

The Aging Blue Print Series

How to Hire and Manage a Caregiver

One of the challenges with aging is reaching the point in our lives when we need help meeting daily needs. This may include hiring, and then managing, a caregiver.

Christina Andrade, Family Consultant - Del Mar Caregiver Resource Center, will be here for this first presentation in the *Aging Blue Print Series* to offer some helpful tips to leave you better prepared if that time comes for you or a loved one.

When: Wednesday, February 13, 2019
12pm – 1pm
(Feel free to bring a sack lunch)

Where: Alliance on Aging
247 Main Street (in Old Town)
Salinas, CA

Please call to register: 831.758.4011 or 831.655.1334

FYI: Parking in Old Town Salinas can be challenging. If possible consider carpooling or making arrangements for someone to drop you off and pick you up.