Salinas and north and south Monterey County.

Themes Related to Gaps in Services				
Basic Needs	Access to Services	Socialization & Well-being	Communication & Education	System Collaboration
Transportation Housing Food	Access to health care providers, in-home support & culturally responsive care	Recreational activities & adult day services programs Parks & senior/community centers	Communication about services Awareness of services among monolingual Spanish & indigenous language speakers	Lack of coordination among health care & other system providers

n=42 respondents offering 135 responses

Source: ASR Survey of Monterey County Stakeholders, 2024.

Note: Open-ended responses were coded and themed.

Figure 108. How could stakeholders and service providers in the city of Salinas and north and south Monterey County work together to address these gaps in services?

Themes Related to How Stakeholders/Providers Could Address Gaps			
Information & Resource Sharing	Create & Leverage Partnerships	Community Outreach	Access to & Quality of Services
<p>More sharing & communication of information</p> <p>Centralize services & develop a referral system between health care & service providers</p>	<p>Build partnerships and/or coalitions</p> <p>Increase collaboration with city & county government to secure funding for services & policy change</p>	<p>Increase community awareness & understanding about services</p> <p>Coordinate to promote services among community providers</p>	<p>Collaborate to serve hard-to-reach communities</p> <p>Expand current services to underserved regions</p> <p>Collaborate to provide more services that meet basic needs (e.g., transportation, housing, food) & have no restrictions</p> <p>Address the technology gap in telehealth services</p>

n=40 respondents offering 86 responses

Source: ASR Survey of Monterey County Stakeholders, 2024.

Note: Open ended responses were coded and themed.

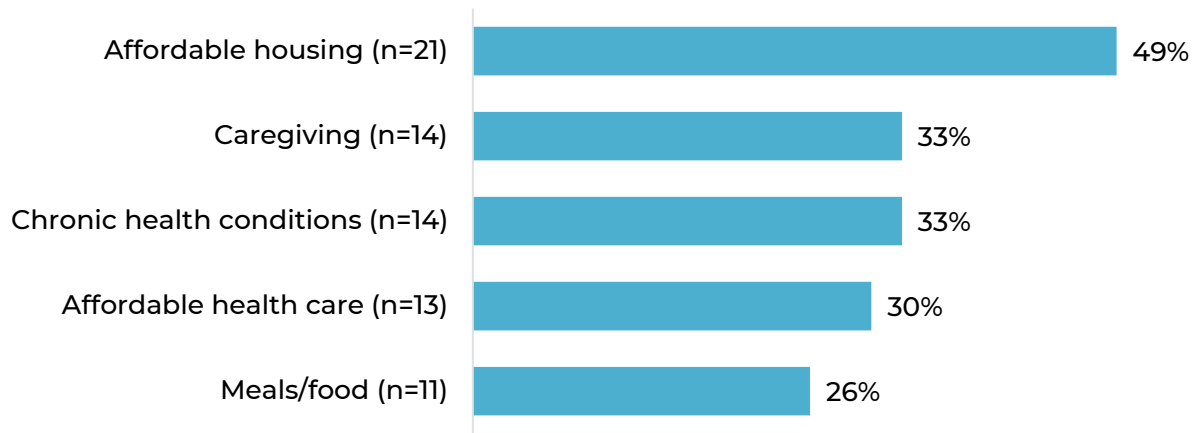
Figure 109. What are other key community resources, assets, or partnerships that can help address the needs of older adults and people with disabilities in the city of Salinas and north and south Monterey County?

- Alliance on Aging
- Aging and Disability Resource Connection of Monterey County
- CalFresh
- Castroville Senior Center
- Central Coast Center for Independent Living
- Central Coast VNA and Hospice
- City and County Governments
- Community Health Workers
- Faith-Based Organizations
- Health Care Providers
- Housing Authority of the County of Monterey
- iTN Monterey County
- Meals on Wheels of the Monterey Peninsula
- Monterey County Area Agency on Aging Advisory Council
- Monterey County Commission on Disabilities
- Monterey County In-Home Supportive Services Advisory Committee
- Monterey-Salinas Transit (MST)
- Monterey County Health Department
- Mujeres en Acción
- North County Recreation and Park District
- Prunedale Senior Center
- San Andreas Regional Center
- Senior Legal Services
- Special Kids Connect

n=13 respondents offering 54 responses

Source: ASR Survey of Monterey County Stakeholders, 2024.

Figure 110. What are the top 3 needs or challenges facing older adults in the city of Salinas and north and south Monterey County?



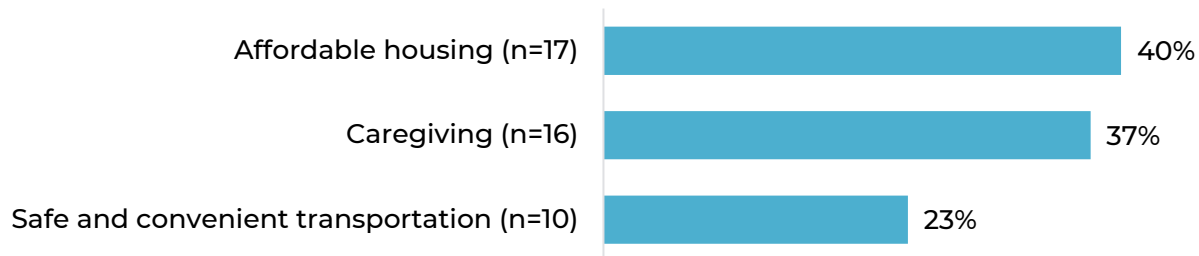
n=43 respondents offering 126 responses

Source: ASR Survey of Monterey County Stakeholders, 2024.

Note: Multiple response option, percentages will not add up to 100%.

Note: Data shown includes needs/challenges with 10 or more responses.

Figure 111. What are the top 3 needs or challenges facing people with disabilities in the city of Salinas and north and south Monterey County?



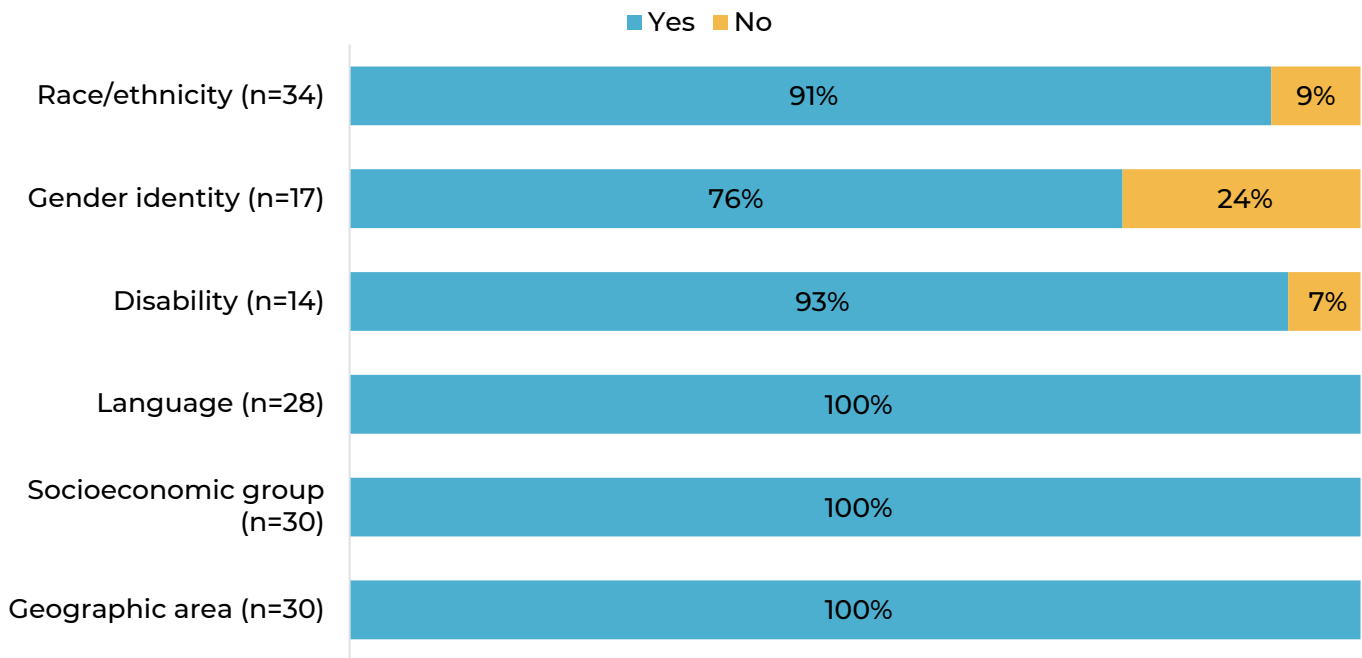
n=43 respondents offering 122 responses

Source: ASR Survey of Monterey County Stakeholders, 2024.

Note: Multiple response option, percentages will not add up to 100%.

Note: Data shown includes needs/challenges with 10 or more responses.

Figure 112. Among older adults and people with disabilities, are there groups of people that face more challenges or have more unmet needs than others related to the following...?



Source: ASR Survey of Monterey County Stakeholders, 2024.



Figure 113. Specific Groups That Face More Challenges or Have More Unmet Needs Than Others

Stakeholders who responded “yes” to there being specific groups or geographic areas named the following groups as facing more challenges or having more unmet needs than others.

Race/ Ethnicity	Gender Identity	Disability	Language	Socio- Economic Group	Other Groups
Hispanic/ Latin(a)(o)(x)(e) Indigenous Black/African American Arab	LGBTQ+ Women	Dementia, Alzheimer’s, or other brain- related condition Mental/ behavioral health condition Mobility limitations or physical disability Vision impairment Developmental disability	Indigenous, including Mixtec & Triqui Monolingual Spanish Non-English Asian, including Tagalog & Hindi Arabic American Sign Language (ASL)	Low-income (e.g., people living in poverty, recipients of SSI, SSDI or MediCal) Working or middle class Seasonal workers (e.g., farmworkers, tourism workers) People experiencing homelessness Unemployed/ underemployed	Recent, undocumented, or first- generation immigrants People who are isolated Adults with low literacy
n=17 respondents offering 25 responses	n=11 respondents offering 12 responses	n=11 respondents offering 17 responses	n=18 respondents offering 28 responses	n=23 respondents offering 31 responses	n=12 respondents offering 15 responses

Source: ASR Survey of Monterey County Stakeholders, 2024.

Figure 114. Specific Geographic Areas That Face More Challenges or Have More Unmet Needs Than Others

Stakeholders who responded “yes” to there being differences between geographic areas named the following areas as facing more challenges or having more unmet needs than others.

South Monterey County			North Monterey County		Greater Salinas Area
Arroyo Seco	Jolon	San Ardo	Aromas	Moss Landing	East Salinas
Bradley	King City	San Lucas	Castroville	Pajaro	North/Northwest Salinas
Chualar	Lockwood	Soledad	Elkhorn	Prunedale	
Gonzales	Parkfield		Las Lomas		
Greenfield	Pine Canyon				
55% of responses (or 47 of 85 responses)			34% of responses (or 29 of 85 responses)		11% of responses (or 9 of 85 responses)

n=26 respondents offering 85 responses

Source: ASR Survey of Monterey County Stakeholders, 2024.

Figure 115. What are the barriers that are contributing to the unmet needs of older adults and people with disabilities in the city of Salinas and north and south Monterey County?

Themes Related to Barriers Contributing to Unmet Needs			
Awareness & Support	Access & Availability	Quality of Life	Service Infrastructure
Limited to no awareness of available services & resources Lack of navigation support to address language barriers & the digital/health literacy of different communities	Lack of access to needed care Limited availability of services due to lack or inaccessibility of transportation, language barriers & geographic isolation	Poverty, high cost of living, lack of affordable housing & systemic/structural racism, compounded by the issues people are facing including, social isolation & chronic health problems	Lack of funding of programs Little to no communication among providers Not enough health care providers & advocates Lack of trust in agencies & organizations that offer support

n=38 respondents offering 154 responses

Source: ASR Survey of Monterey County Stakeholders, 2024.

Figure 116. What are policy changes you would recommend that could address these unmet needs?

Themes Related to Policy Changes that Could Address Issues		
Improve Existing Services	More Services to Meet Needs	Increased Funding for Services
<p>Improve the quality & delivery of existing services by increasing collaboration among local agencies/organizations & policy makers</p> <p>Implementing more outreach & communication strategies to expand access</p> <p>Increasing the pay of health care workers</p> <p>Continuing to advance current efforts (e.g., CA Digital Equity Plan, Master Plan for Aging)</p>	<p>Increase the amount of services available to meet current housing, food & transportation needs, by expanding service areas</p> <p>Building more affordable housing</p> <p>Creating new programming (e.g., safe parking, community gardens, food pantries/banks)</p>	<p>More funding for local agencies/organizations to be able to meet the growing & unique needs of older adults & people with disabilities including, state & federal level funding, local taxes to cover services (i.e., transportation) & housing bond measures</p>

n=25 respondents offering 44 responses

Source: ASR Survey of Monterey County Stakeholders, 2024.



Methodology

This report represents a data collection process that included a community survey (administered via telephone, online, and in-person), a survey of stakeholders and compilation of secondary data all geared towards understanding the diverse perspectives and needs of older adults and people with disabilities in the designated research areas of Monterey County. The surveys were developed by Applied Survey Research (ASR) in collaboration with the Alliance on Aging team. ASR developed survey questions to mirror nationally validated indicators, the AARP Livability Index, as well as to meet data interests pertaining to attitudes and behaviors associated with the health and well-being of older adults and people with disabilities in Monterey County.

In April 2024, ASR administered an online survey with 43 stakeholders and service providers focused on the barriers and challenges to addressing the unmet needs of older adults and people with disabilities in the city of Salinas and north and south Monterey County.

From March to June of 2024, 397 Monterey County residents from the designated research areas were surveyed. Community survey data was collected via telephone and electronic surveys available in English and Spanish. Surveys were also conducted in-person by Alliance on Aging staff who were trained by ASR. Screening questions were developed to ensure that community survey respondents represented the group ASR sought input from. Respondents were required to be either aged 60 or above or have a disability. Additionally, they needed to live in one of the identified zip codes within the Greater Salinas Area, North County or South County as outlined in Figure 3.

Telephone contacts were attempted utilizing a combination of random digit dial and targeted sampling of residents aged 60 or above or residents aged 18-59 with least one disability in the selected areas of Monterey County. Potential respondents were selected based on phone number prefixes, and quota sampling was employed to obtain the desired demographic distribution of respondents across the county. Quotas were applied for race/ethnicity and zip code. To address the increasing number of households without landline telephone service, the sample included wireless-only and wireless/land-line random digit dial prefixes in Monterey County. All cell phone numbers were dialed manually (by hand) to comply with Telephone Consumer Protection Act (TCPA) rules. While cell phone numbers are selected based on the billing address within the County boundaries, respondents were additionally screened for places of residence because cell phones are not necessarily located where the number came from originally or where it is billed, in the case of shared plans.

A sample size of 397 residents provides 95% confidence that the opinions of survey respondents do not differ from those of the population of Monterey County by more than +/-4.89%. This

“margin of error” is useful in assessing how likely it is that the responses observed in the sample would be found in the population of residents in Monterey County if every resident were to be polled.

It is important to note that the margin of error is increased as the sample size is reduced. This becomes relevant when focusing on particular breakdowns or subpopulations in which the overall sample is broken down into smaller groups. In these instances, the margin of error will be larger than the initially stated interval of 4.89%. This is especially relevant when considering the breakdowns by race/ethnicity, age, geographic area, and/or disability status. Caution should be used when interpreting data for these subgroups, as some of the percentages are based on small numbers.

Secondary (pre-existing) data were collected from a variety of sources, including but not limited to, the United States Census Bureau; federal, state, and local government agencies; health care institutions; and computerized sources through online databases. Secondary data shown in the report are the most recent available.

After data collection, ASR processed the data and calculated overall frequency and percentages. ASR then analyzed data to create this report. Data in the report underwent extensive proofreading to ensure accuracy. The data proofreading protocol is a multi-step process that thoroughly checks text, numbers and formatting in the narrative, in tables, and in charts. The citation for all survey data is “ASR Survey of Older Adults and People with Disabilities in Greater Salinas and North and South Monterey County, 2024.”

Limitations

- Community surveys were accessible only in English and Spanish. Community members speaking other languages, including indigenous languages, are not well-represented.
- Community survey participation may have been impacted by the potentially sensitive nature of some of the topic areas.
- The population of older adults and people with disabilities in some of the designated zip codes within Monterey County is very small. While there are completed surveys from each of the designated zip codes, zip-code level comparison was not possible because of the small sample size in some zip codes. Community survey data were grouped by zip code into North County, Greater Salinas Area and South County to allow for comparison.
- Limited secondary data available at the zip-code level and limited secondary data representative of people with disabilities. Where possible, county-level data were brought in alongside community survey results.
- Caution should be used when interpreting secondary data from the United States Census Bureau, as some percentages are based on small sample sizes.
- Secondary data for the zip code 95076 includes data for both Santa Cruz County and Monterey County. Community Survey data for the zip code 95076 includes only data for Monterey County.

About the Researcher

Applied Survey Research (ASR) is a social research firm that helps people build better communities. We do this by creating meaningful evaluation and assessment data, facilitating information-based planning, and developing custom strategies. ASR has the advantage of bringing more than 40 years of experience working with public and private agencies, health and human service organizations, city and county offices, school districts, institutions of higher learning, and charitable foundations. Through our community assessments, program evaluations, and related studies, ASR provides the data-based insights that communities need for effective strategic planning and community interventions.

Project Manager: Jennifer Anderson-Ochoa

Research Team: Juliana Huaroc, Dominique Tunzi, Javier Salcedo, Ryan Mays

Locations:

Central Coast

55 Penny Lane, Suite 101

Watsonville, California 95076

Phone (831) 728-1356

Bay Area

1871 The Alameda, Suite 180

San Jose, California 95126

Phone (408) 247-8319

Sacramento

5440 Park Dr. Suite 104

Rocklin, California 95765

Phone (408) 483-8471

www.appliedsurveyresearch.org/