

## ¿Qué está pasando en **Junio** en la Alianza HUB sobre el Envejecimiento?

Monday/lunes	Tuesday/martes	Wednesday/miércoles	Thursday/jueves	Friday/viernes
 <p><b>Italian Cooking Class</b> <i>Learn to Make Risotto</i> June 17 9:30am-12:00pm</p>	<p>Connecting Seniors with Technology Conecttando a Los Mayores con la Tecnología  10:00am to 1:00pm</p> <hr/> <p><b>Bilingual Movie Day</b> Compartiendo Películas June/junio 4, 11, 18 2:00-4:30pm No Movie on June 25</p> <hr/> <p><b>Ballroom Dance</b> Baile de Salón June/junio 4, 11, 18, 25 3::30-4:30pm</p> <hr/> <p><b>SASSO</b> June 18 11:00am-1:00pm</p>	<p><b>CANCELLED &amp; RESCHEDULED FOR JULY 10<sup>TH</sup></b> <b>LUNCH &amp; LEARN</b> Money Smarts Elder Care Essentials June 5th 11:30AM-1:00pm</p> <hr/> <p><b>The address to the HUB</b> Is 236 Monterey St. We are in the Community Impact Center. Parking lot across from Grower's Pub.</p>	<p><b>Market Day</b> Dia de mercado 2<sup>nd</sup> and 4<sup>th</sup> Thursday 10:00am to 12:00pm  June/Junio 13<sup>th</sup> &amp; 27 50% off Spirals by the Arch on Market Day</p> <hr/> <p><b>Art for Brain Health Class</b> "We are having a Painting Party" Clase de arte para la salud cerebral "Nosotras estamos teniendo una fiesta de pintura" June/Junio 13, 20, 27 2:30-3:30pm</p>	<p>Connecting Seniors with Technology Conecttando a Los Mayores con la Tecnología  1:30pm to 4:30pm</p> <hr/> <p><b>Yoga (Regular &amp; Chair) and Meditation</b> Yoga (regular y silla) y meditación June/Junio 7 &amp; 21 9:30am-10:30am</p> <hr/> <p><b>Healthy Brain Cooking Nutrition Class</b> Clase de cocina/nutrición para un cerebro saludable, June/Junio 14 &amp; 28 9:30am-10:30am</p> <hr/> <p><b>RESCHEDULED JULY 12</b> 11:00am-12:00pm</p> <hr/> <p><del>Ballon Twisting June 14th</del></p> <hr/> <p><b>Healthy Body, Healthy Brain</b> June 28th 11:00am-12:00pm</p>

To sign up please contact **the HUB 831-646-5050**  
Para inscribirse por favor contacte **el HUB 831-646-5050**

**Partners/Pareja:** Aging and Disabilities Resource Center, Blind & Visually Impaired Center, Central Coast Center for Independent Living, Ecology Action, ITN Monterey County, Loaves, Fishes & Computers

