



2023 MONTEREY COUNTY
SENIOR TRANSPORTATION
RESOURCE LIST

Agency / Organization	Description of Service	Cost of Service	Telephone	Website or Address
Monterey Salinas Transit (MST)	Bus routes, Bus passes*, Travel Training. Information, Customer Service.	\$2.00 - regular fare; \$1.00 Senior fare / 2 hour	(888) 678-2871	www.mst.org
MST Taxi Voucher Request Line	Provides discounts to seniors 65 and older. <i>For locations, see attached.</i>	\$3.00 ea. one-way trip	(831) 241-9031	www.mst.org
MST RIDES Reservations	Transportation Services for People with Disabilities.	\$2.00 flat rate for all passengers	(831) 754-2804	www.mst.org
MST On Call- South County	Service available in all South County cities: Provides rides to a location within city limit of call origin or to the nearest bus stop	\$2.00*senior discounts available*	(866) 663-3278	www.mst.org
Call The Car for Central CA Alliance for Health	<i>Must have no share of cost.</i> Provides rides to any doctor appointment. Call to book service.	<i>cost of trip covered by insurance</i>	(800) 700-3874 x 5577	www.ccah-alliance.org

ITN-Monterey County	Membership based program. Provides services within Monterey County Low income program available.	Membership: \$60-\$80 Low income: \$25 Cost per mile: \$1.75-\$2.75	(831) 233-3447	www.itnmontereycounty.org
Aspire Health Plan-Monterey office	Aspire Provides limited non-emergency medical transportation within Monterey County to its members.	<i>cost of trip is covered by insurance.</i>	(831) 375-1462	10 Ragsdale Dr. # 101, Monterey 93940
Hearts and Hands	Provides services to those who they provide caregiving services to. Wheelchair accessible vehicles.	Pricing for services depends of the needs of the patient. Transportation is included with the caregiving.	(831) 261-1101	784 Northridge Mall Suite #299 Salinas CA 93906
Go Go Grandparent	Free to become member. Only charge for rides received. Partners with Uber and Lyft. No smart phone needed. Call toll free number and book rides!	\$4.40 Base fare + \$0.91 per mile + \$0.39 per minute + \$0.27 Consierge fee. **COST of trip depends on how far you go and time it takes to arrive**	(855)464-6872	www.gogograndparent.com

<p>American Cancer Society</p>	<p>Provide information of your cancer related treatments/appointments and they will notify their volunteer base. If no volunteer is available, ACS will reach out to other transportation entities and obtain services for the patient this way.</p>	<p>no cost is involved.</p>	<p>(800)227-2345</p>	<p>www.cancer.org</p>
<p>Uber / Lyft</p>	<p>By downloading the app to your smart phone, you can obtain services! Must open an account and provide credit card information. Once that's done, a ride is available within minutes. Available in most communities throughout the US.</p>	<p>*The price of the trip is estimated when you choose your destination. <i>Prices vary.</i></p>	<p>(866) 576-1039</p>	<p>show clients video on YouTube</p>

<p>Amtrak</p> <p>Provides transportation via train to other cities outside. *wheelchair accessible</p>	<p>Pricing varies <u>Value:</u> \$50.00-\$81.00 <u>Flexible:</u> \$65.00-109.90 <u>Premium:</u> \$205.10 reflecting only 1-way trip. Providing example with destination to Los Angeles CA.</p>	<p>(831) 424-4418</p>	<p>3 Station Pl. Salinas CA 93901</p>
<p>Greyhound</p> <p>Provides transportation to other cities outside of the county or to other states. *wheelchair accessible.</p>	<p>Pricing varies by dates \$20.00-\$35.00 reflecting only one-way trip. Providing example with destination to Los Angeles CA.</p>	<p>(831) 424-4418</p>	<p>3 Station Pl. Salinas CA 93901</p>

Freedom Medical Transport	Provides Non-Emergency Medical Transportation to those who are wheelchair or bed bound.	Cost of service depends on the distance of the trip. Client may contact insurance company for ride approval & cover price of trip.	(800) 606-4836 www.fmt-nemt.com
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