

Autumn 2017 MENU

October 3rd (VNA Flu Shots)

Spaghetti & Meatballs served with Green Salad

November 7th

*Roast Turkey served with Traditional Stuffing,
Mashed Potatoes and Cooked Vegetables*

December 5th

Ham served with Sweet Potatoes and Green Beans

A mere \$8 donation gets you lunch served with fruit, dessert
and your choice of coffee, tea, milk or punch.

Bring a reusable bag and take home some fresh produce compliments
of the Monterey County Food Bank.

Alliance on Aging Senior Luncheon

10:00 a.m. – 1:00 p.m.

(lunch is served at 12:00)

Saint Ansgar's Lutheran Church

72 East San Joaquin Street in Salinas, 93901