

## Spring 2018 MENU

April 3<sup>rd</sup>

*Blackened Chicken over Pasta with a cream sauce,  
served with Cooked Vegetables*

May 1<sup>st</sup>

*Salisbury Steak served with Red Potatoes  
and Cooked Vegetables*

June 5<sup>th</sup>

*Pork Chops served with Garlic Mashed Potatoes  
and Cooked Vegetables*

Bring a reusable bag and take home some fresh produce compliments  
of the Monterey County Food Bank.

Alliance on Aging Senior Luncheon  
10:00 a.m. – 1:00 p.m.  
*(lunch is served at 12:00)*

Saint Ansgar's Lutheran Church  
72 East San Joaquin Street in Salinas (93901)