VOLUNTEERS NEEDED

SENIOR PEER COUNSELORS NEEDED
Volunteers to Help the Salinas’ Aging Population

- Do you speak Spanish and/or are Bilingual?
- Are you 55 years of age or older?
- Do you have your own transportation or other means of transporting yourself?
- Are you available 1-3 hours weekly to provide peer counseling?

This is a great opportunity to help seniors cope with the challenges of aging. Ten hours of initial skills training and ongoing guidance is provided.

This program is sponsored by

MONTEREY COUNTY BEHAVIORAL HEALTH

For more information, please call 831.655.1334