



August – December 2023

Doors open at 11:00am, Lunch is served at Noon

St. Ansgar's Lutheran Church -72 E. San Joaquin St., Salinas 93901

Tuesday, August 1st – Meatloaf, mashed potatoes w/gravy, cooked veggies, and bread

Tuesday, September 5th – Barbequed pulled pork with buns, potato salad and coleslaw (CA Phones Information Table)

Tuesday, October 10th – Spaghetti & meat sauce, green salad and garlic bread (VNA Flu/COVID vaccines begin at 10:00am)

Tuesday, November 14th – Turkey, stuffing, mashed potatoes w/gravy, cooked veggie, cranberry sauce and rolls.

Tuesday, December 5th – Ham, candied yams, green beans, and bread

A \$12 donation gets you lunch served with dessert and your choice of coffee, tea, water or punch.

Bring a reusable bag and take home some fresh produce compliments of the Monterey County Food Bank.

Please consider donating to the **Alliance on Aging**. Your donation will go directly to providing critically needed services and programs to seniors throughout the county at **no cost**.